

# Child and Adolescent Psychology: Enhancing Potentials

**An Autonomous Correspondence/ Blended Certificate Course** 

# **PROSPECTUS**



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#### The Parent Organization: JNANA PRABODHINI (JP):

JNANA PRABODHINI (JP) is an educational organization founded in 1962 by Dr. V.V. alias Appaji Pendse to develop leadership among youth and help the process of social reconstruction and nation-building. It is a non-political, non-profit organization.

'Jnana Prabodhini', which means awakener of knowledge, aims at an all-round development of student's physical, intellectual, emotional, and spiritual qualities and the intellectually gifted in particular. This development should lead to the enhancement of leadership qualities, motivation building and attitude forming, understanding of India's problems, and the aspiration for contributing towards their solution. For this purpose, JP is working on four major fronts as shown below:

#### **EDUCATION**

- \* Special school for the GIFTED
- \* Schools for the selected industrial complex and in a rural area
- \*'Chhatra Prabodhan' a periodical
- \* Youth Centers
- \* Competitive Examination Center

#### **INDUSTRY**

Small-scale enterprises in the city & Rural areas

# IDENTIFICATION AND CULTIVATION OF HUMAN RESOURCES

#### RESEARCH

Jnana Prabodhini Samshodhan Sanstha (J.P.S.S.)

- \*Psychology
- \*Sanskrit & Indian Culture
- \*Educational Resource Center
- \* Social studies center

- \* Talent search
- \* Non formal education of the farmers
- \* Agricultural activities
- \* Construction of bunds, roads, culvert biogas plants

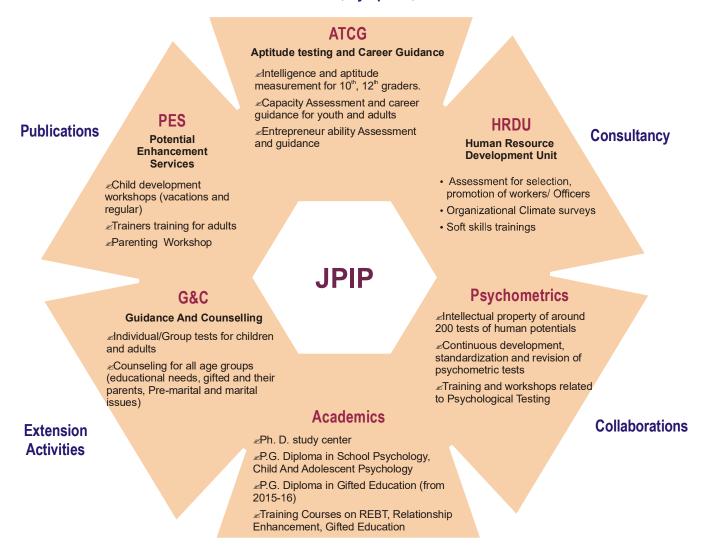
#### RURAL DEVELOPMENT

#### JNANA PRABODHINI'S INSTITUTE OF PSYCHOLOGY (JPIP) i.e. PRAJNA MANAS SAMSHODHIKA

Jnana Prabodhini works in many fields, especially in educational and social areas. Jnana Prabodhini Samshodhan Sanstha is a research wing of this organization, which includes Jnana Prabodhini's Institute of Psychology (JPIP) as a Psychology section. JPIP is engaged in research related to the enhancement of intelligence and personality. This research has a wide application to persons of various age groups and from multiple vocations. Apart from research, JPIP provides services through its six different departments as follows......

# JPIP applies its Research through its six sections:

**Events: Conferences, Symposia, Seminars** 



Library: Books, Psychological Instruments

#### **Functions of each Department:**

#### Research

Conducting Research projects on various social-psychological issues and Training and directing students, and researchers regarding the research process is the main function of this department. JPIP has conducted research in Psychometrics, Developmental Psychology, School Psychology, Educational Psychology, Indian Psychology, Organizational Psychology, Defence Psychology, and Psychology of Gifted. UGC, NCERT, SCERT, ICSSR, SRTI, TATA TRUST, NCY, and the University of Utrecht (Psychology Department) are some of our funders.

