



Jnana Prabodhini Samshodhan Sanstha (JPSS)

ANNUAL REPORT

2021-2022

Committee Members and Office Bearers

Year 2021 - 2022

President - Shri. Vivek Sawant

Managing Committee

Dr. Girish Bapat (<i>Chairman</i>)	Dr. Bhalachandra Sahasrabuddhe (<i>Member</i>)
Shri. Vinayak Deshpande (<i>Vice Chairman</i>)	Dr. Anagha Lavalekar (<i>Member</i>)
Dr. Ajit Kanitkar (<i>Secretary</i>)	Shri. Vishwanath Gurjar (<i>Member</i>)
Dr. Sujala Watve (<i>Member</i>)	Shri. Ranjitsingh Bhogal (<i>Member</i>)
Dr. Vanita Patwardhan (<i>Member</i>)	

Research Advisory Committee

Dr. Leena Deshpande	Dr. Suneeta Kulkarni
Dr. Neela Dabir	Dr. Ajit Kanitkar (Member-Secretary)

Institutional Ethics Committee

Dr. Sanjiv Phansalkar	Ms. Sneha Giridhari
Shri. Rambhau Dimble	Dr. Meenakshi Gokhale
Dr. Sanjyot Deshpande	Dr. Vanita Patwardhan
Shri. Vivek Velankar	Dr. Ajit Kanitkar (Member-Secretary)

Heads of Departments

Institute of Psychology	Dr. Anagha Lavalekar
Sanskrit Sanskriti Samshodhika	Shri. Vishwanath Gurjar

Donations to JPSS are exempted
under section 35(1)(iii) for 100% and under section 80(G) for 50%

Jnana Prabodhini Samshodhan Sanstha (JPSS)

Report for the year 2021-2022

510, Sadashiv Peth, Pune - 411 030, INDIA

Phone - 24207000, 24207100

Email - jpss06@gmail.com

Website: www.jpip.org, www.ejpss.org

Jnana Prabodhini Samshodhan Sanstha (JPSS)

Report for the Year 2021 – 2022

Contents

	Pages
1 Introduction	1
2 Research Projects Completed	3
3 Research Projects In-progress	8
4 Doctoral Research	10
5 Lectures, Seminars, Webinars and Workshops	10
• Organised by JPSS	10
• Paper presented	13
• Participation as resource person	13
• Attended	16
6 Publications	17
7 Social Media / Audio-visual	17
8 Awards and Scholarships	17
9 Academic Programmes	18
10 Extension Activity	21
11 List of Donors	23

Jnana Prabodhini Samshodhan Sanstha

Annual Report

2021-22

Introduction

Year 2021-22 was yet another challenging year. The first quarter of the year was extremely painful for the entire country with the second wave of the COVID pandemic impacting almost every citizen. Hospitals and healthcare staff came under tremendous pressure with huge demand for oxygen beds and associated health care facilities. Many lost near and dear ones. While there was some respite as a result of the vaccination drive, there was anxiety and fear with the third wave and onslaught of Omicron towards the end of 2021. Fortunately, it did not cause distress and death as in earlier months.

We in JPSS learnt to adjust our educational and other activities within the imposed constraints. Our two educational courses used blended methods of teaching. When the situation returned to normalcy, we shifted to in-person teaching, almost after a gap of two years. Field work for the projects of ‘Yuva Sathi’ (supported by HCL foundation), ‘Yuva Sathi’ (supported by Kyeema Palladium), ‘SAIYAM’ (supported by Tarachand Ramnath Seva Trust) and ‘Probing the mental health of women professionals’ (supported by the National Commission for Women) was completed.

A noteworthy event of the year was publication of the book titled “Intelligence, Creativity and Giftedness: An Indian Perceptive” authored by honourable Dr. Usha Khire, founding member of JPSS and Dr. Dhanashree Sowani. The book is published by Himalaya Publishing House, Mumbai.

In 2021-22, Savitribai Phule Pune University (SPPU) awarded the status of a Ph.D. research centre to Jnana Prabodhini’s Institute of Psychology (JPIP). The center now has 2 Ph.D. guides and 4 Ph.D. students affiliated through us for their studies. JPIP conducted selection interviews for another 80 candidates, of which 20 were selected. An introductory orientation workshop for all Ph.D. students was held in JPIP from 16th to 19th April 2022. With the addition of this Ph.D. centre, JPSS aspires to undertake important research projects in the years to come.

JPSS’s Aptitude Testing and Career Guidance (ATCG) department signed a MOU with Maharashtra Knowledge Corporation Ltd. (MKCL) in March 2022. We will provide testing services through MKCL’s 50 associates all over Maharashtra in the coming year. Based on the implementation experience, we propose to upscale this activity in 2022-23.

During *Ganesh Puja* and *Diwali* festivals, members of the Sanskrit Sanskriti Samshodhika (Santrika) produced a series of videos in Marathi and Hindi titled “*Sarth Ganesh Puja* and *Laxmi Puja*”. The videos were aimed at educating the viewers about the core principles in celebrating *Ganesh Chaturthi* and *Laxmi Puja*. The videos were disseminated through social media like You Tube. In the coming year, we propose to produce and disseminate more of such audio-video material in other Indian languages.

Another noteworthy initiative of Santrika was organising *Matrubhumi Puja* in different locations across the city of Pune. This is coinciding with the national celebration *Aazadika Suvarnamohotsva*, the country celebrating 75 year of independence. This activity would gain further momentum in 2022-23.

The year 2021-22 was also a special year of thinking together. The entire staff of JPSS was involved in brainstorming and articulating the *Bhavitvya Lekh* (the perspective plan for the decade 2022-2032). The exercise involved several consultations among members, interactions with experts and resource persons outside JPSS, meeting with Vivekji Sawant, our President and developing a comprehensive document. The perspective plan will help us to focus on key activities and focus our efforts to carve impact in fields of our work.

We are grateful to the members of the Research Advisory Committee and Institutional Ethics Committee for their guidance, academic institutions with whom we collaborated, our donors and funders for their contribution and to the entire staff of JPSS for their dedicated service yet another year. We seek continued support in our future activities. In the following pages, details of our research, education and extension activities are presented. We appreciate your efforts in reading this report and look forward to receive your feedback.

Dr. Ajit Kanitkar
Secretary

Research Projects Completed

Quality of Life

1) Effect of spiritual practices on psychological well-being and quality of life of individuals (Project No. 2019-20-JPSS-01/18 October 2019)

Spirituality plays a significant role in the lives of people. A review of the literature shows that people engaged in spiritual practices have a sense of peace and purpose in life. Engagement in such practices leads to positive effects on the mental health of individuals. The main objective of the present research was to study the effect of spiritual practices on the psychological well-being and quality of life of spiritual practitioners. In the present study, 'spiritual practitioners' were defined as those who are engaged (more than two years) in any regular, intentional spiritual activity that was performed voluntarily to deepen one's relationship with God/ sacred/ supernatural power. A standardized tool of Psychological Well-being (PSW) developed by Ryff (1989) was used for data collection. It measures six dimensions of psychological well-being, namely autonomy, environmental mastery, personal growth, positive relations with others, purpose in life, and self-acceptance. To measure Quality Of Life (QOL), a standardized scale of WHOQOL-BREF was used, which is developed by the World Health Organization (1997). It is a five-point rating scale and covers four domains - physical health, psychological health, social relationships, and environmental health. A personal data sheet was prepared to know more about the spiritual practices of individuals. This was a cross-sectional study, including 308 individuals. Data was collected using mixed methods. Paper-pencil or online forms were used as per the preference of the participants. The sample consisted of 126 (41%) males and 182 (59%) females. The mean age was 44 years. The incidental sampling method was used for data collection.

On the basis of practice scores, participants were divided into three groups: practitioners associated with some spiritual organization (n=149), non-practitioners (n=115), and semi-practitioners who have not been associated with any organization (n=44). One-way ANOVA was calculated to compare scores on psychological well-being and quality of life across three groups. Psychological wellbeing: Out of five dimensions, F values for Self-Acceptance ($F=3.28$, $p=.03$) and Purpose in Life ($F=2.92$, $p=.05$) are statistically significant. Post hoc comparisons show that spiritual practitioners are significantly higher on Self-Acceptance ($p=.01$), and Environmental Mastery ($p=.05$). Though the F value ($F=.12$) across groups is not significant for Environmental Mastery, differences between practitioners and non-practitioners are significant. Contrary picture is seen in the dimension of Purpose in Life ($p=.03$), mean of non-practitioners' group is significantly higher than a group of Practitioners.

