

Name of the Test	Quality of Life Scale for Adults - Part 1 (QOL-I)
Author	Khire Usha
Availability	Jnana Prabodhini's Institute of Psychology, Pune For Research
Training Levels	Level A (No Specific Training)
Uses	For research and training
Year of standardization/adaptation	2007 (year of report) Adapted
Year of revised edition	-----
Description of the test	
Language	English, Marathi
Level	Adult
What is measured?	One's own quality of life
Type of Test	Paper-pencil, forced choice, verbal
Total no. of Items with parts if any	24 items
Item type	Multiple choice (Likert Tupe)
Kind of Response	Choosing the alternative most applicable
Areas	----
Time	Approx. 15 mins
Scoring procedure	Manual scoring. Objective
Statistics studied while standardizing the test	
Sample (for standardization and norms)	N = 17 women
Reliability	---
Validity	Correlation with other test of quality of life, work efficiency and personality inventories based on Indian models, studied
Norms	----
Standardization category	Semi-standardized
More about the test	Useful in stress management and yoga workshop. Adapted from QOL by Dubey et. Al. (1995), whereby Test-Retest Reliability being 0.58 and split-half 0.87.
References	Khire, U. (2007). Effect of Yoga on Work Efficiency and Quality Of Life : A Pilot Study. Project Report submitted to Jnana Prabodhini's Institute of Psychology, Pune Khire, U; Bhogal, R.; Walimbe, G; Khaire, M. (2006). Effect of selected yoga practices on work efficiency and quality of life : a pilot study. Yoga Mimamsa, Vol. XXXVII No. 3 & 4, pp 111-126, October 2005 – January 2006