

**Jnana Prabodhini Samshodhan Sanstha
510 Sadashiv Peth, Pune - 411030**

Thursday afternoon Seminar Series

Time 3 – 4.15

Sr. No.	Date	Name	Topic	Number of Participants	Abstract
1	29/9/2022	Aparnagouri Phatak, Anushree Bodhale, Neha Kshirsagar	Comparison of pre-pandemic and post-pandemic scores on iA Aptitude Test developed by Jnana Prabodhini Samshodhan Sanstha	38	The present paper uniquely studies the difference between scores before and after the pandemic on eight abilities, six orientations and seven coping styles as measured by iA Aptitude Test developed by Jnana Prabodhini Samshodhan Sanstha. The present comparative study used a quantitative design. The pre pandemic data for the year 2019 consisted of scores of 1822 and post-pandemic data for the year 2022 consisted of scores of 1591 students. A Mann-Whitney U test was used to analyse the data. There are interesting observations arising out of the analysis. Based on the statistical analysis, exploratory areas for future research have been suggested.
2	13/10/2022	Dr. Anuradha Ohal, Nilima Apte, Urmila Dixit	1) Review of Aptitude Test and Career Guidance Department's work regarding iA test since 2015 to 2022 2) Challenges and opportunities in Career Guidance, Experiences of Counsellors	25	

3	10/11/2022	Shamangi Deshpande, Prerana Karulkar	Effect of self awareness programme implemented for adolescents in 2019-20 on awareness about and attitude towards addiction and sexuality	27	<p>The present paper is based on a study designed to find out the impact of training on the level of awareness through psycho-educating adolescents about the ill effects of addiction and risks encountered in sexual and reproductive health. Adolescents from various schools of Pune city aged 13-16 years were provided educational intervention and were tested before and after the intervention on pre-designed tests. A total of 4005 adolescents and 210 trainers participated in the study. The data was compiled in excel and data analysis was done in SPSS. From the study, significant improvement in the knowledge of sexuality issues and gender sensitivity ($= 20.85$ at $p=0.00$), myths, and misconceptions about addiction ($1-3.86$ at $p=0.00$) was evident. There was a positive change in assertiveness, level of frustration tolerance, delay in gratification, and locus of control ($t=7.09$ at $p=0.00$) after the educational intervention. As compared to males, females have shown improvement in understanding of sexuality issues and emotional regulation but in awareness about addiction, no significant difference was noticed in both. The problems of addiction and unhealthy sexual practices can be controlled by effective psycho-education awareness programs. Such preventive interventions should be aimed at younger age groups, focusing on before the usual age of initiation.</p>
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4	24/11/2022	Dr. Sucharita Gadre	Exploring the mental health of women police and administrative officers from Maharashtra during COVID 19 pandemic	18	<p>This is a study of mental health, mental health problems and ways of coping among women officer's in police and administrative departments at the backtop or cord 19 otal 354 women officers from 2 divisions of Maharashtra State were the participants of the study. Quantitative data was collected using six standardized self-report tools. Qualitative data was collected by using interview, and focused group discussions (FGDs). Results showed that police officers found it difficult to maintain the efficiency and administrative officers found in even more difficult leading to 'Productivity Loss". Productivity loss among administrative officers increases significantly with age. With increased age Level of 'Productivity' consistently increases significantly among both police officers as well as administrative officers. 'Mental Health Problems' are reported to be significantly more by police officers as compared to admin officers. All officers report moderate level of 'Depression and low level of Anxiety".</p> <p>Ways of Coping: Use of Positive Coping Strategies' is reported significantly more by admin officers as compared to police officers. This use is similar in first two age groups 25 to 45 and increases in further two mature age groups of 46 onwards, Scores on negative coping strategies for all groups vary in the moderate level range.</p>
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5	8/12/2022	Dr. Ajit Kanitkar	Rebuilding lives and livelihoods: A study of women who lost husbands in Covid-19	30	
6	22/12/2022	Dr. Savita Kulkarni	Designing competitive aptitude test battery	24	
7	5/1/2023	Dr. Akash Chaukase	Competence, Commitment and Concern – A 3C model for development	40	The field of talent development has for long focused on meeting the needs of high-potential "individuals." However, in a deeply interconnected world where small individual actions can have large impacts on other people and the planet, talent development should focus on inculcating a concern for others while also developing competence in action and commitment to task. This talk will present a model for talent development that integrates the three components-competence, commitment, and concern, and present empirical evidence and research directions aimed at validating the proposed model. A special emphasis will be on developing a collaborative research agenda. Past, current, and future projects to validate the model will be presented.
8	19/1/2023	Dr. Aarya Joshi	अरुणाचल प्रदेशातील आदी आणि इंदु मिश्री जनजातीतील मरणोत्तर विधी आणि पूर्वज स्मरण पद्धतींचा अभ्यास	17	
9	2/2/2023	Mrunmayi Vaishampayan	Development of Self Rating scales for holistic assessment of students at Jnana Prabodhini Prashala: a process review	35	Holistic development of students has been one of the important areas of work and philosophy of Jnana Prabodhini Prashala. Likewise is the assessment of this development. Jnana Prabodhini Prashala focuses on the 7 domains of development of each individual, including physical, emotional, intellectual, psychomotor, social, leadership and attitude.