#### Psychometrics

Preparing, Adaptation and revision of tests is the main function of this department. We prepare tests for Students, Teachers, Professors, Researchers, Social Workers, Employees in Industries, Banks & Public Sector Undertakings, Parents & Lay-men of all age levels, rural & urban, gifted literate & illiterate people, also people from India & abroad.

#### **10** Potential Enhancement Services (PES)

Arranging and running the programmes for child development is the main function of this department. Along with that we conduct several programmes for parents, teachers, and facilitators. We also design need-based training modules for all age groups, and provide consultancy for some such programmes.

#### Guidance and Counselling

We have two cells for counselling: First is 'Guidance and counselling' which works for children, youth and adults for academic, emotional, marital-pre-marital and behavioural problems. The other cell provides remedial teaching for school children who face academic difficulties.

## Aptitude Testing and Career Guidance

Recognizing the need of the, in the decade of the 90s, Jnana Prabodhini started a special cell for career guidance and counselling. From 6<sup>th</sup> std to adulthood, assessments are done for career guidance. 'AIM' (Aptitude and Intelligence Measurement), which works for Aptitude testing and career guidance for the students of 10<sup>th</sup> std to 12<sup>th</sup> std., 'SWAYAM' ('Studies and Work-related Abilities in Youth – Advance Measurement')for the higher age group i.e. for graduation and above and also for professionals. These tests are used to guide them regarding career choice or career shift. 'BEAM (Battery for Entrepreneurship Aptitude Measurement) is a useful tool to assess aptitude of budding entrepreneurs.

#### Academics

Developing Psychology and related courses to help the professionals with excellent knowledge and experience and to improve upon quality of work by considering Psychological point of view is the major function of this department. There are Post Graduate diploma courses affiliated to Savitribai Phule Pune University. One is 'P.G. Diploma in School Psychology' and other is 'Education of the Gifted: Methods and Strategies'. Along with CAPEP, we run many other short term courses like training in REBT, relationship counselling course-Enhancing Relationships for Positive Mental Health (ERPMH) etc.

### Corporate HR Services

JPIP started HR services from the view to Assist HR Department in the Organizations. Competency Assessment Services (CAS), Facilitation / Training in Behavioral / Soft Skills and Research (Surveys and Studies) are the main services offered by this department.

#### **Recognition:**

JPIP is registered as a Research Institute by the State Government, the University of Pune under (University Act of 1974 Section 46) and the University Grants Commission under Section 2(f) and 12(B). It also enjoys the recognition by the Central Government undersection 35(1) (iii) of the Income Tax Act 1961.

#### CERTIFICATE COURSE IN

#### CHILD AND ADOLESCENT PSYCHOLOGY: ENHANCING POTENTIALS (CAPEP)

#### What does this course aim at?

This course aims at orienting the students

- to learn the stages of child and adolescent development
- to recognize and enhance potential among them
- to understand and deal with their problems

#### Who will be benefited?

- Psychologists, who serve as facilitators, counselors and as educationists
- Parents, Grand Parents and others care givers, who want to raise children effectively
- **Teachers**, who want to know the students, recognize individual differences among them, to deal with them effectively and to enhance their potentials
- **Doctors and paramedical professionals,** who are the prime agency to deal with problems in the children and their parents
- Social workers, Coaches, who want to learn about the psychological principles and implement them for child and for family welfare, skill development
- And any individual interested in knowing and nurturing children and adolescents

#### Who are eligible for this CAPEP course?

Graduates of recognized university in any discipline working or having desire to work in the area of children and adolescents. **No age bar!** 

#### The prologue:

This is a unique course designed by team of psychologists in Jnana Prabodhini's Institute of Psychology. The institute is working for more than forty years in the area of identifying and nurturing potentials among the children. The course is based on extensive theoretical and applied research done in the institute.

