JNANA PRABODHINI SAMSHODHAN SANSTHA

ANNUAL REPORT



2024-25

JNANA PRABODHINI SAMSHODHAN SANSTHA

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Jnana Prabodhini Samshodhan Sanstha (JPSS)

Report for the year 2024-2025

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Jnana Prabodhini Samshodhan Sanstha (JPSS) Report for the Year 2024 – 2025

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Jnana Prabodhini Samshodhan Sanstha

Annual Report

2024-25

Introduction

The year 2024-25 ended with mixed feelings, accomplishments about of happy colleagues in Jnana Prabodhini Samshodhan Sanstha (JPSS) as also a deep sense of loss and void on account of demise of Dr. Ushatai Khire. During the year, several researchers presented their studies in academic conferences organised outside India and in the country too. While we celebrate and report their collective achievements, it was also a year of grief to mourn the death of our founding member, Dr. Ushatai Khire. Dr.Smt. Khire breathed her last on 23rd November 2024 after an illustrious and impactful contribution to the idea of Samshodhan Sanstha. She laid the foundation of the institution. Our heartfelt gratitude for her contribution that spanned over fifty years. In this report, we have presented a short overview of her contributions.

The JPSS researchers presented their academic papers in various conferences like 18th Asia Pacific Conference on Giftedness in Kagawa University, Takamatsu, Japan; International Conference for Gifted Education at Pune; 5th global conference on Addiction Medicine, Behavioural Health and Psychiatry (GAB2024) at Baltimore, USA; and 34th Convention of National Academy of Psychology at New Delhi; Bharatiya Shikshan Mandal, New Delhi.

The Institute of Psychology is undertaking a year-long action research project titled "Status of Addiction in Pune City". Data collection from 1800 respondents is complete. The analysis of the data will shed light on the current status of addiction in the city. It will also suggest remedial measures to overcome this problem. This study is critical given rampant availability and use of drugs not only in Pune but also across the country. The study will be a small step in raising awareness about this societal problem.

With increased digitalisation influencing everyday functioning of our society, we are shifting from a paper-pencil test format to a more convenient digital platform for many of our psychological assessment tools. A digital format will enable better access for students, teachers and educators to avail the IPSS's standardised tests.

A team of researchers designed a test that measures practice of three Olympic values namely excellence, respect and friendship.

The Capacity Building Commission (CBC) is a recent initiative of the Government of India. Dr. Balasubramaniam, Head HR of CBC visited JPSS and JP on 11th April, 2024. Researchers shared the work of JPSS. As a follow-up to this visit, CBC entrusted curating a learning module 'Gender at workplace' to the psychologists in JPSS. This learning material will be uploaded on the CBC run IGOT platform. All the officers of Central Government are mandated to participate in these self-paced learning courses. We look forward to collaborate with the government in developing more learning resources.

All educational institutions in the country are gearing for implementing the recommendations of the NEP 2020. JPSS signed an MoU with Deccan Education Society's Pune University (DESPU) (an autonomous university). DESPU invited JPIP faculty to teach two credit courses namely Career Guidance and Counselling (Basic and Advance) and Youth Sexuality. Both the courses were well received by the students. We intend to develop more such courses and offer these to the students in other colleges both in-person and hybrid mode.

A noteworthy activity that continued throughout the year was a drive for raising financial resources. I am pleased to report that many well-wishers generously responded to our appeal. As a result, during this year, the institute

purchased 2 acres of land on the outskirts and yet within the boundary of the Pune Municipal Corporation. We have the dream to utilise this place to build a National Academy of Leadership Development and Research in the near future.

Sanskriti Sanshodhika (Santrika) is gearing towards a year-long celebration of the golden jubilee that will commence in July 2025. During this year, the researchers in Santrika continued research on the project titled, "The expectations of bride and groom about wedding rites performed by Jnana Prabodhini and traditional Vedic marriage rituals based on Hindu Dharma Shastra and the response of religious scholars and priestly members to such changes in marriage rites". Santrika priests were invited to conduct wedding ceremony of eight couples belonging to economically disadvantaged

community. Of the eight, two were visually impaired. All of them found the ceremony meaningful and enriching. The ceremony opened a new window of learning for Santrika priests too. During the year, we interacted with over 5000 families who had invited Santrika purohits for several functions.

Our gratitude to members of the Executive Committee, Research Advisory Committee (RAC), the Institutional Ethics Committee (IEC), numerous donors, philanthropists, officials from CSR departments of corporates, resource persons from educational and training institutions for their continued support to several activities of JPSS. We are thankful to all of them. Please do share this report to others in your networks. We appreciate your feedback and comments on this report too.

Ajit Kanitkar Secretary Gurupournima 10th July, 2025





A Tribute to late Prof. Dr. Usha Khire of Jnana Prabodhini Samshodhan Sanstha

A leading researcher in Psychology and Education from Pune, India

Dr. Ushatai Khire breathed her last on 23rd November, 2024. In her career spanning over fifty years, *Ushatai* as she was fondly called by one and all, Dr. Khire was a leading light for many in the field of psychology, education, and well-being. After receiving her Ph.D. in Psychology from Pune University (now SPPU) in 1971, her career was devoted to seeding and nurturing numerous initiatives first at Jnana Prabodhini (JP) and later in the sister research institution Jnana Prabodhini Samshodhan Sanstha (JPSS).

Under her visionary leadership, the Jnana Prabodhini Institute of Psychology (JPIP) grew from a small research centre to a nationally acclaimed Centre of Excellence. She was the Director of the project for development of 120 psychological tests based on Guilford's concept of Structure-of-Intellect (SOI). The SOI model later was used to assess aptitudes and ability for career guidance. She visualised need for a full-fledged teaching programme for career counsellors for schools and another programme for nurturing high ability students. Both these post graduate programmes are now the flagship activities of JPSS. She was a Life member of JP and a Founder member of JPSS. She was also appointed as a member of the Managing Committee, JP.

