

Name of the Test	Quality of Life Scale - Part 2 (QOL-II)
Author	Bhogal Ranjitsingh
Availability	Jnana Prabodhini's Institute of Psychology, Pune For Research
Training Levels	Level A (No Specific Training)
Uses	For research and training
Year of standardization/adaptation	2007 (year of report) (adaptation)
Year of revised edition	-----
Description of the test	
Language	English
Level	Adult
What is measured?	One's own quality of life
Type of Test	Paper-pencil, forced choice, verbal
Total no. of Items with parts if any	12 items
Item type	11 point rating scale
Kind of Response	The testee has to assign weightage ranging from 0-10
Areas	-----
Time	Approx. 15 min.
Scoring procedure	Manual scoring. Objective
Statistics studied while standardizing the test	
Sample (for standardization and norms)	N = 17 women
Reliability	----
Validity	Correlation with other test of quality of life and work efficiency and personality inventories based on Indian models, studied
Norms	-----
Standardization category	Custom made
More about the test	Useful in stress management and yoga workshop. Original self-perception rating scale by Bhogal (2005) is a custom-made test, whereby reliability and validity are not available.
References	Khire, U. (2006). Effect of Yoga on Work Efficiency and Quality Of Life : A Pilot Study. Project Report submitted to Jnana Prabodhini's Institute of Psychology, Pune Khire, U; Bhogal, R.; Walimbe, G; Khaire, M. (2006). Effect of select yoga practices on work efficiency and quality of life : a pilot study. Yoga Mimamsa, Vol. XXXVII No. 3 & 4, pp 111-126, October 2005 – January 2006