Quality of life: One-way ANOVA results are statistically significant on psychological health ($F=4.54$, $p=.01$) and social relationships ($F=3.49$, $p=.03$). Further, post hoc comparisons (LSD) shows that practitioners are significantly higher than non-practitioners on psychological health ($p=.001$) and social relationships ($p=.01$).

No significant differences were found in any dimensions of QOL and PSW among groups of semi-practitioners and non-practitioners. The second objective was to study whether effects of spiritual practices differ by gender? To find the answer, two-way ANOVA was calculated

and explored the interaction between gender (male and female) and groups (practitioners, semi-practitioners, non-practitioners). Results revealed no significant differences except for one dimension of PSW which is Autonomy. This indicates that effect of spiritual practices on Autonomy was different for females than it was for males. Results are discussed in light of previous research findings.

Principal Investigator: Dr. Pranita Jagtap

Duration: 2 Years

Co-investigator: Dr. Manasee Rajhans

2) A qualitative study of people's coping process during lockdown due to pandemic COVID-19 (Project No. 2020-21-JPSS-02/25 June 2020)

Since January 2020, the world has experienced two waves of pandemic COVID-19 and is expecting the next one to come soon. To curtail the progression of the disease which is getting transmitted from human to human, many countries announced lockdowns from time to time since the beginning of the pandemic.

The pandemic COVID-19 and the measures are taken for it have been demanding. The demands created by the situation are different for people as per their background. For example, people who were locked down at home faced fewer practical challenges compared to people who are stranded in unusual situations. Challenges for people with weak psychological repertoire, i.e. persons with diagnosed mental illnesses would be much more compared to people without mental illness in a similar situation. The post-lockdown period has created another set of challenges for people. For example, having to do regular jobs online can be a challenge for many people.

Recent literature from across the globe has suggested that extended lockdown and the resultant social and economic challenges have caused significant psychological distress. It has taken a toll on the physical as well as mental health of people. Steven Taylor, author of 'Psychology of pandemics' (2019) had predicted that during a pandemic mental health issues, including mood and anxiety disorders, PTSD could be triggered by pandemic-related stressors.

In the present study, we intend to explore the coping process of people in the first nationwide lockdown in India due to pandemic COVID-19. The coping process is the entire dynamic process starting with an evaluation of the situation as stress, the thoughts, and emotions generated by the stress, the resultant behaviour, and its impact on the situation, which further decides the stressfulness of the situation.

The coping process of people was explored using the grounded theory method. Major research questions addressed in this study were:

1. How have people coped with the lockdown situation due to COVID-19?
2. Is the coping of people who were stuck away from their homes and family members during lockdown any different from other people?
3. How did people with mental illness cope with the lockdown?

Total number of participants was 36. Out of these 21 people were in the US group

(people who were at their regular places during lockdown), and 15 people were in the UN group (people who had to be at unusual places during lockdown). Total persons with mental health issues were 10.

Once a participant gave informed consent, he/she was asked to write down his/her experiences during lockdown with the help of an open-ended question set 'My life in lockdown', which was available in English, Marathi, and Hindi. The participants could write in any language of their preference and without any word limit. Few persons (n = 5) who could not write were interviewed personally using the same question set. The standard process of data analysis in a grounded theory design involving primary coding, secondary coding and theoretical coding was followed. Memo writing about persons and categories helped throughout the data analysis process.

The first and foremost thing observed is that the psycho-social impact of lockdown and the coping process did not depend on where people were, whether in their own homes or stuck away from home. Instead, factors that led to successful coping were acceptance of the situation, awareness and assessment of the ongoing coping process, and readiness to change ways of adaptation that were not working.

Persons with pre-existing mental health issues, who were already taking treatment for the same, enrolled in the present study had fared well on the whole, though the outcome for each person in the MH group was unique. Compared to this, there were few people in the group who had unattended mental health issues before lockdown. They faced major psycho-social impact of lockdown and had to take help of mental health professionals to deal with the crisis.

In general, the coping process during lockdown was a complex interplay between a person's ways of adaptation and the coping resources available to him/her. The outcomes of this process were realizations about self, realizations about others, and insights about life, though the nature of outcomes in each case was unique. As people were getting ready to handle the new normal after the pandemic, a new self was being emerged in most of the cases.

Positive processes which help people buffer, bolster and build resources in the face of stress identified in the present study are expansive identity, broader perspective, compassion, altruistic behaviour, blessings, meaning, purpose/goal in life, and helpful inter-personal relations. The findings also underline the necessity of early identification and intervention of mental health issues.

Principal Investigators: Dr. Neelam Oswal, Dr. Pranita Jagtap **Duration:** 1 Year
Advisor: Prof. Suneeta Kulkarni

3) Yuva- Sathi Project (Project No. 2021-22-JPSS-01/30 March 2021)

Yuva-Sathi project aims to train the youth and through them bring about positive change in adolescent lives with respect to the responsible expression of sexuality, and its psycho-social aspects.

It addressed this objective by involving motivated youth between 18 to 30 years of age and providing them in-depth training on delivery skills, testing and on following topics – Indian

concept of personality, Reproductive systems and sexual health, misconceptions, Precautions, Hygiene and risks, HIV/AIDS, Homosexuality, Transgender, Friendship, substance abuse risks, Self-Regulation and goal setting skills judicious use of digital platforms, and restricting internet addiction, avoiding Sexual misbehavior/abuse and gender sensitization. The youth trainers were provided with handy lesson notes with thought provoking activities and exercises to be used for 25 interventions in schools for 8th and 9th standard adolescent children.

Seventy Youth Field trainers from Pune and Aurangabad districts were trained during 7 days residential training programs. They reached out to 2100+ children in rural schools from Pune and Aurangabad.

Multifaceted objective assessment of expected attitudinal change in adolescents was done using 3 tests – 1. My Knowledge My Health (MKMH), 2. Myths and Misconceptions about Addiction Test (MMAT), and 3. Emotional Regulation Test (ERT).

The youth was assessed based on SYAT (Stepping into Youth Attitude Test), SYGC (Gender Concepts), SYKT (Knowledge), MMAT and SRT (Self-Regulation test) tests.

It was found that the youth under the study significantly gained on SYAT (Attitude), SYGC (Gender stereotypes), SYKT (Knowledge) and MMAT (Myths and Misconceptions about Addiction Test). They also indicated average positive gain on Self-Regulation though it was not statistically significant.

The adolescent children significantly gained on the knowledge and attitude towards sexuality, busting the myths and misconceptions about addiction and positive attitudinal change in delay in gratification, frustration tolerance, assertiveness and internal locus of control. In MKMH pre-test, the girls scored better than the boys. This can be attributed to the fact that the physical changes in the body of an adolescent girl are explained by mothers or elder women at home to the girls when their menstrual cycle starts. Whereas the physical changes in the body in adolescent age are not discussed so openly with the boys at home. In MMAT pre-test, the boys scored better than girls. In ERT pre-test, girls scored better than the boys. This may be contributed to girls having higher emotional maturity and self-control at this age than the boys due to the different upbringing at home and influence of the society.

Project Head: Shamangi Deshpande

Duration: 1 Year

Project Assistant: Rupali Deshmukh

Guide: Dr. Anagha Lavalekar

Funded by: HCL Foundation

4) Self Awareness In Youth for Anti-Addiction Motive (SAIYAM) (Project No. 2021-22-JPSS-03/27 July 2021)

Increasing addiction in adolescents is a major challenge in India's progress. As a solution to this problem, the project SAIYAM (Self Awareness In Youth for Anti-Addiction Motive) Phase I was launched by JPIP with support from Tarachand Ramnath Seva Trust (TRST) in 2019-20. The project attempts to create awareness among the adolescent children in Pune city, about the prevention of and abstinence from substance abuse, overuse of media, and internet

abuse, and sexually risky behaviour by applying ‘self-control and self-regulation’. The project was extended with value addition from previous experience and re-implemented.