#### What is special about CAPEP?

- Correspondence/ Blended course— No need to attend lectures
- Extensive contact sessions
- User friendly study material
- Self-study and project work
- Expert team of psychologists for guidance
- Emphasis on assignment, workshops, presentations
- No written final examination
- Immediate and wide applicability of the knowledge
- Opportunity to work with JPIP

**Duration of CAPEP:** Six months

**Medium of Instruction:** English / Marathi

#### **Contents:**

#### **Module I: Psychology of Human Potentials**

- Unit I Nature of Cognitive Potentials
- Unit II Nature of Non-Cognitive Potentials
- Unit III Learning
- Unit IV Intelligence
- Unit V Transforming Gifts into Talents

#### Module II: Development in Childhood and Adolescence

- Unit I Nature and Scope of Development
- Unit II Development during Infancy and Toddler hood
- Unit III Development during Early Childhood
- Unit IV Development in Middle and Late Childhood
- Unit V Development during Adolescence

#### Module III: Adjustments and Common Difficulties in Childhood.

- Unit I Role of Family in the Development of Children
- \* Unit II Establishing and Handling Difficulties Related to Physiological Habits
- \* Unit III Common Behavioral Problems
- Unit IV Adjustment to School and Academics
- Unit V Emerging Concerns

#### **Module IV: Practical**

- \* Developing training programs for enhancing potentials of children (Training workshop will be conducted in Two days' contact session during the semester)
- \* Conducting at least two hours' training program for the skills' development for 8-10 children.
- \* Report writing and presentation.

#### Will I Get Job after this course?

This course though does not guarantee a job but may help in getting Jobs in various Institutions like Schools, Orphanages, Hostels, Rehabilitation centers, Day care centers etc. Free lance services are possible after completion of this course. You will get an opportunity to work with JPIP.

#### What about Study Material?

We shall deliver the study material to candidates by hand or by post. The **Postal Charges will have to be borne by the candidate.** We will give a list of books to be used as texts and for references. Candidates are advised to purchase some relevant books and to join some local library for accessing books and periodicals. JPIP library is also available for reference.

All the study material, tutorial questions and examination questions will be both in English and Marathi. Candidate has to choose the medium of answer at the time of Admission to get the appropriate book set. However, candidates may opt to change the language for writing answers. Candidates should choose only one language, either English or Marathi, for writing all the submissions and examination. Mixed language will not be allowed.

**Study material will be handed over to the candidate only after complete remittance of the course fees.** For Practical Module, workshops, seminars, panel discussions, etc. will be organized, attendance for which is compulsory. If the candidate remains absent for them, JPIP will not be responsible to rearrange or repeat the same.

#### What will be nature of Evaluation and Examination?

#### **Continuous assessment (Assignment)**

The candidate needs to submit assignment of each unit, that means five assignments per module for each of the three modules. Completion and submission of 15 assignments will be the essential condition for appearing for the final examination. There will be 100 marks for assignments for each of the theory modules (Total 400 marks).30 marks will be for activity session report and 20 marks for the essay writing.

#### **Summative assessment (Final Examination)**

The final exam will consist of demonstration of activity (25 marks) and viva (25 marks). It is necessary to secure at least 50% marks in each of the assignments.

Candidates will have to submit detail report of conducted training program. (30 marks)

#### At the time of the examination

- a) Candidates are expected to design and present one training activity in the social-emotional skills, study skills, creativity etc.- other than Submitted (20 marks)
- b) A viva based on demo of activity as well as theory modules at the time of exam, attendance for which is compulsory.(50marks)

All the assignments can be handwritten (scan it) or typed and have to submit in the Google classroom.

#### Eligibility for award of certificate:

- 1. Candidates are eligible to appear for the examination only when they complete **100%** of the assignments successfully within stipulated time.
- 2. Candidates will have to appear for the examination at the end of the course at the prescribed place.
- 3. In order to pass in a given theory and practical course the candidate is required to secure at least 40% marks in each separately. Passing criteria for the course will be minimum 160 marks in total 15 assignments.
- 4. The grades will be awarded to the students on the basis of aggregate marks in all the four modules.