She held several positions such as Joint Secretary, Jnana Prabodhini (1987-1990), Secretary, Jnana Prabodhini Samshodhan Sanstha (1986-2008), President Marathi Manas-Shastra Parishad (1994-1996) and the National Supervisory Psychologist - Mensa India - a branch of international organisation working for intellectually high ability persons (till 2012).

Her publications include several books and research papers on intelligence, giftedness, creativity, and nurturance of intelligence. Her contribution was acknowledged with several awards, the prominent being the Fulbright Senior Research Fellow (1990); Life-time Achievement Award by Mahatma Gandhi Centre for Values and Thoughts (GIF-Singapore) (2010); Maitra Manache Award by Sigmund Freud Mental Health Research and Psycho Analysis Institute Pune, Indian Psychiatric Society Pune and Pune Psychiatrist Association (2019); and Recognition of Lifetime Contribution award from Kannada Sangha Pune's Kaveri College of Arts, Science and Commerce in association with Kaveri Gifted Education and Research Centre (2024). Nine students completed Ph.D. research under her guidance. Her latest co-authored book "Khire, U., Sowani, D. (2021) Intelligence, Creativity and Giftedness: An Indian Perspective, Mumbai: Himalaya Publishing House" is probably one of the first few books on this topic, integrating the Indian and the western concepts in intelligence.

Prof. Usha Khire was a friend, philosopher, and a mentor to one and many. Her compassionate interactions with all, devotion to work, insistence on systematic approach to work, calmness despite adversities and enthusiasm even at the ripe age of ninety will continue to inspire many of her students, researchers, teachers, and volunteers at JPSS.

Our deepest respects for her contributions. We resolve to continue to work on the path she has shown to us.





















Research Projects Completed

During the reporting year eight research projects were completed and seven new projects were initiated.

1) Good Touch-Bad Touch-360°



Child Sexual abuse (CSA) is the most cruel and tragic occurrence and a serious infringement of a child's rights to health and protection. The report released by the National Crime Records Bureau (NCRB) showed that out of the total cases of crime against children registered in 2021, around 36.05% were under the Protection of Children from Sexual Offences Act (POCSO). Such traumatic experiences can result in the breakdown of child's physical and psychological health.

To address this alarming phenomenon, an intervention programme "Good Touch Bad Touch 360°" is being conducted in the cities of Pune and Ahmedabad with the Tagline - "Breathe Free - Say No - Stop Abuse". The objective of this programme is to strengthen the complete ecosystem around children, including Parents, School Teachers/NGO Facilitators and Children (mainstream and with special needs), and to empower them to recognise, resist, and report instances of abuse effectively. According to the age group of the



topics in the intervention students, the of this programme include sessions identifying good and bad touch, personal hygiene, understanding different forms of abuse, appropriate actions and methods of reporting abusive behaviour, information about reproductive organs, online sexual abuse, and potential risks associated in heterosexual attraction.

Sample at a glance

Activities/Indicators	Actual Numbers
Master Trainers (MT)	25
Field Trainers (FT) in Pune	240
Field Trainers in Ahmedabad	82
Students reached in Pune	41905
Students reached in Ahmedabad	4765
Parents reached in Pune	6165
Parents reached in Ahmedabad	179
Organisations reached in Pune	19
Organisations reached in Ahmedabad	4

The awareness sessions for parents and organisation/school staff (including teaching/non-teaching staff, rickshaw/van uncle, etc.) include the information about CSA, POCSO, their responsibilities in preventing such incidences and the steps should be taken in case such unfortunate incidence happens.

Researcher-made grade-wise assessment tools were used to assess the conceptual understanding students of from this awareness programme. The study results showed 68-88% students across age groups, getting significant clarity about good and bad touch, understanding of the body parts that should never be touched by other people, general hygiene and precautions for good health. The students were able to recollect the child helpline number. Little elder students could differentiate between appropriate and inappropriate behaviour and could make appropriate choices regarding actions decision-making in situations related to CSA.

During the school intervention sessions, the participatory data was collected from students through activity sheets and story-writing exercise. A quantitative and qualitative analysis was conducted on a random sample, which revealed the students' understanding of the topic and its lasting impact on their minds.

The quantitative and qualitative analysis of the feedback from parents and organisation staff was done. Some responses showed that there was still confusion in their minds about whether to take any action if either the victim was an acquaintance or the victim child was known to them. Some of them also expressed that such awareness sessions might instil distrust in children's mind about people close to them. This emphasised the need for more such sessions for parents and school staff.

Children with special needs also require awareness on this subject, and in fact, they may be at a higher risk of sexual abuse. To better understand their needs and how to effectively address this topic, a round table meeting was convened with experts in the field. Participants included psychiatrists, occupational therapists, remedial teachers, volunteers, school teachers, representatives from organisations working with hearing-impaired, visually impaired, and specially abled children. The meeting yielded valuable insights into their specific needs and expert recommendations on crafting tailored content. Subsequently, the content for the intervention sessions was developed collaboration with Suhrud Mandal hearing-impaired children, Poona School for Blind Girls, and the Prism Foundation for children with cognitive disabilities. Pilot sessions of Visually Impaired girls were conducted for girls in grades 1 to 8. While much of the original content remained unchanged, a collection of objects-such as a pin, fur, cotton, and a soft toy – was specially prepared to illustrate different types of touch. These tactile items were used to help the children grasp the concepts of good and bad touch. Recognising the significance of tactile input for visually impaired children, these modifications were incorporated into the activities.

Pilot sessions of Hearing-Impaired children were conducted at Suhrud Mandal School. Based on feedback from these sessions, a few changes were made in the content before finalising it. Training was conducted for teachers of Hearing-Impaired children in the Pune district. These teachers have since begun conducting sessions in their respective schools.

Pilot sessions of children with Mild Cognitive disabilities were conducted at Prism Foundation school for students with chronological age of 8 to 12 and mental age of 4 to 7. For this group, the concept of good touch, bad touch was supplemented by concept of core family, friends, stranger-danger, body parts, hygiene, concept of swimming costume area. A story with lots of visuals was created as a good medium to work with such students.

