



JNANA PRABODHINI'S INSTITUTE OF PSYCHOLOGY (JPIP)

510, SADASHIV PETH, PUNE 411 030.

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IS OFFERING
TWO PROGRAMS FOR PARENTS
OF CHILDREN (AGE 3 YRS - 17 YRS) WITH HIGH-POTENTIALS

प्रज्ञा-मैत्र (Prajna-Maitra)
(A Self-Help and Support Group for the Parents
of Children with High-potentials)

- A self-help and support group working since 2014
- A monthly opportunity to meet and learn from trained personnel about high-potentials and its nurturance
- Guidance from experts at Jnana Prabodhini
- Building support network through संवाद (group-discussion) with other parents.
- Thoroughly interactive sessions
- Group runs in Marathi
- Parents from Pune attend the sessions offline, while parents outside Pune attend the sessions online

Parenting Children with High-Potentials lecture series
(Online Lecture series for the Parents
of Children with High-Potentials)

- For parents who prefer English as a language of instruction
- Once in two months, Online
- Parents outside Pune or India can avail this service
- Format of the session: Information shared by the Expert Facilitator followed by question-answer slot
- There will be moderate emphasis on discussion.



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Does your child show some or many of these traits?

- His/her keen observations surprise you
- His/her perseverance amazes you
- He/she started reading even before school age & reads widely and rapidly
- His/her vocabulary is well developed & he/she takes delight in using unusual and new words
- He/she can recall information from an incident happened years ago
- He/she is very curious about a lot of stuff and absorbs information like a sponge
- He/she has vivid imagination
- He/she is very concerned about right and wrong, cannot take injustice happening to anyone
- He/she has variety of interests
- He/she asks questions about our existence, or 'gets worked up' by global warming
- He/she is very sensitive, even 'small' things upset him / her

“Along with the joy of parenting while observing such high abilities in a child, we face different kind of challenges in understanding, channelizing and nurturing such high-potentials. Let's come together to help them achieve their fullest potential.”



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प्रज्ञा-मैत्र and Parenting Children with High-Potentials (PCHP) Lecture Series started and grown out of the need of:

- Understanding our high-potential child
- Nurturing his / her abilities
- Being a well-informed and well-equipped parent to nurture high-potentials

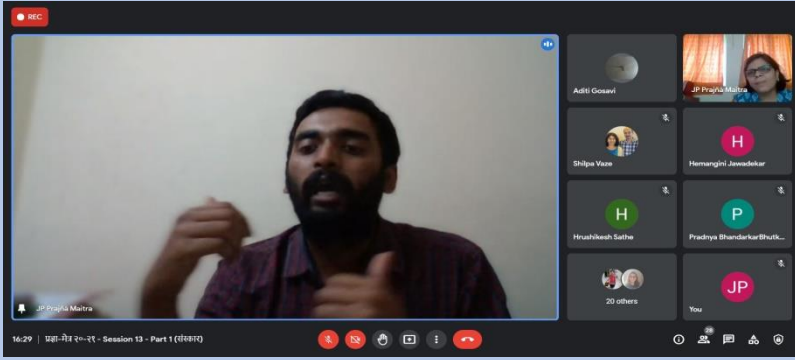
How do we achieve that:

- Through knowledge sharing, facilitation and support by trained personnel in Education of the Gifted
- Through guidance by experts at JPIP
- Through experience sharing by parents - theoretical knowledge is blended with practical implementation through interactive sessions
- Various media are used to deliver the content of the session
- Discussion-sharing part of the sessions gives parent cross-cultural exposure of nurturing high-potentials with the emphasis on Indian parenting values.

Both the groups give a platform for parents sailing in the same boat to acquire knowledge, exchange support, making this Parenting Journey more enjoyable and less bumpy...

प्रज्ञा-मैत्र (Prajna-Maitra) sessions in progress...

offering
Varied
Learning
Methods...



प्रज्ञा-मैत्र sessions... Previous batch, during Pandemic Adapting and Evolving as per Need of the hour and Need of Parents...



Feedback from a member...

“Over the last year, there is a distinct difference that I can see in my understanding about my son and my behavior towards him. Having studied in Jnana Prabodhini, it was somewhat easier for me to identify my son's various traits and be more understanding about it. But after being a part of this group, learning from facilitator tais as well as seeing examples of other kids, I have become more accepting and appreciating of my son's unique ways of thinking and communicating his thoughts. I have a better context now regarding why he seems stubborn at times or why he gets frustrated at times and how to address the situation better by thinking from his perspective. We always recognized and appreciated his positive behavior but I am happy that we also have started understanding the challenges better. It also made us calmer and helped us realize that at times we were making the situation worse than it actually was. I would like to add that there were a couple of sessions, where it felt like a self reflection. The sessions were very nostalgic, they reminded me of my own behavior, development and my own struggles with my parents and relatives as I was growing up. I could understand and appreciate my parents' struggles in my upbringing better. In addition, my relationship with my niece and my nephew has improved significantly as I also am more understanding and accepting of the giftedness and high-potentials in them.” – मैत्रेय Shilpa Vaze, Texas, USA

**For further information about any of the programs please
email us at:
prajnamaitra@jnanaprabodhini.org**