#### The Grading system is as follows:

Marks	Grades	Grade Points		
90 – 100	О	10		
80 – 89	A+	9		
70 – 79	A	8		
60 – 69	B+	7		
50 –59	В	6		
40 – 49	C+	5		
Less than 40	С	4		
The minimum grade to pass an individual module is C+. The grade Point Average (GPA) is given at the final Examination				

For Award of Final Diploma			
<b>Total Grade Points Earned *10</b>			
GPA	Final Grade		
8 – 10	A+		
7.0 - 7.9	A		
6.0 - 6.9	B+		
5.0 - 5.9	В		
4.0 - 4.9	C+		
Below 4.0	C – Fail		

#### **Some IMPs:**

- Candidates who have failed or who have not appeared for the examination in 1<sup>st</sup> attempt have to pay separate examination fees while re-appearing for the examination.
- Candidates who are not present for the Training Session in their regular batch, need to attend the training with one of the next two batches and pay its fees separately.

**Please Note:** Candidates who have failed in their regular batch can complete the course in the next two batches. If they fail to complete the course in an extended time, they need to take fresh admission again.

#### **Documents Necessary at the time of Admission**

- 1) One Passport size photograph.
- 2) Statement of Marks of Graduation True Copy (i.e. Attested)
- 3) Passing/Degree certificate of Graduation True Copy (i.e. Attested)
- 4) Marriage Registration (if applicable) True Copy (i.e. Attested)

#### **Fee Structure:**

Sr. No.	Heads of Fees	Amount
1	Admission Fee	Rs. 1000/-
2	Study Material	Rs. 4000/-
3	Tutorials/ Project/Seminars	Rs. 1500/-
4	Workshops	Rs. 1452/-
5	Examination	Rs. 500/-
6	Prospectus	Rs. 150/-
7	Library	Rs. 296/-
	Total Fees	Rs. 8,898/-
	CGST 9%	Rs. 800.82/-
	SGST 9%	Rs. 800.82/-
	<b>Total fees (Inclusive of Taxes)</b>	Rs. 10,499.64/-

- \* ROUNDED OF Rs. 10,500/-
- \* Fees should be paid Online.

#### **General Rules and Regulations**

- 1. The decision of JPIP for the admission of an applicant will be final.
- 2. Course fees once paid are not refundable under any circumstances.
- 3. The management reserves the right to add and or amend these terms and conditions as required from time to time and the same shall be binding on the applicants.
- 4. Any breaks taken during the course should be communicated to the office well in advance.
- 5. Observance of the general rules of Jnana Prabodhini is necessary.
- 6. Candidates who successfully complete CAPEP will be offered a 'Certificate in Child and Adolescent Psychology: Enhancing Potentials '

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#### **Advisory Committee:**

#### 1. Let. Prof. Usha Khire,

Trustee, Jnana Prabodhini Samshodhan Sanstha

#### 2. Dr. Girish Bapat,

Director, Jnana Prabodhini; Chairman, Jnana Prabodhini Samshodhan Sanstha

#### 3. Prof. Vivek Ponkshe,

Dy. Secretary, Education Wing, Jnana Prabodhini

#### 4. Dr. Suneeta Kulkarni,

Member, Advisory Committee, Jnana Prabodhini Samshodhan Sanstha; Psychologist, trainer and expert in distance learning course material

#### **Faculty Members**

#### Dr. Smt. Vanita Patwardhan, M.A., M.Ed., Ph. D. (Psychology)

Ph.D. Guide, Reader, Principle investigator on research projects on thinking skills, women leadership, and organizational psychology. A renowned HR trainer

#### **Dr. Sujala Watve**, M.A. (Clinical Psychology), Ph.D. (Psychology)

Senior Research Psychologist in research projects on Follow-up of the Gifted Students, working as Counselor in Clinical field for last 20 years. Clinical Practitioner

#### Dr. Mrs. Anagha Lavlekar M.A. B.Ed., Ph.D. (Psychology)

Net qualified, Reader, Principal Investigator on research projects on Social Awareness, Satisfaction Profile, Gender and Sensitivity training and comprehensive child development programme

#### Dr. Sucharita Gadre, M.A., Ph.D. (Psychology)

Senior Research Psychologist in research projects on Effect of School Environment, Follow – up of the Gifted Students

#### Mrs. Usha Athavale, M.A. (Clinical Psychology)

Certificate in Applied Psychology (TISS, Mumbai) Guidance Counselor, Conduct training programs for Psychological Assessment

Along with above, renowned psychologists, educationists, counselors and psychologists from Pune, NCERT, and Universities in Pune and from abroad are invited as guest lecturers.

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