The study examined the effect of a ‘25 session intervention’ for the period of three months to six months on the knowledge and attitude of adolescent children. The sessions were based on ten topics covered under adjusting with the blossoming age - *Panchkosha vikasana* -the concept of personality; beauty; anatomy and physiology of male and female reproductive system, misconceptions, risks, hygiene, HIV-AIDS; friendship; addiction – substance abuse, media and internet addiction, addiction and sexually risky behaviour; media; self-regulation; sexual misbehaviour; man-woman compatibility; goal setting and dealing with stressors’. The activity, games, and songs were included in the intervention sessions to keep the children motivated.

For pre and post-assessment, three tests were administered. My Knowledge My Health (MKMH), Myths and Misconceptions about Addiction Test (MMAT), and Emotional regulation Test (ERT).

About 3500 participants in the project were adolescent children of 13 to 16 age group or school students from 8th, 9th and 10th standard. There were 1923 Girls and 1044 boys from 26 schools, six communities, and one remand home from the Pune city area. The participants were from all type of socioeconomic status.

Paired sample t-test was conducted on pre-post assessment data. There were significant differences in the pre-post assessment scores which indicates a significant positive improvement on all variables. It is seen that 69% of the children show a positive change in their level of awareness regarding their knowledge and attitude about sexuality issues including gender sensitivity, and 66% of children have shown a positive change in their level of awareness regarding myths and misconceptions about addictions, and 61% children show a positive change in their emotional regulation skills which cover assertiveness, level of frustration tolerance, delay in gratification and locus of control.

The researcher concluded that a systematic, consistent and comprehensive intervention can bring about a positive change in the knowledge and attitude of adolescent children about gender sensitivity, awareness regarding the effects of all sorts of addictions, and emotional regulation parameters.

Project Head: Sujata Gokhale
Project Assistant: Sandhya Khasnis

Duration: 1 Year
Guide: Dr. Anagha Lavalekar

Research Projects In-progress

Human Potentials/Intelligence/Giftedness

1) Aptitude test for Designing (APT-D)

The test is under preparation since 2018. Efforts were directed to finalization and standardization of the battery. Forms of all the eight sub-tests were prepared, presented and discussed with the team of experts. The finalized forms were tried out on a small sample to check details like subtest time, instructions and order of administration etc. The data collection for Apt-D test standardization is in process. Data is being collected by both virtual medium and paper pencil. Data collection of 200 students has been completed. In order to verify the validity of the test content, five experts have given their feedback, the data will be analysed and content validity will be established. Convergent validity of this new battery will be established with the presently used aptitude test battery 'iA - Intelligence and Aptitude Measurement' on a sample of about 50 students. Data collection for the same has started. Similarly, the plan is to establish convergent validity by administering this battery to students of relevant courses like architecture, designing, mass media, etc. The reliability of seven sub-tests will be calculated. The work of manual writing for the Apt-D test is going on along with the work of test development report. A draft of Apt-D test report for student and psychologist has been prepared and will be discussed with the experts. The research is expected to be completed in 2022-23.

Principal Investigator: Dr. Sucharita Gadre

Duration: 3 Years

Co-investigators: Aparnagouri Phatak, Nilima Apte

Guide: Dr. Sujala Watve

Research Assistants: Jayashree Nangare, Soniya Poonawala, Shraddha Shinde

Quality of Life

2) Probing the mental health of women professionals in police and governance in COVID times through Assessment and rational emotive thinking-based intervention (Sanction No. 2021-22-JPSS-02/30 March 2021)

This project is funded by the National Commission for Women to address the colossal burden of the COVID pandemic on women officers in Police and Administrative services. Data was collected from 354 women officers (age range with Mean age) from 13 districts of two divisions of Maharashtra, namely – Pune and Aurangabad.

Upon receiving informed consent, assessment was carried out in either online or offline mode. The mixed method study was done using four tools for providing quantitative data. Interviews that provided qualitative data were recorded and analysed separately. In phase one of the study, data was recorded and cleaned for further analysis

Preliminary results revealed that each officer suffered a loss of work productivity, average work productivity loss being 18%. In terms of mental health, prevalence of depression and anxiety were reported in lower levels indicating that the women officers coped positively with the challenges mainly adopting 'problem focused' and 'seeking social support' methods.

Phase two of the study entails a more focused and streamlined study of perceived stress among the participants through focus group discussions. Based upon the findings of this phase,

an online Rational Emotive Thinking intervention program will be designed.

This project is in collaboration with MKSSS's Shri Siddhivinayak Mahila Mahavidyalaya, Pune.

Principal Investigator: Dr. Sucharita Gadre (Jnana Prabodhini's Institute of Psychology, Pune)

Nodal officer: Dr. Sanhita Athawale (MKSSS's Shri Siddhivinayak Mahila Mahavidyalaya, Pune)

Research Assistant: Jayashree Nangare

Duration: 2 Years

Administrative Assistant: Shubhangi Patwardhan, Rupali Marathe, Pallavi Kaslikar

Funded by: National Commission for Women (NCW)

3) Yuva-Sathi Project (Project No. 2021-22-JPSS-02/30 March 2021)

Yuva-Sathi project aims to bring about positive change in adolescent lives with respect to the responsible expression of sexuality, addiction-abstinence, gender sensitivity and emotional regulation by exposing them to scientific, factual reproductive health education and its psycho-social aspects.

The field trainers involved in earlier projects and working in this area for few years were provided Master Trainers' (MT) training. The topics included delivery skills, mentoring skills, challenges, parents meetings and practice sessions. These MTs in turn conducted Field Trainers' (FT) training for self-motivated youth trainers. The FT training included delivery skills, testing, parents' meeting and the following topics: Indian concept of personality, reproductive systems and sexual health, misconceptions, precautions, hygiene and risks, HIV/AIDS, homosexuality, transgender, friendship, substance abuse risks, self-regulation and goal setting skills, judicious use of digital platforms, and restricting internet addiction, avoiding sexual misbehavior/abuse and gender sensitization. The youth trainers were provided with lesson notes, activities and exercises to be used for 25 interventions in schools for 8th and 9th standard children.

Multifaceted objective assessment of expected attitudinal change was done using 3 tests – 1. My Knowledge My Health (MKMH), 2. Myths and Misconceptions about Addiction Test (MMAT), and 3. Emotional regulation Test (ERT). The data analysis is in progress.

Highlights:

- 30 Youth Field trainers trained on content and delivery skills in 7 days residential training program (2 Master Trainers and 3 Field Trainers from a religious minority community)
- Reached around 1330 students in these districts so far including a school for religious minority in Kolhapur area
- Pilot project for Blind Students- worked with Jagruti Blind School and Niwant Andh Mukta Vikasalaya, Pune to understand the problems for blind adolescents
- Created Audio Books for content booklets and training material
- Purchased Female and Male Reproductive System models for VI students sessions
- Trained 2 Visually Impaired (VI) Field Trainers, Conducted intervention session for 35 adolescent girls in Jagruti Blind School, Alandi

Chief Project Coordinator: Shamangi Deshpande

Duration: 1 Year

Funded by: Kyeema Palladium

Guide: Dr. Anagha Lavalekar

Doctoral Research

Ph. D. Studies in Progress

- 1)* Comparative Effects of Shavasana and the Yoga Meditation on Bio-Phase Angle, Resting Metabolic Rate and Emotional Intelligence, in students of Yoga College
Researcher: Ranjitsingh Hukamsingh Bhogal **Guide:** Dr. Anagha Lavalekar
- 2)* Study of Psychological Wellbeing of Intellectually above average College students in relation to Family Environment and Classroom Environment
Researcher: Dhanashree Atul Sowani **Guide:** Dr. Anagha Lavalekar
- 3)* Impact of Psychological Capital (Psy Cap) and Satisfaction with life on Job Satisfaction and Employee Engagement
Researcher: Kirti Jawaharlal Gohel **Guide:** Dr. Alpna Vaidya
- 4) Resilience, Emotional Competence and Internal Locus of Control in Goan Adolescents of Alcoholic and Non-alcoholic Parents
Researcher: Gomes D'Costa Maria Fatima **Guide:** Dr. Anagha Lavalekar
- 5) Effects of Yoga on Psychological Well-Being in Retired Men
Researcher: Bapu Borotikar **Co- Guide:** Dr. Anagha Lavalekar
- 6) Effects of Learning Coding on Logical Reasoning, Symbolic Ability and Creativity in Middle School Students
Researcher: Sonia Virani **Guide:** Prof. Sushama Bhosale
- 7) A Comparative Study of I.T. Professionals With and Without Metabolic Syndrome On Anxiety Depression Stress and Health Related Quality of Life
Researcher: Mukul Choudhari **Guide:** Prof. Sushama Bhosale

* The candidates were awarded Ph.D. degree in 2022-23.

