



Knowing Good Touch and Bad Touch 360 Degree

Quarterly Progress Report (Y1H, Y1H2)

Period - 1<sup>st</sup> July 2022 - 31<sup>st</sup> March 2023

(FY - 2022-23)

## GTBT 360° Project



Submitted by

Jnana Prabodhini Samshodhan Sanstha  
510, Sadashiv Peth, Pune 411030

Contact: [anagha.lavlekar@jnanaprabodhini.org](mailto:anagha.lavlekar@jnanaprabodhini.org)

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## I. Background

### **Knowing Good Touch and Bad Touch 360 Degree (GTBT 360°) - Strengthening the Complete Ecosystem around Children on GTBT**

Emotional safety and security is one of the basic needs for health of any individual. Children are very sensitive to this need. Increasing incidences of child sexual abuse are posing a potential threat to the emotional safety among children all over the world. This project tries to unfold a systematic and organised effort to help children maintain their emotional health by making them aware of the “Good touch and Bad touch” (ओळख स्पर्शाची) and ways to safeguard oneself from abuse.

This project is being implemented in Pune and Ahmedabad cities. The project is implemented through about trainers training for teachers/ volunteers/ and educators to attain mastery over the content and skills to inculcate this awareness among children between age 7 to 12 years. The two days long training program is conducted by Master Trainers (MTs) with the help of a scientifically developed and tested standard operating manual consisting of graded informational inputs, age appropriate activities and exercises. It equips the participant Field Trainers (FTs) to reach out to children in a highly interactive, playful yet scientific manner. These timely efforts by grassroots people will surely empower children to resist the possible risks of being abused and make them feel safer and emotionally stronger.

Parents are the integral part of children’s ecosystem. It is the responsibility of parents to ensure that the children are safe - both physically and emotionally - in the surrounding environment. However, many parents are not aware about the gravity of the child sexual abuse issue or they do not know how to talk to their children about this topic or if any unfortunate incident happens with their children how to deal with that. So, sensitization of parents is another intervention added in this project. The FTs are trained on this topic and they will be conducting the parents’ awareness session.

The same is true with the schools and institutional authorities and teachers as well as non-teaching staff. They also need to have awareness about child sexual abuse and what are the preventive and corrective measures the school / institutes should be taking. So, sensitization of school/institutional authorities and staff is added as part of this project. The MTs are trained on this topic and will be conducting these sessions in schools and institutes.

## II. Summary of Quarterly Progress

1. Content development for Additional content, Parent's session, Organisational Staff Session created
2. Assessment tools were designed for 1<sup>st</sup> to 8<sup>th</sup> children, Parents and Organisational staff
3. Content translated in Hindi
4. **MT training – 25 MTs trained**
5. **FT training – 185 FTs trained in Pune, 18 FTs trained in Ahmedabad**
6. **Mentoring sessions – 198 mentoring sessions conducted for school session practice demo**
7. **Intervention sessions – 131 FTs conducted school sessions, 27729 children reached in Pune**
8. Telephonic counseling platform – to be launched on 1<sup>st</sup> April
9. Podcast episodes – 3
10. Webinar – 1
11. Theme song for project – created animation video
12. Assessment – Training conducted for selected FTs and MTs on Assessment tools and test administration. Data collection for 3500 students

## III. Progress made against each of the project objectives

| Sr. No. | Objectives                   | Progress  |
|---------|------------------------------|---|
| 1       | Content Development          | Content development for<br>1. Parent's session<br>2. Additional content for intervention - online sexual abuse<br>3. Activities designed for anchoring<br>4. Organisational staff session<br>5. Stories<br>6. MT training manual<br>7. FT training manual |
| 2       | Assessment Tools Development | Impact assessment tools created for<br>1. 1st to 8th standard children<br>2. Parents' Questionnaire<br>3. Organisational Staff Questionnaire  |
| 3       | Content translation in Hindi | All the above content translated in Hindi   |
| 4       | Master Trainers Training     | <b>25 Master Trainers trained on Additional content, Activities and Delivery Skills</b>   |

|    |  |   |
|----|--|---|
| 5  | FTs Training   | <p><b>FT training conducted in 2 batches in Pune on 14/15th December and 21/22</b></p> <p><b>December:</b></p> <p><b>1st Batch participants = 96</b></p> <p><b>2nd Batch participants = 89</b></p> <p><b>Total FTs trained = 185</b></p> <p><b>FT training conducted in Ahmedabad:</b></p> <p><b>Total FTs trained = 18</b></p> |
| 6  | Mentoring sessions by MTs                                      | <p>Practice sessions conducted for FTs by MTs for their respective groups:</p> <p><b>No. of mentoring sessions conducted = 198</b></p>  |
| 7  | Intervention Sessions for Students, Parents by FTs and for FTs | <p><b>Intervention sessions by 131 FTs</b></p> <p><b>No. of students reached = 27729</b></p> <p><b>No. of parents reached = 3700+</b></p>   |
| 8  | Emotional Safety and Behavioral Counseling Platform            | Platform launched on 1 <sup>st</sup> April 2023   |
| 9  | Creation of the social medial contents                         | Podcast episodes = 3  |
| 10 | Creation of the storylines, clippings                          | Theme song of the project - created with music and animation video  |
| 11 | Webinars on social aspects of the concerned topics             | Webinars conducted = 1  |
| 12 | Assessment data collection                                     | 3500 students' data collected   |

