

Name of the Test	Personal Information (Yoga Effect WEQL)
Author	Khire Usha
Availability	Jnana Prabodhini's Institute of Psychology, Pune For Research
Training Levels	Level A (No Specific Training)
Uses	For research and training
Year of standardization/adaptation	2007 (year of report)
Year of revised edition	-----
Description of the test	
Language	English
Level	Adult
What is measured?	-----
Type of Test	Paper-pencil, forced choice, verbal
Total no. of Items with parts if any	-----
Item type	Open-end
Kind of Response	Writing the information
Areas	-----
Time	Approx. 5 min.
Scoring procedure	Objective
Statistics studied while standardizing the test	
Sample (for standardization and norms)	----
Reliability	----
Validity	----
Norms	----
Standardization category	Custom made
More about the test	Can be useful in individual guidance if essential
References	Khire, U. (2007). Effect of Yoga on Work Efficiency and Quality Of Life : A Pilot Study. Project Report submitted to Jnana Prabodhini's Institute of Psychology, Pune