Lectures, Seminars, Webinars and Workshops Organised by JPSS (in person and online)

In Psychology

Workshop on Research Methodology: Faculty Development Programme (FDP)

Jnana Prabodhini Samshodhan Sanstha in collaboration with MKSSS's Shri Siddhivinayak Mahila Mahavidyalaya, Karvenagar, Pune, conducted a faculty development programme for the teaching and research faculty of both institutions. The FDP was conducted online on 16th & 17th June 2021.

The purpose of the FDP was to enhance knowledge and skills of the faculty in research methodology. The following specific objectives were set for the FDP –

- To impart knowledge about data collection and data management processes
- To introduce the participant to various tools and data collection techniques
- To demonstrate data recording, data cleaning, and data analysis techniques used in research

Topics discussed in this FDP were steps in research, sampling techniques, types of tests, standardized and Nonstandardized tests, procedures of data collection, coding, and data management. Dr. Vanita Patwardhan, Dr. Sujala Watve, Dr. Sucharita Gadre, and Dr. Pranita Jagtap from Jnana Prabodhini Institute of Psychology worked as facilitators. Fifty-two members working as professors, assistant professors, and research assistants participated in this workshop. The FDP inputs were well-received by all the participants.

FDP Co-ordinator: Jayashree Nangare

Partially Funded - National Commission for Women (NCW)

Sr. No.	Name of Workshop	Dates	Coordinators
1	Career Advisor Training Program (CATP) (online)	21-24 April 2021	Dr. Sujala Watve, Nilima Apte, Urmila Dixit, Dr. Devayani Bhave, Sonia Poonawala, Vivek Velankar,
2	Career Advisor Training Program (CATP) (online)	14-15 & 21-22 May 2021	Dr. Sujala Watve, Nilima Apte, Urmila Dixit, Dr. Devayani Bhave, Sonia Poonawala, Vivek Velankar,
3	Comprehensive child development program	2-8 May 2021, 9-15 May 2021, 16-22 May 2021, 23-29 May 2021	Prasanna Alone and Pallavi Kaslikar
4	Pragatishil Kutumb	15-17 May 2021	Dr. Vanita Patwardhan, Dr. Anagha Lavalekar, Dr. Deepak Gupte
5	Webinar on “Mass Media and Communication”	22 May 2021	Saurabh Gokhale
6	Webinar on “Careers through Psychology”	22 May 2022	Dr. Meenakshi Gokhale
7	Ability Enhancement Workshop	23-29 May 2021	Prasanna Alone and Pallavi Kaslikar
8	Webinar on “Careers in Data Science”	28 May 2021	Adesh Gokhale
9	Webinar on “Careers in Demand after Corona”	28 May 2021	Vivek Velankar
10	Insightful Parenting workshop	6, 13, 20 and 27 June 2021	Sujata Honap and Prasanna Alone
11	Continuous Child Development Program	3 July 2021 - 29 January 2022	Prasanna Alone and Pallavi Kaslikar
12	Continuous Ability Enhancement Program	4 July - 25 September 2021	Prasanna Alone and Pallavi Kaslikar
13	Training on Indian Child Intelligence Test (ICIT) Administration	30-31 July 2021	Swapneela Sethiya
14	Workshop on Screen Time Addiction	28 August 2021	Swapneela Sethiya

Sr. No.	Name of Workshop	Dates	Coordinators
15	Career Advisor Training Program (CATP) (offline) for teachers of Jnana Prabodhini Prashala	16-18 September 2021	Abhay Bhat, Nilima Apte, Urmila Dixit, Dr. Devayani Bhavé, Sonia Poonawala, Vivek Velankar, Saurabh Gokhale
16	Career Advisor Training Program (CATP) (online)	23-25 September 2021	Urmila Dixit, Dr. Devayani Bhavé, Sonia Poonawala, Vivek Velankar, Pradeep Brahmankar
17	Navchetana Program for Socio-emotional support (Funded by Save the Children, India)	15 November - 15 December 2021	Sujata Honap, Prasanna Alone and Pallavi Kaslikar
18	Webinar on “Handling Teenagers”	26-27 November 2021	Dr. Devayani Bhavé, Amruta Godbole, Dr. Sanjoyt Deshpande
19	Webinar on “Addictions in Teenagers: Causes, Treatment and Prevention”	24 January 2022	Dr. Vaishali Deshmukh
20	<i>Hatke</i> Careers- Webinar on “Mass Media and Communication”	18 February 2022	Saurabh Gokhale
21	<i>Hatke</i> Careers- Webinar on “Careers in IT Sector”	24 February 2022	Deviprasad Kulkarni
22	<i>Hatke</i> Careers- Webinar on “Explore your horizon in Creative Writing in Marathi”	26 February 2022	Swati Mahalank
23	Career Advisor Training Program (CATP)	24-26 February 2022	Urmila Dixit, Dr. Devayani Bhavé, Deviprasad Kulkarni, Sonia Poonawala, Swati Mahalank, Vivek Velankar
24	Trainer’s training workshop	12-13 March 2022	Sujata Honap and Prasanna Alone
25	Introduction to Counseling	21-23 March 2022	Dipti Joshi, Swapneela Sethiya, Dhanashree Sowani, Isha Kanhere

In Sanskrit and Indology

Sr. No.	Name of Workshop	Dates	Coordinators
1	Training Workshop on Ganesh Sthapana Pothe	29 August 2021	Dr. Sujata Bapat, Vijayanti Chavre, Madhuri Behere
2	Sarvpatni Amavasya Pindadan Puja	9 October 2021	Dr. Aaryaa Joshi, Surekha Likhite, Vidyashri Purandare
3	75 years of India’s Independence	14 December 2021	Dr. Sandip Mahind
4	Importance of Saundaryalahari Stotra	17 December 2021	Shree Shankar Bharti Mahaswamiji

Paper presentation in seminars / webinars / conferences / workshops

In Psychology

Sr. No.	Name of Participant	Topic	Conference Theme	Organised by	Dates
1	Dr. Pranita Jagtap	Spiritual practices and psychological well-being: A cross-sectional study	57th National and 26th International Conference of Indian Academy of Applied Psychology	Department of Psychology Mizoram University	27-29 January 2022
2	Dr. Pranita Jagtap	Anandshala: NGO and Community Collaboration to Reduce Educational Inequity During the Pandemic	31st Convention of the National Academy of Psychology	National Academy of Psychology and Humanities and Social sciences, IIT Bombay	4-6 March 2022
3	Dr.Sucharita Gadre, Dr.Sanhita Athawale and Sonia Virani	Impact of Covid-19 on Performance and Job Productivity Loss Among Women Officers in Police and Administrative Services	31st Convention of the National Academy of Psychology	National Academy of Psychology and Humanities and Social sciences, IIT Bombay	4-6 March 2022

In Sanskrit and Indology

Sr. No.	Name of Participant	Topic	Workshop Theme	Organised by	Dates
1	Dr. Aaryaa Joshi (online)	Manas Puja- Worship through the Mind	Hindu meditation Practices and theories	INDICA, Hyderabad	11 December 2021
2	Dr. Aaryaa Joshi (online)	Bhavani Bharati-A Sanskrit poetry by Yogi Sri Aurobindo Ghosh	Oriental Studies	Brihan Maharashtra Prachya Vidya Parishad, Pune	25-26 March 2022
3	Dr. Aaryaa Joshi (online)	Feminism of the Earth and rivers from Hindu Religion	Hinduism and Feminism	INDICA, Hyderabad	26 March 2022

Participation as a resource person in workshops / seminars / webinars / conferences / lectures

In Psychology

Sr. No.	Name of Participant	Topic	Workshop/lecture	Organised by	Dates
1	Dr. Sujala Watve	Ethics of Counseling	Lecture	Shanta Memorial Foundation, Pune	30 April 2021
2	Dr. Sujala Watve, Prashant Diwekar, Mrinmayi Vaishampayan, Isha Kanhere	Gifted education as practiced in Jnana Prabodhini	Case Study: An Approach to Understanding the gifted	Faculty Training of counselors and section coordinators of Army Welfare Education Society	23 November 2021