The Telelogue platform, namely "बाल संवाद कड़ा" received on an average 25 calls per month. Some being critical cases which required further counselling in person, and some cases were referred to psychological testing. Even after the completion of the project, this platform has been retained considering the grave need children have to speak their minds.

As a conclusion, the Good Touch Bad Touch 360 project has made significant strides in raising awareness about child sexual abuse and empowering children, parents, teachers, and communities with the knowledge and tools to prevent and address this sensitive issue.

Other important activities done during the project period were:

- 1) "खजिना गोष्टींचा" 4 Marathi and 1 Hindi episode of this podcast series of stories for children were broadcasted. (podcast link-https://podcasters.spotify.com/pod/show/gtbt360/episodes/ep-e2e1h5m)
- 2) Lectures/ Webinars: in all 8 such activities were planned and executed around the theme which received a very enthusiastic response from the participants. (More than 1000 attendees together)
- 3) An oral presentation of research paper on "Good Touch Bad Touch 360° intervention programme: Assessment of Conceptual Understanding of students" was done at the National Academy of Psychology (NAOP) conference in Visakhapatnam.

- 4) A creative song (इटुकली-पिटुकली..) boosting the children's confidence to confront GTBT experiences was composed and was published in animation form which was made available on YouTube for children and parents.
- 5) ''मुलांचे भावविश्व समजून घेताना'' A state-level seminar of one and half days was organised in Pune to discuss various aspects of the emotional well-being of children. This seminar was organised with the aim of exchanging creative ideas on various aspects related to children's emotions and having a joint dialogue between the organisations working with children, researchers, child service professionals as well as teachers and parents. It was attended by 287 participants from Pune and outside Pune. The participants included parents, school teachers, NGO members, psychologists, and volunteers working with children. Guests and experts like Dr. Saleel Kulkarni, Dr. Sandeep Kelkar, Dr. Anagha Lavalekar, Dr. Sriram Geet and Dr. Renutai Gavaskar, Mahendrabhai Sethiya, Madhuri Sahasrabuddhe, and Dr. Ujjwal Nene were the main faculty speakers.
- 6) Training material: Trainers' Manuals in Marathi, English, and Hindi on GTBT 360° along with the picture calendar and activity cards are ready for dissemination and scale up.

Project Director: Shamangi Deshpande

Project Assistants: Ketaki Kulkarni, Shubhangi

Patwardhan

Advisor: Dr. Anagha Lavalekar

Tele Counsellors: Gayatri, Rashmi, Madhura,

Rajashree

Duration: 2 Years

Funded by: Bajaj Finance Ltd

2) Self Awareness in Youth for Anti-Addiction Motive (SAIYAM 3)



The project SAIYAM - 'Self-Awareness in for Anti-Addiction Motive' initiated jointly by Jnana Prabodhini' of Psychology and Tarachand Ramnath Seva Trust in 2019 to combat the rising challenge of addiction. The Sexuality Education and Gender Sensitisation programme is being used as an instrument for the development of adolescents towards preventing / fighting addiction at various levels. This programme focused empowering the Teachers and Volunteers by building their facilitation skills to develop selfregulation habits amongst adolescents to avoid Substance abuse, Media abuse, and sexually risky behaviour.

The aim of SAIYAM 3 was to create awareness among the adolescent students in Pune city about the prevention of and abstinence from the addictions mentioned through 'self-control and selfabove regulation'. The project was initiated in 2023-24 and reached 15,558 students. In the awareness programme, 7,081 parents participated.

The impact of the programme is assessed by collecting data from the students on three tests before and after the intervention.



My Knowledge My Health (MKMH) reports the level of awareness regarding their knowledge and attitude about sexual issues, including gender sensitivity. Myths and Misconceptions about Addiction Test (MMAT) measures the level of awareness concerning myths and misconceptions about addictions. The Emotional Regulation Test (ERT) includes four variables: assertiveness, level of frustration tolerance, delay of gratification, and locus of control.

The gain score results of MKMH reveal that the total of 69% of participants demonstrated a positive change in their awareness due to the intervention. The programme helped the participants enhance their knowledge about reproductive health and sexuality-related information. Regarding awareness level about Myths and Misconceptions of addictions, 69% of the students showed a positive change in MMAT test gain score results, 57% of students showed a positive change in their emotional regulation, it was measured on the ERT test.

Feedback collected from students at the end of the sessions also revealed a positive shift in their attitude. Many expressed increased selfawareness, willingness to avoid addictive behaviours, and confidence to follow a healthy routine.

The research concluded that educating adolescents about the risks of addiction at an early age helps in building resistance and informed decision-making. The age-appropriate content gives relatable, understandable, and suitable information required for the developmental stage of adolescents.

Facilitation helps create a safe and engaging space where adolescents can openly discuss, learn, and grow. The methods used, like

interactive discussions, activities, stories, songs, use of AV aids, and role play, are more effective in creating better awareness among adolescents. Scientific knowledge gives adolescents a clear understanding of reproductive health and risky behaviours, to make safe and responsible choices.

Project Head: Sujata Gokhale **Project Assistant:** Sandhya Khasnis **Advisor:** Dr. Anagha Lavalekar

Duration: 2 Years

Funded by: Tarachand Ramnath Seva Trust

3) Continuous Comprehensive Development Programme for underprivileged children (Navchetana)



The Navchetana project, in its third year, engaged 267 students from 5th to 8th standards, facilitated by a 23-member team comprising various roles essential to the project's success. The programme included 24 structured activities per standard, each with specific objectives aimed at enhancing thinking skills across cognitive, emotional, and social domains for 5th to 7th standard students. For 8th standard students, self-regulation to prevent substance abuse, media addiction, and sexually risky behaviour was the focus.

Utilising J.P. Guilford's Structure of Intellect (SOI) model, the programme developed content that addressed cognitive, social,



mental health, and motivational development. Age-appropriate language and examples tailored the activities for younger students, with increased difficulty in the second year. For 8th graders, the "SAIYAM" programme focused on self-regulation and socioemotional skills enhancement.