#### IV. Results achieved In the Last Quarter

| Expected Deliverable/Result                   | Target | Status/Achievement till date |
|---|--------|------------------------------|
| <b>Deliverable 1: No. of MTs</b>              |        |                              |
| No. of MTs trained                            | 25     | 25                           |
| <b>Deliverable 2: No. of FTs</b>              |        |                              |
| No. of FTs trained in Pune                    | 150    | 185                          |
| No. of FTs trained in Ahmedabad               | 25     | 18                           |
| <b>Deliverable 3: No. of students reached</b> |        |                              |
| No. of students reached in Pune               | 15000  | 27729                        |
| No. of students reached in Ahmedabad          | 2500   | 0                            |

| <b>Deliverable 4: No. of parents reached</b>                 |      |                    |
|--|------|--------------------|
| No. of parents reached in Pune                               | 7500 | 3700+              |
| No. of parents reached in Ahmedabad                          | 1250 | 0                  |
| <b>Deliverable 5: No. of organisation sessions conducted</b> |      |                    |
| No. of organisation sessions in Pune                         | 12   | 5                  |
| No. of organisation sessions in Ahmedabad                    | 3    | 0                  |
| <b>Others :</b>  |      |                    |
| No. of social media posts                                    | 4    | 3 Podcast episodes |
| No. of webinars  | 1    | 1 Webinar          |

## V. Challenges Encountered

1. Getting the FT enrollments in Ahmedabad without local support and managing their school sessions
2. Schools are trying to invite parents for parents meetings. However, the very less number of parents are attending these meetings. Some schools have asked to conduct parents' meetings in June.
3. Some schools have asked to conduct meetings for organizational staff in June.

## VI. Management Issues

None

## VII. Leveraging of Funds

Less funds utilised in the quarter as some of the activities are postponed to the next quarter. So, these funds will be utilised in the subsequent quarters.

## VIII. Activities Planned for the Next Quarter

| Expected Deliverable/Result | Month 1 | Month 2 | Month 3 |
|-----------------------------|---------|---------|---------|
| <b>Deliverable 1:</b>       |         |         |         |

|   |      |   |      |
|---|------|---|------|
| No. of MTs trained                        | 0    | 0 | 0    |
| <b>Deliverable 2:</b>                     |      |   |      |
| No. of FTs trained in Pune                | 0    | 0 | 0    |
| No. of FTs trained in Ahmedabad           | 0    | 0 | 0    |
| <b>Deliverable 3:</b>                     |      |   |      |
| No. of students reached in Pune           | 0    | 0 | 1000 |
| No. of students reached in Ahmedabad      | 2000 |   |      |
| <b>Deliverable 4:</b>                     |      |   |      |
| No. of parents reached in Pune            | 0    | 0 | 500  |
| No. of parents reached in Ahmedabad       | 0    | 0 | 200  |
| <b>Deliverable 5:</b>                     |      |   |      |
| No. of organisation sessions in Pune      | 0    | 0 | 2    |
| No. of organisation sessions in Ahmedabad | 0    | 0 | 0    |
| <b>Others:</b>                            |      |   |      |
| No. of social media posts                 | 1    | 1 | 1    |
| No. of webinars                           | 1    |   | 1    |

## Annexure I: Case Story

### 1. FT Training in Pune:





**2. Mentoring in groups during FT Training:**







### 3. FT Training at Ahmedabad:



4. Intervention sessions in school:







## 5. Parents' sessions:



## Parents' testimonials:

1. Thank you respected Hemangi Madam for introducing and making aware of such a sensitive and important topic of 'Good Touch-Bad Touch ' to our children at this age. Myself Agastya Gadekar's mother is assured that our children are learning this important topic at school which ourselves find it difficult to teach them at our home.

You explained this concept with a very simple story telling. You also encouraged them to do group and individual activities in this regard which further will stimulate his thinking in the right direction. Children will remember this throughout their life and it will definitely help them in identifying risky situations (of child abuse) and proper ways to deal with it.

You already are teaching our children not only academic subjects but various life skills and important values in life in such an interesting way that they learn it forever. And develop themselves into all rounder, multitalented students. They will be for sure successful personalities in their respective lives.

Thank you  
Dr. Bhavana Gadekar  
(Agastya Gadekar's mother)

2. Dear Teacher,

Thanks a lot for conducting such valuable, informative session on good touch and bad touch. Arranging such sessions is really important for students as they are into mid-age. This session is really helpful for students and specifically for girls about how to behave in society and how to interact with unknown persons in society. I am really thankful to HM and society for arranging session on such topic. Would request society to arrange such type of sessions more so that it will be helpful to make our students a liable, responsible and matured human being.

My special thanks to Hemangi miss I really appreciate for explaining students such topic very easily by giving examples which helped lot students to understanding topic easily.

Regards  
Mrs.Shreya Joshi  
Parents of Saanvi Joshi  
Std.-6th,N.E.M.School

## 6. School's response:

Naveen Marathi Shala, Pune posted about GTBT sessions in school on heir FB page.



## Annexure II: Quarterly Summary of Achievements

| Quarterly Summary of Activities (Quantitative Achievements) |         |                    |
|---|---------|--------------------|
| Activities/Indicators                                       | Planned | Achieved           |
| No. of MTs trained  | 25      | 25                 |
| No. of FTs trained in Pune                                  | 150     | 185                |
| No. of FTs trained in Ahmedabad                             | 25      | 18                 |
| No. of students reached in Pune                             | 15000   | 27729              |
| No. of students reached in Ahmedabad                        | 2500    | 0                  |
| No. of parents reached in Pune                              | 7500    | 3700+              |
| No. of parents reached in Ahmedabad                         | 1250    | 0                  |
| No. of organisations reached in Pune                        | 12      | 5                  |
| No. of organisations reached in Ahmedabad                   | 3       | 0                  |
| No. of social media posts                                   | 4       | 3 Podcast episodes |
| No. of webinars   | 1       | 1 Webinar          |