Sr. No.	Name of Participant	Topic	Workshop/lecture	Organised by	Dates
3	Dr. Anagha Lavalekar	Shikshan Vivek	Lecture	Vivek Vyaspeeth	4 June 2021
4	Dr. Anagha Lavalekar	Importance of Positive Psychology	Lecture	J.D. Birla College Kolkata	17 June 2021
5	Dr. Anagha Lavalekar	'Panchkosh' and Self awareness -introductory	Lecture	Mind Gym, Pune	19 June 2021
6	Dr. Anagha Lavalekar	Capable parenting	Lecture	Manthan, Pune	19 December 2021
7	Dr. Anagha Lavalekar	Gender Sensitization	Lecture	Maharashtra State Police training Academy	30 December 2021
8	Dr. Anagha Lavalekar	Exploring 'Panchkosh' concept from psychology viewpoint part - 1	Lecture	Mind Gym, Pune	8 January 2022
9	Dr. Anagha Lavalekar	Exploring 'Panchkosh' concept from psychology viewpoint part -2	Lecture	Mind Gym, Pune	19 February 2022
10	Dr. Anagha Lavalekar	Indian perspective towards Emotional wellbeing	Lecture	Vivekanand Kendra -Vivekanand Prabodhini	25 February 2022
11	Dr. Anagha Lavalekar	Coping challenges and techniques	Lecture	IIM, Ranchi	26 March 2022
12	Dhanashree Sowani	Mulanna samjun ghetana	Workshop	Vidyamahamandal	23-24 December 2021
13	Sujata Honap	How to be motivated in any situation?	Lecture	New English School, Tilak Road, Pune	10 July 2021
14	Sujata Honap	Multiple Intelligence	Volunteer Training	Swanand Jankalyan Pratishthan, Pune	3 September 2021
15	Sujata Honap	Emotional Intelligence development – Need of Hour	Parenting workshop series for emotional well being	Manthan Healthy minds counseling services and training institute, Pune	12 December 2021
16	Sujata Honap	Parenting Style	Workshop	Baya Karve Women's study and research centre, Pune	14-15 December 2021
17	Sujata Honap	Parenting in 21st century	Workshop	Baya Karve Women's study and research centre, Pune	19, 25 December 2021
18	Prasanna Alone	Psycho-somatic disease and treatment	Seminar	Prayas Bahuudeshiy Vikas Sanstha, Pune	12 December 2021

Sr. No.	Name of Participant	Topic	Workshop/lecture	Organised by	Dates
19	Dr. Devayani Bhawe	Goal Setting Time Management, Confidence in communication	Lecture	Tara Mobile NGO	October 2021 (Every Saturday)
20	Dr. Devayani Bhawe	Importance of Aptitude Testing	Lecture	Sanskriti school	8 January 2022
21	Swapneela Sethiya	Challenges of Parenting in Current Situations	Lecture	Samvadini, Shirur	23 July 2021

In Sanskrit and Indology

Sr. No.	Name of Participant	Topic	Workshop/lecture	Organised by	Dates
1	Dr. Aaryaa Joshi, Surekha Likhite, Vidyashri Purandare	Ganesh Sthapana Pothi	Online Training Workshop	Jnana Prabodhini Yuvak Vibhag	4 September 2021
2	Dr. Aaryaa Joshi, Surekha Likhite, Vidyashri Purandare	Ganesh Sthapana Pothi	Online Training Workshop	Jnana Prabodhini Foundation, USA	5 September 2021
3	Dr. Aaryaa Joshi	Importance of Hinduism	Symposium on Understanding Diversity and Inclusion: Exploring 4 Dharma Traditions and Cultures of India - is right around the corner	The California State University and Uberoi Foundation	21-24 June 2021
4	Dr. Aaryaa Joshi	Importance of Diwali Festival (Marathi)	Lecture	Chinmay Mission Youth Forum, Vasai	1 November 2021
5	Dr. Aaryaa Joshi	Aspects of Navratri festivals (Marathi)	Lecture	Vishwa Marathi Parishad	9 October 2021
6	Dr. Manisha Shete	Changes in Hindu Religion and leadership of women	Interview	Associated Press USA	14 December 2021

Participation in workshops / seminars / webinars / lectures / conferences

In Psychology

Sr. No.	Name of Participant	Workshop name	Organised by	Dates
1	Nilima Apte, Neha Kshirsagar, Sonali Pendharkar, Charuta Kelkar, Sayali Medhekar, Anuradha Ohal	Two Days Faculty Development Program “Research Methodology- Data collection and Analysis”	MKSSS’s Shri Siddhivinayak Mahila Mahavidyalaya, Karvenagar, Pune In association with Jnana Prabodhini’s Institute of Psychology, Pune	16-17 June 2021
2	Sujata Honap	Multifaceted Personality	Vishwa Marathi Parishad, Pune	19-22 July 2021
3	Kanchan Pande	International Research Seminar Series 01-Developing and Impactful Research: Ideas and Strategies	Flame University, Pune	28 July 2021
4	Dr. Pranita Jagtap	Concepts of Consciousness- Neuroscience & Indian Philosophical perspective	Centre for Consciousness Studies, Dept. of Neurophysiology, NIMHANS, in collaboration with Indian Council for Philosophical Research	27-30 September 2021
5	Kanchan Pande	National webinar on Holistic Nourishment for Women	National Commission of Women Government of India	28 September 2021
6	Kanchan Pande	National Conference on Mental Health in an Unequal World	National Forensic Sciences University	7-8 October 2021
7	Prasanna Alone	Online Faculty development program on writing and publishing research paper using factor analysis	Yashwantrao Chavan College of social Sciences, Satara	18-23 October 2021
8	Pallavi Kaslikar	Play Therapy workshop	Yes, I can foundation	20 February 2022
9	Prasanna Alone	Academic Writing skill workshop	Hiraben Nanwati Institute of management and research for women, Karve road, Pune	4-5 March 2022

In Sanskrit and Indology

Sr. No.	Name of Participant	Workshop name	Organised by	Dates
1	Dr.Aarya Joshi	Harappan Culture: New Dimension & Paradigm Shift	Deccan college and Mettle Innovations	14 June - 14 July 2021

Publications

Books

- 1) Khire, U., Sowani, D. (2022). *Intelligence, Creativity and Giftedness: An Indian Perspective*. Published by Himalaya Publishing House, Mumbai
- 2) ‘Yashwant Gatha’ (यशवंत गाथा)- Gaurav Granth of Hon.Yashwantrao Lele (2021). A collection of articles contributed by students of Hon.Yashwantrao as well as volunteers of Jnana Prabodhini, Swaroop Vardhini, his family members and friends about his continuing contribution and mentoring of scores of volunteers.

Articles

- 1) Jagtap, P.R., Karmalkar, S. (2022). The Psychological Impact of Nationwide Lockdown due to the COVID-19 Pandemic on People in Maharashtra, India. *Indian Journal of Psychology*, 6-10 (UGC approved Journal)
- 2) Lavalekar, A., Gokhale, S., Pande, K. (2021). Impact of feminist ideology on quality of life of women: A case study. *Mahila Pratishtha*, Vol7 (1), 191-211
- 3) Lavalekar, A., Deshpande, S. (2021). An Elegant change in the PWB of middle aged women as a result of in depth training in Rational emotive cognitive behavioral approach. *Indian Journal of Positive Psychology*
- 4) Joshi, A. (2021). A series of ten articles during the Ganesh Festival 2021, Daily Sakal a Marathi daily. Various aspects of *Lord Ganesha*.
- 5) Joshi, A. (2021). Article based on *Pitrukasha* write ups in Daily Navakal.

Social Media / Audio-visual

1. त्वं ज्ञानमयः विज्ञानमयः। This is a video series produced by Santrika in August 2021. These videos guide the viewer about the importance of *Ganesh Chaturthi Vrat* in Hinduism. In modern era, people have many questions in their mind regarding this particular Pooja. These videos attempt to respond to various questions viewers might have about *Ganesh chaturthi Vrat* and *Puja*. This videos are available in Marathi and Hindi.
2. **Mangalagauri Puja-** In August 2021 a video of *Mangalagauri Puja* was released on YouTube channel of Jnana Prabodhini.
3. **Deepavali Lakshmi Pujan-** In August 2021 a video of *Deepavali Lakshmi Pujan* video released on YouTube channel of Jnana Prabodhini. These videos are available in Marathi and Hindi.