A teacher training session on the 'Multiple Intelligence' theory was focused on the facilitation skills and methods for observing and documenting student behaviour and learning. Teachers engaged actively, gaining valuable insights into applying the concepts effectively.

The third-year launch project of Navchetana was held at Navonmesh Vidyalaya. Students showcased their learning through live demonstrations, impressing guests with their skills, confidence, and interactive presentations. The event marked a significant milestone, celebrating collaborative success of the project. Speakers highlighted the strong support from the school, the ADM Foundation's grant, and IPIP's dedicated facilitation team.

The Parent Meeting held at Navonmesh Vidyalaya saw participation from around 120 parents. The session emphasising emotional support and understanding children's needs, and the school leadership. Parents shared positive feedback, noting increased confidence, thoughtful behaviour, and academic improvement in their children due to the Navchetana project.

Students' progress was evaluated using the Behaviour Observation Rating Scale (BORS), which covers cognitive, emotional, social, and involvement domains. For students in 5th to 7th standards, the findings reveal significant improvements across cognitive, emotional, and social domains. 60-70% Approximately of students demonstrated small to moderate gains (1-3 points), while 25-30% showed moderate to high gains (4-6 points). Notably, higherorder thinking skills, such as creative thinking, decision-making, and logical reasoning, showed marked improvement, alongside emotional competencies like self-esteem and motivation, and social capacities like helping, sharing, confidence, and communication.

Attention and involvement parameters also showed significant positive gains.

Paired sample t-tests indicated statistically significant improvements (p < 0.001) across all domains, confirming that these gains were not by chance but were attributable to the intervention. Descriptive statistics indicated increased post-test means with reduced variance, pointing to overall advancement among the majority of students.

For 8th standard students, the 'SAIYAM' focused on self-awareness, programme addiction prevention, and self-regulation. Assessment tools measured gains knowledge about health, emotional regulation, and challenging addiction-related myths. Results showed meaningful improvements: 63% of students exhibited mild to moderate gains (1-3 points) in emotional regulation, while 36% to 40% moderate to substantial knowledge gains (4-6 points) in health and misconceptions about addiction.

The Navchetana project had a measurable impact on students' development. These results underscore the effectiveness of the programme in promoting holistic growth. Many affirmed the importance of such initiatives in education. The facilitators' empathetic communication and consistent support played a key role in this success.

Principal Investigator: Sujata Honap Research Assistant: Prasanna Alone Field Coordinator: Pallavi Kaslikar

Duration: 3 Years

Funded by: ADM foundation

4) Effect of Santulan Om Meditation (SOM) Program on Psychological Well-being, Resilience, and Quality of Life: A Cross-cultural Study of Healthy Youths and Adults



The study aims to assess the effect of the Santulan Om Meditation (SOM) program on subjective well-being, resilience, and quality of life. Additionally, it seeks to explore how the program influences cognitive functions such as memory, creativity, and attention. The effect of the SOM program across different cultural contexts was also studied.

The research process started after the approval from the RAC and IEC of JPSS. The SOM program includes Surya Namaskar, Asana, Pranayam, Jyoti Tratak, Aum chanting, Cosmic prayer, Healing Music, and Yoga-Nidra (Tambe, 2015). The SOM orientation, training, and related queries were handled by the Santulan Ved team. The role of JPIPs was to assess the impact of SOM program designed by Dr. Balaji Tambe, which was conducted by two teams of Santulan Veda. To assess the efficacy program, various standardised scales such as Subjective Wellbeing Scale, Resilience Scale, Quality of Life, DASS-21 (Depression, Anxiety, and Stress Scale), and test of immediate figural memory and Divergent Production of Figural Systems were administered before and after the SOM program.

Initially, 95 individuals (53 from India and 42 from Germany) fulfilling the inclusion criteria and who gave written consent



participated in this study. After data cleaning, descriptive and inferential statistics were calculated using SPSS version 29. The analysis was carried out for those who regularly practiced the SOM program for three weeks and were present for both pre-and post-testing (India=28, and Germany=30). A Paired t-test was used to compare pre-post scores. A separate analysis was done for groups in India and Germany. Results indicate a significant increase in Quality of Life, Satisfaction with life, and a decrease in scores of Negative feelings, Depression, and Stress with a medium effect size. Significant gain in scores of Divergent Production is seen in both groups (India and Germany). A significant increase in concentration and immediate figural memory is seen only in participants from India. Whereas, participants from Germany show a significant increase in Resilience. Results and their relevance with the previous studies are discussed in the research report. The limitation of this study is the lack of a control group. Also, the study was conducted for participants without any prior medical issues.

Principal Investigator: Dr. Pranita Jagtap

Advisor: Dr. Anagha Lavalekar

Duration: 1.5 Years

Funded by: Santulan Ved e.v., Germany

5) Development and Implementation of the Online "JPIP Mind Search Test मनशोध" - A Mental Health Assessment Screening Tool



The "JPIP Mind Search मनशोध" Test was previously administered as a paper -pencil test. It has now been successfully transitioned to digital format. This will make it accessible to more people. The digital version, developed in both English and Marathi, is hosted on the Moodle platform. The digital version includes an integrated automated report generation system.

To support the transition from a paperpencil to a digital format, a dedicated digital was developed facilitate system simultaneous access for multiple participants using their mobile phones, desktops or laptops. This system supports user login creation, unique user ID and password generation, automated test scoring, and report generation. Initially, test scoring and reports were compiled using Microsoft Excel. However, the process has now been upgraded to allow report generation within the Moodle platform. In addition, a mail merge system has



been implemented to share individual reports to participants.

To evaluate the functionality and effectiveness of the online system, a pilot test was conducted with 95 teachers from Jnana Prabodhini's Navnagar Vidyalay, Nigdi. Upon completion, individual reports were shared with all participants.

The digital version was used by Rambhau Mhalgi Prabodhini, Mumbai in a training programme to promote the mental well-being of teachers. Forty teachers completed the test. The Human Resource Development Unit (HRDU) of JPIP used this tool during training programmes in organisations.

