

Name of the Test	Know Your Nature
Author	Gokhale Meenakshi. Mhaskar Manjiri (Guide - Khire Usha)
Availability	Jnana Prabodhini's Institute of Psychology, Pune For Research
Training Levels	Level B (No specific training but prior knowledge in test administration expected)
Uses	For guidance and counseling
Year of standardization/adaptation	2009
Year of revised edition	
Description of the test	
Language	Marathi, English
Level	Std. 5, 6, 7, 8, 9, 10, 11 (child, adolescent)
What is measured?	Adjustment : level of anxiety
Type of Test	Paper-pencil, verbal, alternate choice
Total no. of Items with parts if any	50 items
Item type	Alternate choice
Kind of Response	Choosing the appropriate answer
Areas	--
Time	Approximately 20 mins.
Scoring procedure	Manual and objective
Statistics studied while standardizing the test	
Sample (for standardization and norms)	N = 261
Reliability	Reliability very high, Split-half reliability – 0.82
Validity	-----
Norms	Scores classified into 4 grades as per the anxiety level
Standardization category	Standardized
More about the test	1) The test provides a unique guide for the counselor indicating specific anxiety behaviour and its intensity. 2) A test of anxiety used by Patil Anita (year _____) had 100 items. It was modified, reduced to 50 items. This modified version was standardized in 2009. Data was collected in various vocational camps – Child and youth development programme (CYDP)
References	Manual. Published in 2008-09 Annual Report