Awards and Scholarships

- Kanchan Pande was felicitated with Stree Shakti Award on International Women’s day- 8 Mar 2022. The award was given on behalf of Nehru Yuva Sangathan Kendra Pune (Govt. of India, Ministry of Youth Affairs and Sports), in association with Pune Municipal Corporation, Lions Club and Worship Earth Foundation Pune. This award was for her contribution for offering free counseling during COVID period and other social activities.

- Dr.Aaryaa Joshi of Santrika received research scholarship from The Asiatic Society Mumbai in March 2022. Subject of her research is “to study the post-death rites and ancestral remembrance rites of the Idu and Adi tribes of Arunachal Pradesh”.

Academic Programmes

1) Post Graduate Diploma in School Psychology

The Post Graduate Diploma in School Psychology run by JPIP is recognized by the Savitribai Phule Pune University.

Thirty-one students completed the course in June 2022. This was the 27th batch of this course. For this batch, the first half of a year was conducted online. The last three months, students attended classes in-person. Since most of the sessions were taught online, it affected practical work to some extent. However, efforts were taken to give maximum possible practical exposure to students. As a part of the curriculum, the following activities were conducted this year:

- Individual Psychological Testing: Students conducted online testing of an Apt-D (Aptitude for Design Thinking) battery. It is a newly designed battery that identifies different abilities crucial in design thinking, including cognitive ability, working memory, critical thinking, visual-spatial ability, language ability, creative problem solving, and social understanding. It also includes assessment of personality traits necessary to succeed in designing career. The students were asked to perform several steps in this test administration, beginning with contacting the participants to write the report. The students also received training for administering two intelligence tests and one personality test.
- Group guidance: This year, students’ group guidance sessions were organized through an online platform. Emotional awareness and management were the themes for the group guidance activities. Diploma students conducted four online guidance sessions of 90 minutes each under expert supervision, on students of 8th and 9th grade. Topics such as identifying and naming emotions, managing the emotions, and using emotions for self-growth were discussed through various activities and games.
- Individual counseling- Each student undertook two individual counseling cases referred for the emotional, academic, or behavioral problems. They were helped by experts.

Following workshops and training programmes were conducted.

- Study Skills- Prashant Diwekar, Amar Paranjape and Mrinmayi Vaishampayan, EARC, JP
- Reading skills- Dr. Savita Kulkarni, Head, CEC, JP
- Nature and nurture- Dr. Deepak Gupte, trainer and facilitator
- Communication skills- Dr. Anagha Lavalekar, Director, JPIP
- Creativity- Mrinmayi Vaishampayan, EARC, JP
- Career Guidance- Urmila Dixit, Career Advisor
- Stress Management- Dr. Deepak Gupte, trainer and facilitator
- REBT- Dr. Anagha Lavalekar and Dr. Deepak Gupte
- Play Therapy- Anupama Ganu, Play therapist, Child psychologist
- Critical Thinking- Dr. Savita Kulkarni, Amol Phalke, and Dr. Deepak Gupte
- Sexuality Education - A two-day trainers’ training with special emphasis on issues

- related to addiction was conducted by Samvadini volunteers.
 - Facilitation skills- The students received two-day intensive training given by staff of JPIP's Potential Enhancement Section.
- Other Activities:
 - Students had an opportunity to observe class interactions in Jnana Prabodhini Prashala. Along with regular lectures, they also observed Abhivyakti and Maker's space classes.
 - Students were involved as co-facilitators in the summer camps of the Comprehensive Child Development Programme.
 - A Film week was organized. Five films were shown. The films were *Amhi asu ladke*, *Wonder*, *Stanley ka Dabba*, *Soul*, and two short documentary films on the parenting of a child with special needs -Believe Me and Vallari Karmarkar. The objectives were to sensitize students to various characteristics, needs, issues related to children and adolescents. The content of the films was related to the psychological and social-emotional world of preadolescent and adolescent children. After screening, discussion was undertaken on themes of relationship dynamics, characteristics of characters, and various processes shown in the movies.
 - This year, a new pattern of assessment was introduced which encouraged students to study independently and to practice the application of theoretical knowledge in the field.

Proud Moment for the Institute

Some of the alumni of School Psychology Diploma played a very active role in the COVID pandemic period. Right from the beginning of the pandemic, they were active in providing emotional support to COVID patients and their families, giving them factual information, maintaining their courage and positive attitude, as well as distributing materialistic help. In response to needs felt, they started pre and post-discharge counseling. Though the primary mode of contact was telephonic, if required they used to visit hospitals, ICUs, homes of patients also. Gradually, they built a network of volunteers, which worked in collaboration with various organizations like Manahsrushti, RSS, Jana Kalyan Samiti, Tata Telecom, etc.

They were asked to take a training workshop for PMC employees who were on COVID duty, on 'stress management'. After that, they were asked to support police departments in various districts like Kolhapur and Sangli. They reached more than 1600 employees through this initiative. They trained the counsellors and provided back-up support for them.

Starting from eight counsellors, the number out-grew to 500. The work was done by individuals as well as at the group level. The number of beneficiaries was approx. 1,60,000. These include various categories like patients, relatives, housewives, old people, students, transgender, prostitutes, police personnel, bank employees, etc.

All this work was voluntarily done. Our students played a key role in all this work and attributed their motivation to class discussion on the Indian concept of intelligence and giftedness, which stated that 'gifted is the one who can see beyond self, one who recognizes own strengths and uses them for the betterment of society'. Also, they mentioned that whenever they felt distressed or frustrated, they remembered verses from *Varsharambh Upasana*, 'Do not criticize natural events, do not criticize people, you need to concentrate on your efforts, this is your vow, this is your *Vrat*'. This gave them strength to move on without complaining about the external, out-of-control happenings.

2) Post Graduate Diploma in Education of the Gifted: Methods and Strategies

The Post Graduate Diploma in Education of the Gifted: Methods and Strategies run by JPIP is recognized by the Savitribai Phule Pune University.

This year, 20 students were admitted to this course. This was the 7th batch of this course. In the background of the pandemic, this course was also conducted online along with a few contact sessions at the institute. The following activities were conducted during the course:

- Individual Psychological Testing: Students conducted online testing of an Apt-D battery like PGD School Psychology students.
- Observation sessions: Session observation of Prajna Prabodhan Varg was done by the students. Prajna Prabodhan Varg is an enrichment programme run by JPIP for highly able children. Students were also asked to observe Abhivyakti classes, Maker's space periods, and regular classroom of students of Jnana Prabodhini Prashala.
- Lectures and workshops were conducted by the following experts on themes as:
 - Mentoring of highly able persons- Dr. Girish S. Bapat, Director, JP
 - Transformational Giftedness- Dr. Robert Sternberg, Renowned scholar in the field
 - Intelligence to Giftedness and research- Dr. Sujala Watve, former secretary, JPSS
 - Introduction to Giftedness, research in enrichment and acceleration- Dr. Aakash Chowkase, Research Scholar in gifted education
 - Socio-emotional aspect of Giftedness- Dr. Anagha Lavalekar, Director, JPIP
 - Family Environment- Dipali Mhaskar and Dr. Deepak Gupte
 - Careers of Gifted- Urmila Dixit, Career Advisor
 - Creativity- Mrinmayi Vaishampayan, EARC, JP
 - Giftedness in Rural area- Abhijit Kapre, Centre-in-charge, Harali, Rural Centre of JP
 - Introduction to Leadership- Amol Phalke, Co-ordinator, Samajik Adhyayan Kendra and Dr. Saugandh Deshmukh, Leadership Development section, JP
 - Teaching leadership and creative leadership- Mahendra Sethiya, Head, Leadership Development section, JP
 - Parenting the gifted- Uma Bapat, Consultant for nurture of giftedness
 - Schoolwide Enrichment Programme- Veena Kulkarni, Gifted educator
 - Overexcitabilities from Dabrowski's Theory- Yuvaraj Mahagaonkar- Artist

3) Autonomous Correspondence Course - Child and Adolescent Psychology: Enhancing Potential (CAPEP)

This course is designed for teachers, doctors, counselors, social workers, parents or any professionals working with children and adolescents. It is a distance education programme of six-months runs twice in a year, available in English and Marathi. The aim of the course is to orient the participating candidates to the various stages of child development, enhance potential and deal with the problems. The course structure is divided into four modules- Module-I covers psychology of human potentials; Module-II elaborates on development in childhood and adolescence; Module-III speaks on the common difficulties and adjustments in childhood and adolescence while Module-IV includes practical in enhancing abilities.