Researchers: Jayashree Nangare, Shraddha Shinde **Advisor:** Dr. Sucharita Gadre, Dr. Anagha

Lavalekar

Technology Consultant: Padmaja Joshi

Duration: 6 months

Funded by: Jnana Prabodhini Samshodhan Sanstha

6) Statistical analysis and norms revision for "JPIP Mind Search Test मनशोध" - A Mental Health Assessment Screening Tool

"Mind Search Test मनशोध" is a mental health screening tool developed by Gadre and Watve (2019), comprising 51 items. It assesses six unhealthy domains—depression, anxiety, difficulties in social behaviour, unhealthy thoughts and emotions, behaviour problems,

and psychosomatic disturbances and two healthy domains —productivity and autonomy. The tool is designed to identify common mental health concerns, aid in planning mental health interventions, and support psycho-education of patients, families

and mental health professionals. Initial norms were established in 2019 based on a sample of 402 individuals. Since then, numerous individuals have completed the test in both written and digital formats under various projects at JPIP, with some modifications made to the tool. Therefore, it became necessary to revise the norms for both manual and digitised versions. Data collected from 2019 to 2024 (N = 992), including police officers, teachers, government officials, and individuals of both

genders, were compiled. Using SPSS and Excel, the statistical results were reviewed by experts to establish updated norms. The tool is currently available for administration with revised norms.

Researchers: Sonia Virani, Jayashree Nangare

Advisor: Dr. Sucharita Gadre

Duration: 6 months

Funded by: Jnana Prabodhini Samshodhan

Sanstha

7) Development and Implementation of the Online JPIP Aptitude Test for Design Thinking (Apt-D)

The Aptitude Test for Design Thinking (Apt-D), developed in 2022, was successfully digitised during 2024-25. The duration of the test is two hours. Five ability subtests-Working Memory, Critical Thinking, Visuo-Spatial Ability, Cognitive Ability, and Language Ability- were developed using iSpring Quiz software. In alignment psychological testing ethics, iSpring Quiz Maker facilitated the creation of user-friendly tests, allowing students to appropriately view figural items and multiple-choice questions. These tests were then imported into Moodle via SCORM package links. The remaining

three subtests - Social Understanding, Creative Problem Solving, and one Personality Questionnaire - were transformed to Moodle; an open-source learning management system widely used for blended and distance education. Using its several features, all subtests, its scoring and report generation were finalised. The process for student registration and login management was also established.

Researchers: Jayashree Nangare, Shraddha Shinde

Advisor: Dr. Anagha Lavalekar

Technology Consultant: Padmaja Joshi

Duration: 6 months

Funded by: Jnana Prabodhini Samshodhan Sanstha

8) Living the Values: Exploring How Sports Engagement Influences the Practice of Olympic Values in India

The study was designed in the background of the Olympics held in Paris in June 2024. The study had several objectives: how Indians practice Olympic values in their daily lives, whether individuals who participate in sports exhibit differences in their values, how the level of sports engagement (competitive vs. hobby) and gender affect the practice of Olympic values.

The three core values of the Olympics are Excellence, Respect, and Friendship (International Olympic Committee, 2023a), on which the Olympic movement builds its activities. The value of respect represents respect for oneself and one's body, respect for opponents, the rules, society, and the environment. The value of excellence emphasises constantly striving to become better. At its core, this value is about pursuing personal bests and achieving objectives through dedication and effort. It's not just about winning, but about continuous improvement and self-mastery that stems from a strong body, will, and mind. Friendship is another important value that encourages

mutual understanding between people. This value broadly refers to building a peaceful and better world through solidarity, team spirit, joy, and optimism. Humanity overcomes political, economic, gender, racial, or religious differences and forges friendships in spite of differences. It is about forming bonds with teammates, opponents, and nations. The practice of these values is not limited merely to sports but everyone can aspire to integrate them in their daily lives (International Olympic Committee 2023a).

Based on these values, the scale 'Me and My Life', developed by the researchers, was used for data collection. It consisted 36 items to be rated on a 5-point Likert scale. After content validity, this anonymous survey was conducted before and during the Paris Olympics 2024. A total of 427 respondents (Males=158, Females=269) from various states in India participated in the online survey. After data cleaning, descriptive and inferential

statistics were calculated using SPSS. Results participants with background in any competitive sports demonstrated significantly higher mean on Excellence as compared to non-participants (t=2.10, p=.036)also for the level participation, those who participated in competitive sports are higher on excellence as compared to hobby-level participants (t=-3.72, p = .000). Results revealed significant gender differences in Excellence, males have higher mean than females (t=2.34, p=.020). This study highlights the potential application for nurturing excellence and mutual respect through the organisation of both competitive and recreational sports activities on a large scale.

Principal Investigator: Dr. Pranita Jagtap **Co-Principal Investigator:** Sonia Virani

Advisor: Dr. Ajit Kanitkar **Duration:** 6 months

Funded by: Jnana Prabodhini Samshodhan Sanstha

9) Comprehensive Assessment & Development for Adolescents

The 'Comprehensive Assessment В Development for Adolescents' initiative, implemented during this year provided holistic support to 241 students from standard 7th to 9th across three schools from Pune city. The project provided comprehensive support to students navigating adolescents, a critical developmental stage. It addressed not only intellectual capabilities, adjustment levels, and personality traits through the iTap assessment, but also fostered positive thought patterns via the Yuva Saathi Sessions. It also equipped students with tangible study skills in dedicated workshops. The aim was to cultivate well-rounded individuals poised for both academic achievement and personal growth, ultimately contributing to brighter

future. The students appreciated twenty hours inputs provided during the three months.

challenges like Despite tight time constraints and securing permissions, the intervention proved beneficial, aligning with SDG 4 (Quality Education) by improving learning outcomes and highlighting the importance of such comprehensive development programs for underprivileged adolescents, with future plans for longer-term, continuous engagement.

Project Head: Dr. Anagha Lavalekar **Project Coordinator:** Sayali Medhekar

Duration: 3 Months

Funded by: Wurth Information Technology

India Pvt.Ltd.

