



Jnana Prabodhini's  
Institute of Psychology  
प्रज्ञा – मानस संशोधिका

# **Child and Adolescent Psychology: Enhancing Potentials**

**An Autonomous Correspondence/ Blended  
Certificate Course**

## **PROSPECTUS**



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Jnana Prabodhini Bhavan, 510, Sadashiv Peth,  
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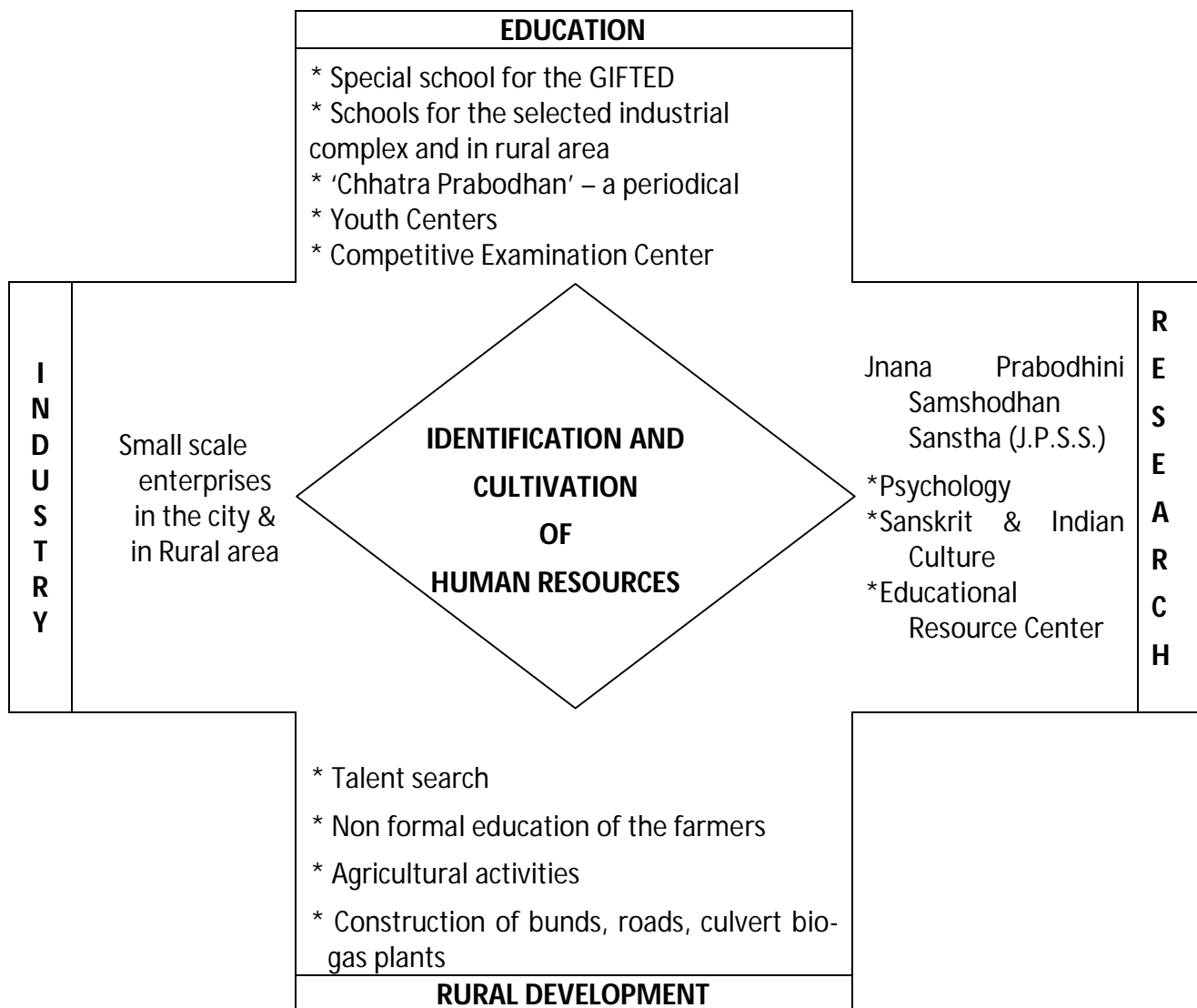
**E-Mail : [acedemics@jnanaprabodhini.org](mailto:acedemics@jnanaprabodhini.org)**

**Website: [www.jpip.org](http://www.jpip.org)**

## The Parent Organization: JNANA PRABODHINI (JP) :

JNANA PRABODHINI (JP) is an educational organization found in 1962 by Dr. V.V. alias Appaji Pendse with the aim to develop leadership among youth and help the process of social reconstruction and nation building. It is a non-political, non-profit organization.