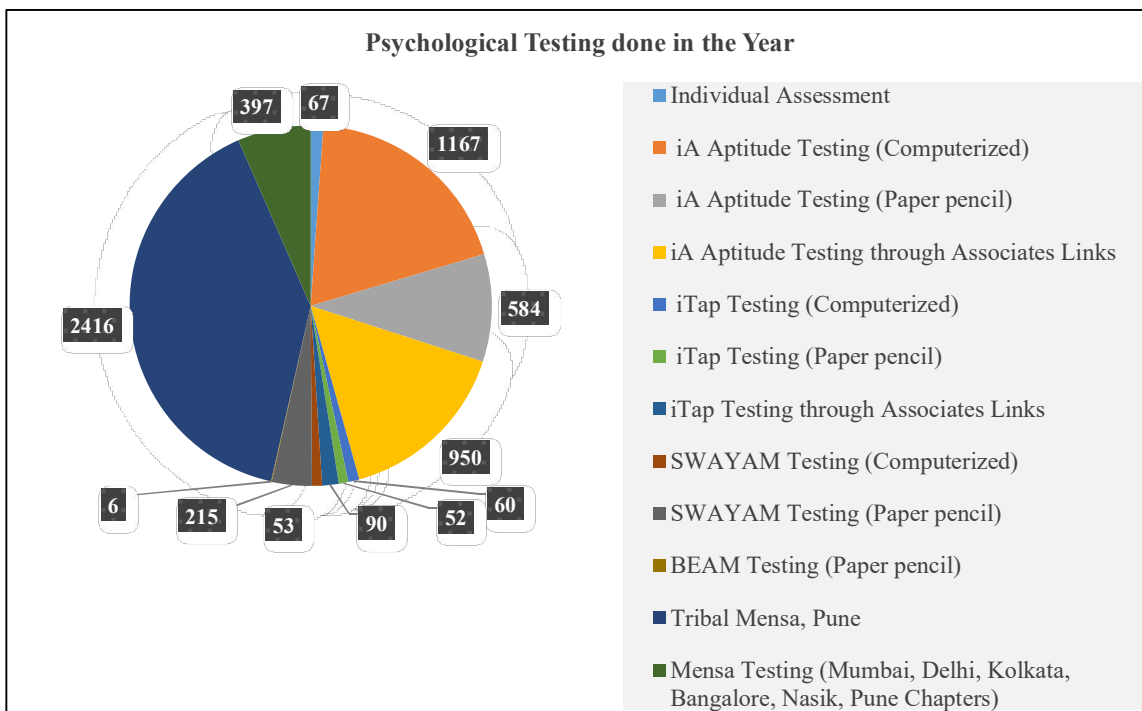
In the year 2021-22, a total of 55 candidates enrolled, appeared for the exam, and completed the course successfully. Three online contact sessions were arranged throughout the course. An orientation session, facilitation skills training workshop and a basic counseling

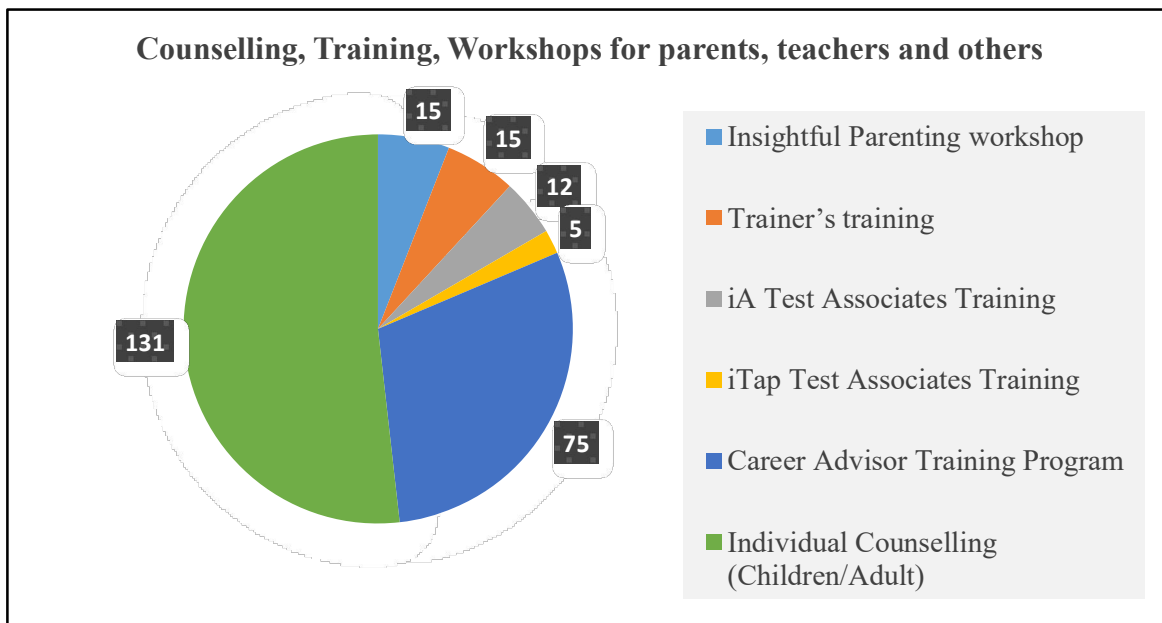
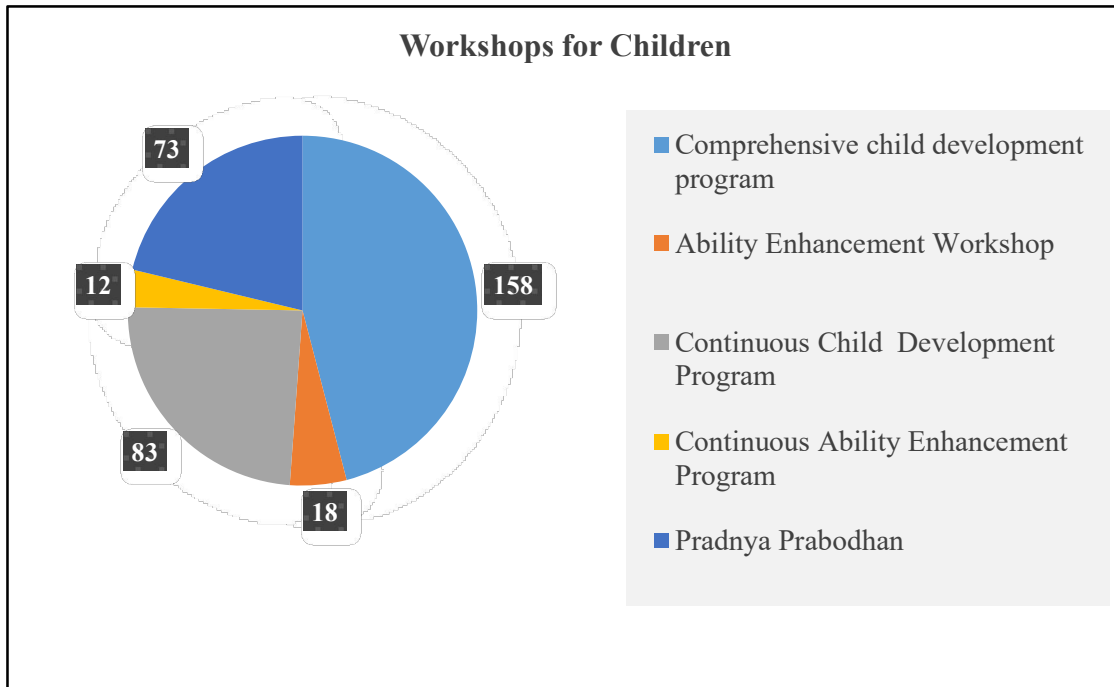
skills workshop were arranged. Overall feedback from the candidates was good. The course provided them with practical knowledge which they could apply in their respective professions or while bringing up their own children.

