



JNANA PRABODHINI'S INSTITUTE OF PSYCHOLOGY

Trainers Training for Study Skills Workshop



Opportunity to learn how to facilitate study skills for students.

**28th and 29th March 2025
Time- 10am to 5pm**

Topics Covered

- Motivation and Goal setting
- Time Management
- SQ4R Method of Learning
- Types of Notes Taking
- How to study Mathematics effectively?
- How to explore online learning opportunities?
- Memory Skills
- Exam Preparation
- Stress Management

For Psychologists, Teachers and School Counsellors

Fees: 2000/- + 18% GST

(Participants should carry their lunch. We will provide tea and evening snacks + study material)

Venue- Baithak Kaksh, 5th floor, Jnana Prabodhini Bhavan, 510, Sadashiv Peth, Pune-411030

Last date of Registration 26th March 2025



For registration and payment contact:

Yogita Maniyar (Monday to Saturday, 11am to 6pm)

(Ph.020- 24207145/ 9022725820 WhatsApp)