

Name of the Test	Work Efficiency - Part 1 (WE-I)
Author	Singh and Patirajkumari Khire Usha (for adaptation)
Availability	Jnana Prabodhini's Institute of Psychology, Pune For Research
Training Levels	Level A
Uses	For research and training
Year of standardization/adaptation	2007 (year of report)
Year of revised edition	-----
Description of the test	
Language	English, Marathi
Level	Adult
What is measured?	Work efficiency
Type of Test	Paper-pencil, forced choice, verbal
Total no. of Items with parts if any	23 items
Item type	Multiple choice (Likert Type)
Kind of Response	Choosing the alternative most applicable
Areas	----
Time	Approx. 15 min.
Scoring procedure	Manual scoring objective
Statistics studied while standardizing the test	
Sample (for standardization and norms)	N = 17 women
Reliability	---
Validity	Correlation with other test of work efficiency, quality of life and personality inventories based on Indian models, studied
Norms	---
Standardization category	Semi-standardized
More about the test	Useful in stress management and yoga workshop. Adapted from personal efficiency scale by Singh and Patirajkumari (2002) Varanasi. The reliability and validity, are found mentioned.
References	Khire, U. (2006). Effect of Yoga on Work Efficiency and Quality Of Life : A Pilot Study. Project Report submitted to Jnana Prabodhini's Institute of Psychology, Pune Khire, U; Bhogal, R.; Walimbe, G; Khaire, M. (2006). Effect of select yoga practices on work efficiency and quality of life : a pilot study. Yoga Mimamsa, Vol. XXXVII No. 3 & 4, pp 111-126, October 2005 – January 2006