

<b>Name of the Test</b>	<b>While Practicing Yoga</b>
<b>Author</b>	Bhagwat Deeplaxmi
<b>Availability</b>	Jnana Prabodhini's Institute of Psychology, Pune For Research
<b>Training Levels</b>	Level A
<b>Uses</b>	For training
<b>Year of standardization/adaptation</b>	2003 (year of report)
<b>Year of revised edition</b>	
<b>Description of the test</b>	
<b>Language</b>	English, Marathi
<b>Level</b>	Std. 5 to std. 11 (child, adolescent)
<b>What is measured?</b>	Ability : spiritual – inward looking and self awareness
<b>Type of Test</b>	Paper-pencil, verbal, forced choice and also open-end
<b>Total no. of Items with parts if any</b>	11 items
<b>Item type</b>	Multiple choice, open-end
<b>Kind of Response</b>	Choosing the appropriate answer, describing experience
<b>Areas</b>	--
<b>Time</b>	Approximately 10 mins.
<b>Scoring procedure</b>	Manual, objective and qualitative for one item
<b>Statistics studied while standardizing the test</b>	
<b>Sample (for standardization and norms)</b>	N = 128
<b>Reliability</b>	--
<b>Validity</b>	Content validity was ascertained by inter-judges' agreement.
<b>Norms</b>	--
<b>Standardization category</b>	Teacher made
<b>More about the test</b>	The test was used in Child and Youth Development Programme and was found useful.
<b>References</b>	Khire, U., Lavalekar, A & Rajhans, M. (2003). Child and Youth Development Programme for Ability Building and Managing Stress. Project Report submitted to Tata Education Trust, Mumbai.