10) Individual and Collective well-being: Exploring and comparing perspectives of Shri Sant Tukaram Maharaj and western scientific literature on Positive Psychology

This study explored Sant Tukaram Maharaj's (a Marathi saint-poet) conceptualisation of individual and collective well-being from his well-known literary work 'अभंग गाथा (Abhanga Gatha)'. The study involved an interpretive inquiry to understand viewpoint towards well-being and compare it with the western scientific perspective towards the same. The research process involved reading the Abhanga Gatha and selecting verses (Abhangas) that had words like सुख (happiness), दुःख (sorrow), समाधान (satisfaction), संतुष्टी (fulfilment), etc. in them. The selected Abhangas were then categorised as per the well-being related themes they addressed. Also, meetings with a few experts in Sant Sahitya (literary works of Saints) were conducted to understand their perspective

towards the study theme. After the analysis of Gatha and collating the insights shared by the experts, a few themes were finalised. Some such themes related to individual well-being were nature of mind, nature of सुख (happiness), दुःख (sorrow), pathways to well-being and experience of well-being through devotion. Some themes that discussed collective well-being were - vision of an ideal society, religious and social critique, and universality of consciousness to name a few. In the light of Gatha, well-being is considered as a transformative and transcendental state while also showing the pathways to experience it.

Principal Investigator: Dr. Sanhitta Karmalkar

Duration: 1 Year

Funded by: Jnana Prabodhini Samshodhan Sanstha

JPIP and Tarachand Ramnath Seva Trust (TRST) Pune have a longstanding relationship. Beginning 2019, TRST and JPIP have together launched the SAIYAM (Self Awareness in Youth for Anti Addiction) Programme. The vision of the initiative is creating awareness and preventing the increasing addiction in adolescents. This is the sixth consecutive year where TRST continues to support the SAIYAM initiative. During this year, JPIP and TRST have commenced a major study titled 'Status of Addiction in Pune City.' Another study 'Nirdhar' is to map the longitudinal behaviour change of participants who participated in the SAIYAM sessions. We are grateful to the team of Trustees and staff in TRST for this collaboration over the years. They have been more than a funding partner offering grant support. Both organisations are in regular dialogue to discuss how to make this intervention more impactful, reach more stakeholders and generate diverse range of partners who will take the SAIYAM message to many regions of the country.

Research Projects In-progress

In Psychology

1) Behaviour Change Model for Anti-Addiction Motive (Nirdhaar)

The Nirdhaar project is a three-year initiative and is presently in its second year of implementation. The Nirdhaar initiative, designed as a behavioural change model against addiction, targets middle to high students school through year-long intervention integrates cognitive, that emotional, and behavioural skill-building. The programme, implemented with 498 students across standards 6th to 9th by 27 trained facilitators, emphasises participative learning without directly preaching anti-addiction messages. Instead, it uses group games, role storytelling, and community plays, engagement to promote self-awareness, decision-making, and resilience.



A comprehensive pre-post quantitative analysis of students from 7th, 8th, and 9th standards (N=451) showed statistically significant improvements (p < .001) across 24 parameters. Gains were most notable in decision-making, self-regulation, gratitude, assertiveness, communication, and civic sense, with consistent performance across the cohort. Most students demonstrated small to

moderate skill enhancements (1–6% gain), while high gains (7–9%) were limited, suggesting the intervention's steady but incremental effect.



Qualitative insights and stakeholder feedback corroborated these findings. Observations from community surveys and field visits revealed increased awareness and better emotional expression, with a reduction in behavioural issues like aggression and disrespect. Parents and educators recognised noticeable positive changes, though some students still required targeted support in areas like critical thinking and self-regulation.

The study affirms Nirdhaar's impact as a holistic, preventive strategy for addiction abstinence through psychosocial development and community-based learning.

Principal Investigator: Sujata Honap Project Coordinator: Dhanshree Deshmukh

Research Assistant: Prasanna Alone

Duration: 3 Years

Funded by: Tarachand Ramnath Seva Trust

2) Exploring the gender difference regarding the impact of Entrepreneurial Engagement on the Quality of Life and Personality of rural entrepreneurs (*Udyogini*)

This study investigates gender disparities in rural entrepreneurship, focusing on how entrepreneurial engagement affects quality of life and personality traits. Using a mixedmethod approach, it explores psychological and social factors influencing women's entrepreneurial success, aiming to offer a holistic understanding of their experiences.



In Phase 1, data were collected from 150 women entrepreneurs and 80 male entrepreneurs. Phase 2 data collection is ongoing, involving a sample of 200+ entrepreneurs.



This study highlights the importance of psychological factors in rural women's entrepreneurial success, offering insights for inclusive policy and training programme design. Its findings aim to guide policymakers, NGOs, and financial institutions in empowering rural women and promoting equitable socio-economic development.

Principal Investigator: Prerna Karulkar

Advisor: Dr. Anagha Lavalekar

Duration: 2 Years

Funded by: Phase 1-Jnana Prabodhini Samshodhan Sanstha, Phase 2-Maharashtra State Commission of

Women

3) Efficacy of iA-Aptitude Testing and Career Guidance in reference of adolescents' career choice: A Follow-Up Study

This research project that began in 2023-24 was discontinued. The researchers did not

receive adequate data due to lukewarm responses from students and parents.

4) Status of Addiction in Pune City (SAPC)

Addiction and substance abuse among youth is emerging as a major concern for our society. In Pune, too many episodes of use of drugs are reported. To achieve the vision of Viksit Bharat @2047, today's youth must remain healthy, capable, and efficient. The SAIYAM project has contributed to positive attitude changes among adolescents regarding abstaining from addiction.

The purpose of this study is to map the current status of addictions in Pune. The findings will help suggest effective strategies to address the addiction problem, guiding the planning of impactful awareness campaigns to address the issue at its roots.

A structured survey has been designed to study the extent and nature of addiction, particularly among adolescents and youth in the city. This study aims to examine the prevalence of both substance and digital addiction among youth and citizens aged 13 to 22 in Pune. It focuses on analysing addiction trends based on gender and exploring demographic variations across the city. The research also seeks to understand the key factors contributing to addiction prevalence in this population.