This year the pattern of some assignments was changed to make candidates read the study material thoroughly and build their ability to apply the theory to practical situations. This change yielded better results. The format for designing activity sessions was also modified to make candidates understand the basics of planning and executing the activity session with a more clear purpose.

All candidates who successfully completed this course received a ‘Certificate in Child and Adolescent Psychology: Enhancing Potentials’

Extension Activities





Psychological assessment for selection or placement was offered to several corporates including Bajaj Auto Ltd., Kirloskar Brothers Ltd., Mahindra & Mahindra CIE Pvt. Ltd., Mahindra & Mahindra Heavy Engine Pvt. Ltd., etc. The participants included their existing staff and also newly recruited persons.

Counseling and training was provided to different organisations. These were Mahindra & Mahindra Pvt. Ltd., Pariwar Super Market, Panacea BPO Services Pvt. Ltd., Aurus Tech Pvt. Ltd., Klassic NX Fashions, Vivekanand Hospital. Capacity building training workshops were organised for staff of Sudhagad Tehsil.

During the year, we could provide the services to more than 2900 employees, officers and managers of organisations mentioned above.

List of Donors

Donations Under Section 35(1)(iii)

Name	Amount in Rs.	Name	Amount in Rs.
Bhosale Anil Ramrao	5,060.00	Ankuram Feats of Wonder	1,05,300.00
Gokhale Gajanan Vishnu	10,000.00	Kanade Nandkumar Narayan	1,10,000.00
Dr. Kale Narendra Ambadas	25,000.00	Prabodh Artha Wardhini Pvt.Ltd.	1,20,000.00
Dr. Rajhans Manasee	25,000.00	Vaze Sadashiv	1,32,600.00
Annekar Devata	30,000.00	Prabodh Artha Sanchay Pvt.Ltd.	1,80,000.00
Godbole Lata	50,000.00	Prabodh Sampada	2,76,000.00
Rajguru Kishor Sadashiv	50,000.00	Prabodh Artha Sanchay	3,00,000.00
Desai Vandana	60,000.00	Subodhan Engineers (Pune) Pvt.Ltd.	8,01,000.00
Prabodh Nirman	60,000.00	Tarachand Ramnath Seva Trust	15,15,753.00
Lele Anand Yashwant	1,00,000.00	Gogate Asha Suhas	20,00,000.00
Dr. Mehata Vinayabala	1,00,000.00	Kanitkar Ajit Narayan	30,00,000.00
Tambe Sharad Dattatraya	1,00,000.00	Total	91,55,713.00

Donations Under Section 80(G)

Name	Amount in Rs.	Name	Amount in Rs.
HCL Foundation	25,00,000.00	Barve Mahua	10,001.00
ADM Foundation	1,00,000.00	Bhat Aditya	10,001.00
Dev Pradeep	1,00,000.00	Godbole Dattatray	10,001.00
Kanitkar Ajit	30,000.00	Jambekar Chandralekha	10,001.00
Page Chanda	25,000.00	Barve Kiran	10,000.00
Iyyer Sampath	20,000.00	Godbole Vasudha	10,000.00
Joshi Anant	15,000.00	Jaswal Ritesh	10,000.00
Late Sulabha	15,000.00	Kale Saudamini	10,000.00
Pant Laxmi	12,000.00	Lakhakar Prakash	10,000.00
Shahane Satish	12,000.00	Paranjape Niranjay	10,000.00
Joshi Pravin	11,000.00	Patwardhan Chaitan	10,000.00
Pansare Vinit	11,000.00	Attarde Rekha	8,000.00
Deshpande Gayatri	10,702.00	Joshi Girish	7,500.00
Kaslikar Pallvi	10,200.00	Nirantar Ajay	5,900.00

Name	Amount in Rs.
Deshpande Rutuja	5,700.00
Gokhale Vinayak	5,600.00
Patankar Sanjay	5,500.00
Bondre Yashwant	5,002.00
Govande Snehal	5,002.00
Bhatkhande Madhura	5,001.00
Dandgavhal Kailas	5,001.00
Deshpande Nilambari	5,001.00
Dighe Swapna	5,001.00
Ganu Geeta	5,001.00
Gondhalekar Satish	5,001.00
Joshi Hrishikesh	5,001.00
Karanjekar Rahul	5,001.00
Karulkar Ashwini	5,001.00
Khunte Milind	5,001.00
Korde Kedar	5,001.00
Kulkarni Anjali	5,001.00
Kulkarni Shirish	5,001.00
Oak Mohan	5,001.00
Padhyegurjar Shaunak	5,001.00
Patwardhan Rajendra	5,001.00
Puranik Sanjeevani	5,001.00
Rangnekar Amit	5,001.00
Sabnis Vishwas	5,001.00
Salvekar Rutuja	5,001.00
Tipnis Rajeev	5,001.00
Aras Priyadarshan	5,000.00
Atre Meena	5,000.00
Balsasi Kedar	5,000.00
Bapaye Shrikant	5,000.00

Name	Amount in Rs.
Bejkar Moreshwar	5,000.00
Bhagwat Bhagyashree	5,000.00
Bhagwat Vineeta	5,000.00
Bhatkhande Madhura	5,000.00
Chitale Milind	5,000.00
Damle Vishwesh	5,000.00
Datar Ramesh	5,000.00
Dev Yatin/Rajesh	5,000.00
Divekar Avinash	5,000.00
Edwankar Chinari	5,000.00
Ghate Suhas	5,000.00
Gohad Nilesh	5,000.00
Gokhale Ketaki	5,000.00
Joglekar Suryakant	5,000.00
Joshi Milind	5,000.00
Joshi Rajeev	5,000.00
Joshi Vasant	5,000.00
Kanase Vaishali	5,000.00
Kavathekar Rajesh	5,000.00
Kulkarni Vasudha	5,000.00
Kulkarni Vivek	5,000.00
Lonkar Mukta	5,000.00
Meheta Preeti	5,000.00
Oak Nitin	5,000.00
Palande Shriniwas	5,000.00
Patwardhan Abhijit	5,000.00
Phadnis Sameer	5,000.00
Phatak Niranjan	5,000.00
Pimpalkhare Sumangala	5,000.00
Pitre Vijaya	5,000.00

Name	Amount in Rs.	Name	Amount in Rs.
Raje Alhad	5,000.00	Phadke Vishal	3,900.00
Ranade Shubhada	5,000.00	Ranade Heramb	3,500.00
Ranade Smita	5,000.00	Mahamuni Jaya	3,001.00
Satvik Vibhavari	5,000.00	Phadtar Anagha	3,001.00
Untavale Ashish	5,000.00	Athalye Rajesh	3,000.00
Vadjikar Malay	5,000.00	Barje Pradeep	3,000.00
Vaidya Hrishikesh	5,000.00	Bhatkhande Sunil	3,000.00
Vipradas Jaydeep	5,000.00	Bhatt Anup	3,000.00
Vyavahare Shailendra	5,000.00	Durve Nikhil	3,000.00
Agate Manasi	4,000.00	Godambe Shubham	3,000.00
Bhide Anjali	4,000.00	Kanhere Isha	3,000.00
Inamdar Kalpana	4,000.00	Kesker Arvind	3,000.00
Inamdar Savita	4,000.00	Kulkarni Sanjay	3,000.00
Joshi Jayashree	4,000.00	Kulkarni Sarita	3,000.00
Karle Sampada	4,000.00	Nadkarni Anagha	3,000.00
Kate Krishna	4,000.00	Padhye Deepa	3,000.00
Kulkarni Sangita	4,000.00	Potnis Madhav	3,000.00
Pankhawala Vijay	4,000.00	Ramani Kartik	3,000.00
Patil Aishwarya	4,000.00	Satam-Sapre Devika	3,000.00
Shinde Sumegha	4,000.00	Thatte Milind	3,000.00
Tavase Yashashree	4,000.00	Below Rs. 3,000/-	21,47,362.00
Udapure Ketaki	4,000.00	Total	56,10,895.00

Donations (Foreign Contributions - FCRA)

Name	Amount in Rs.
Kyeema Foundation Ltd.	10,36,000.00

510, Sadashiv Peth, Pune - 411 030, INDIA
Phone - 24207000, 24207100
Email - jpss06@gmail.com
Website: www.jpip.org, www.ejpss.org

Donations to JPSS are exempted
under section 35(1)(iii) for 100% and
under section 80(G) for 50%