

Name of the Test	My Vital Data
Author	Vinod Rujuta and Khire Usha
Availability	Jnana Prabodhini's Institute of Psychology, Pune For Research
Training Levels	Level A (No Specific Training)
Uses	For guidance and training
Year of standardization/adaptation	1992
Year of revised edition	-----
Description of the test	
Language	English and Marathi
Level	Graduate adults
What is measured?	Self perception
Type of Test	Open-end as well as forced choice, Paper-pencil, verbal
Total no. of Items with parts if any	7 main questions, each having varying number of items ranging from 1 to 16
Item type	Sentence completion, alternate choice, selection of appropriate word, etc.
Kind of Response	Descriptive writing as well as selecting proper stimulus words that are applicable to oneself
Areas	Seven areas like Aspiration, Spiritual perception, Satisfaction with oneself, Present mental status, strength, Weakness
Time	10 min. approx.
Scoring procedure	Manual scoring. Subjective, qualitative
Statistics studied while standardizing the test	
Sample (for standardization and norms)	----
Reliability	----
Validity	----
Norms	----
Standardization category	Teacher made
More about the test	This test is different from usual test of interest or self perception. It asks for the basic questions about one self and one's own life.
References	----