					Assessment of longitudinal development of all the students in these domains becomes crucial in order to provide guidance about their potential inclination in their passing out year of school. This study puts some light on the assessment tool development exercise going on at Jnana Prabodhini Prashala, focusing on the self rating scales developed recently.
10	16/2/2023	Dhanashree Bodhani	Factors Affecting Psychological Health of Hospital Staff and Coping Behaviour during the COVID 19 Pandemic: A Cross Sectional Study from A Tertiary Care Hospital in Pune	24	Background and objectives: The Covid -19 pandemic spread rapidly in India by June 2000 with Maharashtra accounting for the highest number of cases that challenged the physical and psychological wellbeing of health care workers (HCWs). This study conducted at a tertiary care hospital in Pune, explored factors associated with stress and health among Hospital staff and their coping behaviours. This was to identify barriers faced by them in providing health care and devise strategies to improve health care quality during pandemics in future. Methods: Questionnaires eliciting personal and demographic details, social experiences, infection related questions, barriers faced by Hospital staff in care giving and that on psychological states of 2941 Hospital staff were administered during the peak phase of the first wave of the pandemic. Results: Being in close contact with Covid -19 positive patients, age, gender, being a nurse, having to travel to place of work, relocation of self or family, comorbidity among family members, loss of income, poor knowledge about the pandemic, lack of exercise and poor participation in sports triggered negative emotions among Hospital staff. Interpretation and conclusions: The study

					underlines the importance of interventions at the organisational level that include a conducive work environment that supports hospital staff by periodic evaluation of the problems they face, creating awareness and support groups for women and their families, continuing education on prevention of infections among hospital staff, provision of need based psychological support and focus on exercise and sports based services for hospital staff and their families.
11	2/3/2023	Pallavi Paradkar	Artificial intelligence ची ओळख आणि याचा वापर करून निर्मिती झालेले Chat GPT	19	
12	16/3/2023	Shri. Vivek Sawant	Technology, society, education and values - scenarios of the coming 3 to 5 years	41	
13	30/3/2023	Dr. Manisha Shete, Manasee Bodas	भारतीय मुस्लिम स्त्रियांना शिक्षणामुळे मिळणारी संधी, प्रेरणा व आत्मविश्वास याचा अभ्यास	26	२०१७ पासून मुस्लीम महिलांना शिक्षणामुळे मिळणारी संधी, प्रेरणा व आत्मविश्वास यावर अनौपचारिकपणे अभ्यास सुरू केला होता. Covid मुळे त्यात काही खंड पडला. पण नंतर पुन्हा सुरवात झाली. शिक्षणामुळे मुस्लीम महिलांच्या जीवनात कशा प्रकारे बदल होत गेला हे समजून घेण्यासाठी २१ महिलांच्या प्रत्यक्ष दीड ते दोन तासांच्या मुलाखती घेण्यात आल्या. या मुलाखती साठी झालेला अभ्यास व त्यातून समोर आलेले निष्कर्ष यांचे सादरीकरण या बैठकीत होणार आहे.