

Name of the Test	My sleep Profile (Mazi zop sadya ashi ahe)
Author	Vinod Rujuta and Khire Usha
Availability	Jnana Prabodhini's Institute of Psychology, Pune For Research
Training Levels	Level A (No Specific Training)
Uses	For guidance, counseling and yoga training
Year of standardization/adaptation	1992
Year of revised edition	-----
Description of the test	
Language	English and Marathi
Level	Graduate adults
What is measured?	Quality of sleep
Type of Test	Paper-pencil, forced choice, verbal
Total no. of Items with parts if any	11 items
Item type	Multiple choice, sentence completion by appropriate choice of words
Kind of Response	Selecting appropriate choice
Areas	test intended deeper probing into personality, dreams and repressed desire, quality of sleep, dream analysis
Time	20 min. approx.
Scoring procedure	Manual scoring. Objective
Statistics studied while standardizing the test	
Sample (for standardization and norms)	----
Reliability	----
Validity	----
Norms	----
Standardization category	Teacher made
More about the test	Original source could not be traced.
References	----