'Jnana Prabodhini' which means awakener of knowledge, aims at an all round development of physical, intellectual, emotional and spiritual qualities of students in general and the intellectually gifted in particular. This development should lead to enhancement of leadership qualities, motivation building and attitude forming, and understanding of problems of India, and the aspiration for contributing towards their solution. For this purpose JP is working on four major fronts as shown below:

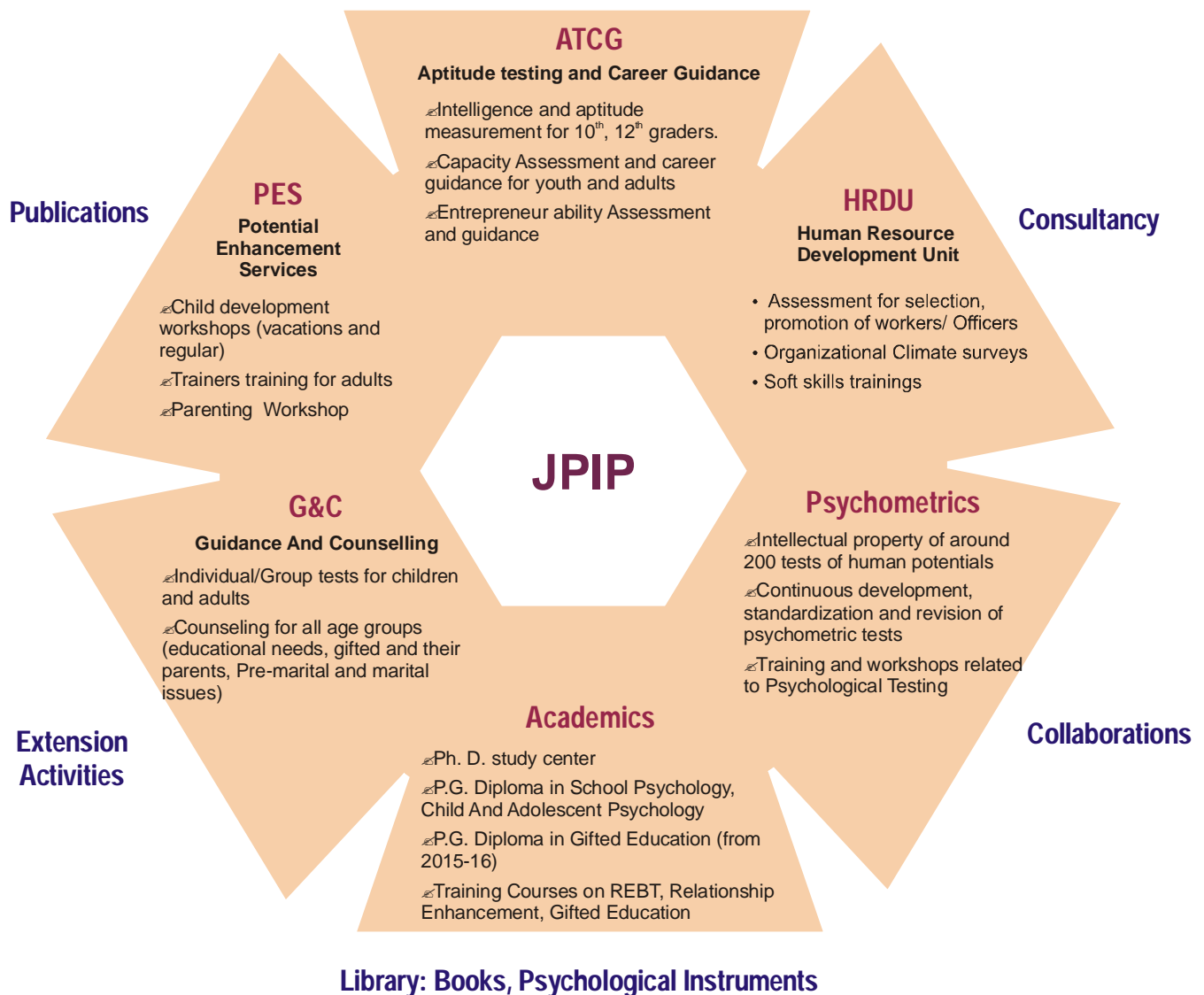


## JNANA PRABODHINI'S INSTITUTE OF PSYCHOLOGY (JPIP) i.e. PRAJNA MANAS SAMSHODHIKA

Jnana Prabodhini is working in many fields, especially in educational and social areas. Jnana Prabodhini Samshodhan Sanstha is a research wing of this organization, which includes Jnana Prabodhini's Institute of psychology (JPIP) as a Psychology section. JPIP is engaged in research related to enhancement of intelligence and personality. This research has a wide application to persons of various age groups and from multiple vocations. Apart from research, JPIP provides services through its six different departments as follows.....

