

<b>Name of the Test</b>	<b>Sanjeevan Personality Inventory</b>
<b>Author</b>	Sadolikar Urmila Guide – Paranjape Yashodhan S., Khire Usha
<b>Availability</b>	Jnana Prabodhini's Institute of Psychology, Pune For Research
<b>Training Levels</b>	Level A (No Specific Training)
<b>Uses</b>	For research, training and clinical purpose
<b>Year of standardization/adaptation</b>	2007 (year of report)
<b>Year of revised edition</b>	-----
<b>Description of the test</b>	
<b>Language</b>	Marathi
<b>Level</b>	Adult
<b>What is measured?</b>	The dominance level of four principles – Prithwi, Jal, Tej and Vayu in personality
<b>Type of Test</b>	Paper-pencil, forced choice, verbal
<b>Total no. of Items with parts if any</b>	93 items
<b>Item type</b>	Multiple choice (Likert Type)
<b>Kind of Response</b>	Choosing the alternative most applicable
<b>Areas</b>	Physical, intellectual, emotional, social
<b>Time</b>	Approx. 30 – 40 min.
<b>Scoring procedure</b>	Manual scoring. objective
<b>Statistics studied while standardizing the test</b>	
<b>Sample (for standardization and norms)</b>	N = 50
<b>Reliability</b>	---
<b>Validity</b>	Intra and inter-principle correlations studied
<b>Norms</b>	----
<b>Standardization category</b>	Semi-standardized
<b>More about the test</b>	Sanjeevan chikitsa is a new branch of Ayurveda evolved by Vaidya Paranjape long back. The inventory taps the expression of each of the four principles - Prithwi, Jal, Tej and Vayu, in adult individuals. The author suggests individualized statement as per the dominating principle.
<b>References</b>	Khire, U. (2006). Effect of Yoga on Work Efficiency and Quality Of Life : A Pilot Study. Project Report submitted to Jnana Prabodhini's Institute of Psychology, Pune  Khire, U; Bhogal, R.; Walimbe, G; Khaire, M. (2006). Effect of select yoga practices on work efficiency and quality of life : a pilot study. Yoga Mimamsa, Vol. XXXVII No. 3 & 4, pp 111-126, October 2005 – January 2006  Sadolikar,U. ( ).