

Name of the Test	Vyaktitva Shodhika (व्यक्तित्व शोधिका) (A Personality Inventory)
Author	Khire Usha (First version) Khire Usha, Rajguru Meghmala (Second version)
Training Levels	Level A
Availability	Jnana Prabodhini's Institute of Psychology, Pune For sale
Uses	For screening of mental health
Year of standardization/adaptation	1970 (first version)
Year of revised edition	1993 (revised version, first published edition)
Description of the test	
Language	Marathi and English
Level	Std. 5 to 10
What is measured?	Personality traits and mental health
Type of Test	Forced choice, paper-pencil, verbal
Total no. of Items with parts if any	68 items
Item type	Multiple choice
Kind of Response	Choosing the appropriate response from the 3 choices – 'Yes', 'No' or '?'
Areas	The inventory measures confidence, neurotic tendency, sociability, self-sufficiency and the score for mental health is derived
Time	15 minutes approx.
Scoring procedure	Manual Scoring. objective First 3 traits are obtained directly by scoring key, while the last score for mental health is derived by a specific formula.
Statistics studied while standardizing the test	
Sample (for standardization and norms)	First version 1054, single school, boys from VII to XI Second version – sample was drawn from six different schools located in different parts of Pune city. Std. V (Boys N – 529) (Girls N – 383) Std. VII (Boys N – 548) (Girls N – 483) Std. IX (Boys N – 563) (Girls N – 555)
Reliability	Second Version – The internal consistency is checked and the coefficient of correlations are significant beyond 0.01 level. (refer to the manual)
Validity	The revised adapted version has been correlated with Shaleya Jeevan Prashnavali – School Adjustment Inventory and Tumchya Kutumbavishayee Thodese – Home Adjustment Inventory (N – 3061). It shows high coefficient of correlation. Correlation with School Inventory : Mental Health and school adjustment : 0.36 (boys) and 0.32 (girls) Neurotic Tendency and school adjustment : -0.33 (boys) and -0.34 (girls) Correlation with Home Adjustment Inventory Mental Health and home adjustment : 0.36 (boys) and 0.40 (girls) Neurotic Tendency and home adjustment : -0.33 (boys) and

	-0.34 (girls) The details of construct validity are available in manual.
Norms	For revised version Percentile ranks for std. V, VII and IX.
Standardization category	Standardized
More about the test	<p>This test has been developed on the basis of Bernreuter's Personality Inventory.</p> <p>In the original adaptation (Khire, 1970) of the inventory, four traits viz. sociability, confidence, self-sufficiency and neuroticism were selected and two traits viz. introversion and dominance were excluded. Sixty-eight items measuring the four selected traits and most relevant for Indian culture were retained out of 125 items, without changing the weightages assigned to each statement. The adapted version was being used in JPIP for a long time.</p> <p>In due course of application in guidance as well as in research (Kulkarni, 1987 & Vinod, 1992) two major modifications were done. i) The scoring was simplified. ii) In the present modified scoring system, sociability is included in the composite score and self-sufficiency is separated.</p>
References	<p>First version</p> <p>Khire, U. (1970). Creativity in relation to intelligence and personality factors. Ph.D. thesis submitted to Pune University (Guide –Kothurkar V.K.)</p> <p>Kulkarni, B. (1987). Identifying the ability of decision making in social situations among young adolescents. Ph.D. thesis submitted to University of Poona, Pune.</p> <p>Also used in many other researches refer to the manual.</p> <p>Khire, U.; Watve, S.; & Gadre S. (1999). Effect of School Climate on Intellectually Gifted Students : A Cross Sectional Study. Pune: Jnana Prabodhini's Institute of Psychology. (Project Report submitted to UGC)</p> <p>Khire, U; Bhogal, R.; Walimbe, G; Khair, M. (2006). Effect of selected yoga practices on work efficiency and quality of life : a pilot study. Yoga Mimamsa, Vol. XXXVII No. 3 & 4, pp 111-126, October 2005 – January 2006</p>