### JPIP applies its Research through its six sections:

**Events: Conferences, Symposia, Seminars**



## Functions of each Department:

### **Research**

Conducting Research projects on various social - Psychological issues and Training and directing students, researchers regarding research process is the main function of this department. JPIP has conducted research in Psychometrics, Developmental Psychology, School Psychology, Educational Psychology, Indian Psychology, Organizational Psychology, Defence Psychology and Psychology of Gifted. UGC, NCERT, SCERT, ICSSR, SRTI, TATA TRUST, NCY, University of Utrecht (Psychology Department) are some of our funders.

### **Psychometrics**

Preparing, Adaptation and revision of tests is the main function of this department. We prepare tests for Students, Teachers, Professors, Researchers, Social Workers, Employees in Industries, Banks & Public Sector Undertakings, Parents & Lay-men of all age-levels, rural & urban, gifted literate & illiterate people, also people from India & abroad.

### **Potential Enhancement Services (PES)**

To arrange and run the programmes for child development is the main function of this department. Along with that we conduct several programmes for parents, teachers and facilitators. We also design need based training modules for all age groups, and provide consultancy for some such programmes.

### **Guidance and Counselling**

We have two cells for counselling: First is '**Margadarshan**' which works for children below 15 yrs. of age, mainly for scholastic and behavioural problems. It does individual assessment as per need. And the other is '**AIM**' (**Aptitude and Intelligence Measurement**), which works for Aptitude testing and career guidance for the students of 10<sup>th</sup> std to 12<sup>th</sup> std. For the higher age group i.e. for graduation and above and also for professionals '**SWAYAM**' ('Studies and Work-related Abilities in Youth – Advance Measurement') test is administered. This test is used to guide them regarding career choice or career shift.

### **Academics**

Developing Psychology and related courses to help the professionals with excellent knowledge and experience and to improve upon quality of work by considering Psychological point of view is the major function of this department. There are Post Graduate diploma courses affiliated to Savitribai Phule Pune University. One is 'P.G. Diploma in School Psychology' and other is 'Education of the Gifted: Methods and Strategies'. Along with CAPEP, we run many other short term courses like training in REBT, relationship counselling course- Enhancing Relationships for Positive Mental Health (ERPMH) etc.

### **Corporate HR Services**

JPIP started HR services from the view to Assist HR Department in the Organizations. Competency Assessment Services (CAS), Facilitation / Training in Behavioral / Soft Skills and Research (Surveys and Studies) are the main services offered by this department.

## **Recognition:**

JPIP is registered as a Research Institute by the State Government, the University of Pune under (University Act of 1974 Section 46) and the University Grants Commission under Section 2(f) and 12(B). It also enjoys the recognition by the Central Government under Section 35(1) (iii) of the Income Tax Act 1961.

## **CERTIFICATE COURSE IN**

### **CHILD AND ADOLESCENT PSYCHOLOGY: ENHANCING POTENTIALS (CAPEP)**

#### **What does this course aim at?**

This course aims at orienting the students

- to learn stages of child and adolescent development
- to recognize and enhance potentials among them
- to understand and deal with their problems

#### **Who will be benefited?**

- **Psychologists**, who serve as facilitators, counselors and as educationists
- **Parents, Grand Parents and others** care givers, who want to raise children effectively
- **Teachers**, who want to know the students, recognize individual differences among them, to deal with them effectively and to enhance their potentials
- **Doctors and paramedical professionals**, who are the prime agency to deal with problems in the children and their parents
- **Social workers, Coaches**, who want to learn about the psychological principles and implement them for child and for family welfare, skill development
- **And any individual interested in knowing and nurturing children and adolescents**

#### **Who are eligible for this CAPEP course?**

Graduates of recognized university in any discipline working or having desire to work in the area of children and adolescents. **No age bar!**

#### **The prologue:**

This is a unique course designed by team of psychologists in Jnana Prabodhini's Institute of Psychology. The institute is working for more than forty years in the area of identifying and nurturing potentials among the children. The course is based on extensive theoretical and applied research done in the institute.