This study employs a cross-sectional



research design using a survey method for data collection. A mixed-method approach is adopted, integrating both qualitative and quantitative data to gain a comprehensive understanding of addiction among adolescents and youth in Pune.

The research is being conducted in Pune City. A cluster sampling method is used to select specific areas within the city, followed by incidental sampling within these clusters. The total participants are 1,500 (50% male and 50% female), including adolescents aged 13 to 19 years (N=750) and youth aged 20 to 22 years (N=750), all with a minimum educational qualification of 12th pass. Additionally, a secondary sample of 50 stakeholders, such as parents, teachers, police, healthcare

professionals, rehabilitation centre staff, and social workers, is included using incidental, purposive, and snowball sampling methods to gain diverse perspectives.



Data includes experiences, opinions, and observations about addiction. Data is collected through a survey questionnaire developed and pilot-tested by the researchers. The survey captures demographic details, prevalence, frequency, reasons for addiction, accessibility to addictive substances, and awareness of their effects. harmful Qualitative gathered through in-depth interviews and group discussions focus to explore participants' experiences, attitudes, opinions in detail. During the year, data collection was nearing completion. In 2025-26, after quantitative and qualitative analysis, a final report will be prepared for dissemination among stakeholders.

The research is expected to provide a detailed status report on addiction among youth in Pune, including prevalence rates, underlying reasons, awareness levels, and demographic trends associated with addiction. We have plans to disseminate the findings in collaboration with TRST, the funders of this research.

Principal Investigator: Sandhya Khasnis **Research Assistant:** Satyam Dadhe **Advisor:** Dr. Anagha Lavalekar

Duration: 1 Year

Funded by: Tarachand Ramnath Seva Trust

5) Sustainability Study of SAIYAM Intervention

The SAIYAM programme is an intervention aimed at creating awareness among adolescents in Pune City about the importance of abstaining from various forms of addiction through the development of self-control and self-regulation. The program focuses on reducing substance abuse, media and internet addiction, and sexually risky behaviours. In the earlier reports, the design of SAIYAM was presented. JPSS has been implementing this initiative over five years now.

The proposed sustainability study seeks to evaluate the long-term impact of the SAIYAM programme on the students who participated in the sessions conducted during the previous academic year. The study will particularly whether students have retained knowledge about reproductive health and gender perceptions, as well as whether improvements in self-control and emotional regulation have been sustained over time. Additionally, it will explore reflections on the relevance and practical application of the SAIYAM learnings in their daily lives.

A mixed-methods research design is employed, combining both quantitative and qualitative data collection techniques. The participants are students from the 9th grade who attended the SAIYAM sessions last year, with a target sample size of approximately 400-450 students.

Data collection tools include the "My Knowledge My Health" (MKMH) test to assess reproductive health knowledge and the "Emotional Regulation Test" (ERT) to evaluate self-control, assertiveness, frustration tolerance, and emotional regulation. Qualitative insights will be gathered through Focus Group Discussions (FGDs) using structured, reflective questions.

The collected quantitative data is statistically analysed to measure the sustainability of knowledge and emotional competencies, while qualitative data from FGDs will undergo thematic analysis to identify recurring themes and validate the quantitative findings.

This study is expected to produce a comprehensive sustainability report on the SAIYAM intervention, highlighting the areas of success and identifying opportunities for value addition to enhance long-term program effectiveness. It will also provide valuable insights into how students have applied SAIYAM's strategies in real-life situations, thereby offering a roadmap for future improvements and broader implementation.

Project Head: Sandhya Khasnis **Advisor:** Dr. Anagha Lavalekar

Duration: 2 Years

Funded by: Tarachand Ramnath Seva Trust

6) Self Awareness in Youth for Anti-Addiction Motive (SAIYAM 4)

In the academic year 2024-25, SAIYAM 4 was initiated. The SAIYAM 4 program reached up to 11130 students between June 2024 and May 2025, and also successfully created awareness among 4644 parents.

The quantitative data were collected from the students on three tests before and after the intervention. The tools are My Knowledge My Health (MKMH), Myths and Misconceptions about Addiction Test (MMAT) and Emotional Regulation Test (ERT). Data Analysis of the quantitative data is in process to generate the final report.

Project Co-ordinator: Sandhya Khasnis Project Assistant: Dr. Anuradha Ohal Advisor: Dr. Anagha Lavalekar

Duration: 2 Years

Funded by: Tarachand Ramnath Seva Trust

In Sanskrit and Indology

7) The expectations of bride and groom about wedding rites performed by Jnana Prabodhini and traditional Vedic marriage rituals based on Hindu Dharma Shastra and the response of religious scholars and priestly members to such changes in marriage rites - A comparative study

The study attempts to document the expectations of brides and grooms regarding marriage rituals and other practices performed by Jnana Prabodhini. It also captures response of religious scholars, other priests, Dharma Shastra experts. This study employed a multiapproach, combining method surveys, interviews, and interactions with participants in a workshop. A Likert scale questionnaire has been prepared. It will be administered to brides, grooms, and priests. The questionnaire consists of 36 questions divided into four sections.

A pilot study was conducted with participation of eight brides, grooms, and priests. Interviews with participants are a core component of this project. To better understand the methodology, the researchers participated in the 'Qualitative Research Methodology' workshop conducted by JPIP.

This is an ongoing work. Researchers visited Bhandarkar Oriental Institute, Pune; Deccan College Post Graduate and Research Institute, Pune – Sanskrit Dictionary department; Bharat Itihas Samshodhan Mandal; Ananadashram Sanstha to find out manuscripts of marriage rituals.

Principal Investigator: Dr. Manisha Shete **Research Assistant:** Mrinmayi Pandit

Duration: 2.5 Years

Funded by: Jnana Prabodhini Samshodhan Sanstha



Doctoral Research

Jnana Prabodhini's Institute of Psychology (JPIP) is an institute recognised by Savitribai Phule Pune University (SPPU). JPIP runs a Ph.D. centre affiliated with SPPU. Throughout the year, 18 students pursue their studies at this centre.