## **What is special about CAPEP?**

- Correspondence/ Blended course
- Extensive contact sessions
- User friendly study material
- Self study and project work
- Expert team of psychologists for guidance
- Emphasis on assignment, workshops, presentations
- Designed for broad spectrum of people
- Immediate and wide applicability of the knowledge

**Duration of CAPEP :** Six months

**Medium of Instruction:** English / Marathi

## **What will I learn?**

### **Module I: Psychology of Human Potentials**

- ❖ Unit I - Nature of Cognitive Potentials
- ❖ Unit II - Nature of Non Cognitive Potentials
- ❖ Unit III - Learning
- ❖ Unit IV - Intelligence
- ❖ Unit V - Transforming Gifts into Talents

### **Module II: Development in Childhood and Adolescence**

- ❖ Unit I - Nature and Scope of Development
- ❖ Unit II - Development during Infancy and Toddler hood
- ❖ Unit III - Development during Early Childhood
- ❖ Unit IV - Development in Middle and Late Childhood
- ❖ Unit V - Development during Adolescence

### **Module III: Adjustments and Common Difficulties in Childhood.**

- ❖ Unit I - Role of Family in the Development of Children
- ❖ Unit II - Establishing and Handling Difficulties Related to Physiological Habits
- ❖ Unit III - Common Behavioral Problems
- ❖ Unit IV - Adjustment to School and Academics
- ❖ Unit V - Emerging Concerns

## Module IV: Practical

- ❖ Developing training programs for enhancing potentials of children (Training workshop will be conducted in Two days' contact session during the semester)
- ❖ Conducting at least two hours' training program for the skills' development for 8-10 children.
- ❖ Report writing and presentation.
- ❖ Workshop on "Basics of Counselling"

### Will I Get Job after this course?

This course though does not guarantee a job but may help in getting Jobs in various Institutions like Schools, Orphanages, Hostels, Rehabilitation centers, Day care centers etc. Free lance services are possible after completion of this course.

### What about Study Material?

We shall deliver the study material to candidates by hand or by post. The **Postal Charges will have to be borne by the candidate**. We will give a list of books to be used as texts and for references. Candidates are advised to purchase some relevant books and to join some local library for accessing books and periodicals. JPIP library is also available for reference.

All the study material, tutorial questions and examination questions will be both in English and Marathi. Candidate has to choose the medium of answer at the time of Admission to get the appropriate book set. However, candidates may opt to change the language for writing answers. Candidates should choose only one language, either English or Marathi, for writing all the submissions and examination. Mixed language will not be allowed.

**Study material will be handed over to the candidate only after complete remittance of the course fees.** For Practical Module, workshops, seminars, panel discussions, etc. will be organized, attendance for which is compulsory. If the candidate remains absent for them, JPIP will not be responsible to rearrange or repeat the same.

### What will be nature of Evaluation and Examination?

#### 1. For the Theory Module

The candidate needs to submit at least one assignment of each unit, that means five assignments per module for each of the three modules. Completion and submission of 15 assignments will be the essential condition for appearing for the final examination. There will be 100 marks for assignments for each of the theory modules, 50 marks will be for activity session report and presentation, 25 marks for viva and 25 marks for the essay writing. It is necessary to secure at least 50% marks in each of the assignments.

## 2. For the Practical Module

Candidates will have to submit

- Detail report of conducted training program. (25 marks)
- Candidates are expected to design and present one training activity in the above said skills - Other than Submitted (25marks)
- A viva based on this report, attendance for which is compulsory.(25marks)

All the assignments can be given **handwritten, typed and printed or Soft version. Soft copies are preferred.**

### Final Examinations:

- Candidates are eligible to appear for the examination only when they complete **100%** of the assignments successfully within stipulated time.
- Candidates will have to appear for the examination at the end of the course at the prescribed place.
- Candidates will have to present an activity before the examiners followed by viva.
- In order to pass in a given theory and practical course the candidate is required to secure at least **50%** marks in each separately. Passing criteria for theory part will be minimum 150 marks in total 15 assignments.
- The grades will be awarded to the students on the basis of aggregate marks in all the four modules.

### The Grading system is as follows:

Marks	Grades	Grade Points
90 – 100	O	10
80 – 89	A+	9
70 – 79	A	8
60 – 69	B+	7
50 – 59	B	6
40 – 49	C+	5
Less than 40	C	4
The Minimum Grade to pass an individual module is C+. The Grade Point Average (GPA) is given at the finalExamination.		

For Award of Final Diploma	
Total Grade Points Earned *10	
GPA	Final Grade
8 – 10	A+
7.0 – 7.9	A
6.0 – 6.9	B+
5.0 – 5.9	B
4.0 – 4.9	C+
Below 4.0	C – Fail

**Some IMPs :**

- Candidate who has failed or who has not appeared for examination in 1<sup>st</sup> attempt has to pay separate examination fees while re-appearing for the examination.
- The same is applicable for the attendance of Training Sessions.

**Please Note:** The candidate can appear for the exam and can attend the Training Session only within TWO YEARS after date of admission.

**Documents Necessary at the time of Admission**

- 1) One Passport size photograph.
- 2) Statement of Marks of Graduation - True Copy (i.e. Attested)
- 3) Passing/Degree certificate of Graduation - True Copy (i.e. Attested)
- 4) Marriage Registration (if applicable) True Copy (i.e. Attested)

**Fee Structure:**

Sr. No.	Heads of Fees	Amount
1	Admission Fee	Rs. 1000/-
2	Study Material	Rs. 4000/-
3	Tutorials/ Project/Seminars	Rs. 1500/-
4	Workshops	Rs. 1452/-
5	Examination	Rs. 500/-
6	Prospectus	Rs. 150/-
7	Library	Rs. 296/-
	<b>Total Fees</b>	Rs. 8,898/-
	CGST 9%	Rs. 800.82/-
	SGST 9%	Rs. 800.82/-
	<b>Total fees (Inclusive of Taxes)</b>	<b>Rs. 10,499.64/-</b>

\* **ROUNDED OF Rs. 10,500/-**

\* **Fees should be paid Online.**

### **General Rules and Regulations**

1. The decision of JPIP for the admission of an applicant will be final.
2. Course fees once paid are not refundable under any circumstances.
3. The management reserves the right to add and or amend these terms and conditions as required from time to time and the same shall be binding on the applicants.
4. Any breaks taken during the course should be communicated to the office well in advance.
5. Observance of general rules of Jnana Prabodhini is necessary.
6. The students can reappear for the examination in case of failure, for maximum TWO YEARS from the date of Admission.
7. Candidates who successfully complete CAPEP will be offered 'Certificate in Child and Adolescent Psychology: Enhancing Potentials'

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### **Advisory Committee :**

**1. Prof. Usha Khire,**

Trustee, Jnana Prabodhini Samshodhan Sanstha

**2. Dr. Girish Bapat,**

Director, Jnana Prabodhini; Chairman, Jnana Prabodhini Samshodhan Sanstha

**3. Prof. Vivek Ponkshe,**

Dy. Secretary, Education Wing, Jnana Prabodhini

**4. Dr. Suneeta Kulkarni,**

Member, Advisory Committee, Jnana Prabodhini Samshodhan Sanstha; Psychologist, trainer and expert in distance learning course material

### **Faculty Members**

**Dr. Smt. Vanita Patwardhan,** M.A., M.Ed., Ph. D. (Psychology)

Ph.D. Guide, Reader, Principle investigator on research projects on thinking skills, women leadership, and organizational psychology. A renowned HR trainer

**Dr. Sujala Watve,** M.A. (Clinical Psychology), Ph.D. (Psychology)

Senior Research Psychologist in research projects on Follow-up of the Gifted Students, working as Counselor in Clinical field for last 20 years. Clinical Practitioner

**Dr. Mrs. Anagha Lavlekar** M.A. B.Ed., Ph.D. (Psychology)

Net qualified, Reader, Principal Investigator on research projects on Social Awareness, Satisfaction Profile, Gender and Sensitivity training and comprehensive child development programme

**Dr. Sucharita Gadre,** M.A. , Ph.D. (Psychology)

Senior Research Psychologist in research projects on Effect of School Environment, Follow – up of the Gifted Students

**Mrs. Usha Athavale,** M.A. (Clinical Psychology)

Certificate in Applied Psychology (TISS, Mumbai) Guidance Counselor, Conduct training programs for Psychological Assessment

Along with above, renowned psychologists, educationists, counselors and psychologists from Pune, NCERT, and Universities in Pune and from abroad are invited as guest lecturers.