1) Effects of learning coding on logical reasoning, symbolic ability, and creativity in middle school students

Researcher: Sonia Virani Guide: Dr. Anagha Lavalekar

2) Effect of perma-h + intervention on psychological capital, leadership competency and work quality assurance competency among corporate employees

Researcher: Anaya Amit Nisal **Guide:** Dr. Anagha Lavalekar

3) Marital satisfaction, psychological wellbeing, and quality of life among permanent and contractual industrial personnel

Researcher: Sangita Madhukar Deokar

Guide: Dr. Ajit Chandanshive

4) Impact of cognitive enhancement training on neurocognitive function, social cognitive abilities, and academic skills among children with "specific learning disability"

Researcher: Anita Vinod Chitre **Guide:** Dr. Ajit Chandanshive

5) A comparative study of team and individual sports persons on anxiety, self-efficacy, and athlete motivation Researcher: Rashmi Rajendra Kadam Guide: Dr. Meenakshi Gokhale

6) Self-esteem, emotional intelligence and optimism across sportspersons and non-sportspersons

Researcher: Brito Costa

Guide: Dr. Meenakshi Gokhale

7) Marital communication, co-parenting behaviour and working status of mothers as predictors of marital satisfaction of couples

Researcher: Pritam Abhang **Guide:** Dr. Meenakshi Gokhale

8) Flourishing of high ability youth in relation to difficulties in emotion regulation, self-esteem, and prosocial behaviour

Researcher: Isha Sanjay Kanhere Guide: Dr. Meenakshi Gokhale

9) The differential effects of classical hatha yoga on self-concept, body esteem and emotional intelligence among Indian classical dancers and non-dancer adolescents

Researcher: Aishwarya Sanjay Joshi

Guide: Dr. Sunanda Helkar

10) A study of the differential effect of psychoeducation on perceived stress of patients with obsessive compulsive disorder with internal and external locus of control

Researcher: Priyanka Lele Guide: Dr. Sunanda Helkar 11) Effect of psychological well-being and emotional intelligence on aggression, anxiety and depression between adolescents and young adults

Researcher: Sagar Ramchandra Karande

Guide: Dr. Anagha Lavalekar

12) Study of coping, altruism and emotional intelligence among youth engaged in volunteerism and not engaged in volunteerism

Researcher: Dipali Raju Raut **Guide:** Dr. Ajit Chandanshive

13) The impact of dialectical behaviour therapy skills training on emotion dysregulation, depression and anxiety among individuals with dating issues Researcher: Nehal Milind Pimpalkahre Guide: Dr. Ajit Chandanshive

14) Prevalence of death anxiety, coping strategies and life satisfaction among senior

citizens residing in old age homes and in family set up

Researcher: Shravni Sameer Limaye **Guide:** Dr. Ajit Chandanshive

- 15) Impact of Atal Tinkering lab participation on cognitive abilities and scientific interest in high school students **Researcher:** Ankita Kudtarkar **Guide:** Dr. Anagha Lavalekar
- 16) A comparative study of women entrepreneurs and non-entrepreneurs in relation to psychological well-being, resilience and communication skills Researcher: Prerna Karulkar Guide: Dr. Anagha Lavalekar
- 17) Comparative study of personality, anxiety and body image satisfaction between women with and without PCOS Researcher: Arushi Shrirang Deodhar Guide: Dr. Anagha Lavalekar
- 18) Subjective well-being, self-efficacy and emotional competence between adolescents of working mothers and home maker mothers

Researcher: Sheetal Deepak Salvi **Guide:** Dr. Ajit Chandanshive



Product Development / Technology Transferred

❖ JPIP's Testing Platform

Considering good number of existing psychometric tests that can be made available online for a better outreach, Moodle based testing platform for JPIP was developed. Research was carried out for several months to see how these tests can be ported on Moodle. Mind search and Apt-D tests were taken up as first candidates, details of which will follow. A generic framework was designed such

that other tests can also be taken to Moodle in future. Software development required to compute tests scores, grades and generate test reports online was also done for the same. This platform thus enables giving these tests online anywhere and getting the test reports right away from cloud-based system.

Designed and developed: Padmaja Joshi

Academic Courses offered under NEP to Other Institutions

Sr. No.	Name of the course	Affiliation	Student profile	Students enrolled (and completed)	Duration	Credits
1	Career Guidance and Counselling- Basic	Conducted in DESPU	M.A. Psychology, 1st part	85(83)	2 months	2
2	Career Guidance and Counselling- Advance	Conducted in DESPU	M.A. Psychology, 1st part	50(50)	2 months	2
3	Youth sexuality and its psychosocial aspects	Conducted in DESPU	M.A. Psychology, 1st part	34(33)	2 months	2
4	Gender at Workplace	Capacity Building Commission, Delhi	Civil servants	For iGot platform	self- paced	1 hour







Seminars, Webinars, Conferences, Workshops and Lectures

Organised by JPSS

In the following pages, we have presented details of several seminar and workshops.

1) Qualitative and Quantitative Research in Social Sciences: Methods, Data Analysis and Academic Writing

Jnana Prabodhini's Institute of Psychology (JPIP) conducted a seven-day workshop on Qualitative and Quantitative Research in Social Sciences: Methods, Data Analysis and Academic Writing from 27th January to 2nd February 2025 at JPIP, Pune. This workshop was planned for Ph.D. students, research scholars and faculty from diverse fields of social sciences.

The objectives of the workshop were -

- 1. To provide participants with a comprehensive understanding of Qualitative and Quantitative research methodologies and their applications in diverse research settings
- 2. To understand challenges in selecting and applying appropriate statistical methods (Univariate and Multivariate) as per the aim of the research
- 3. To enhance proficiency in data analysis techniques using 'R' and NVivo software
- 4. To gain a deeper understanding of qualitative data collection, analysis, and its integration with quantitative methods
- 5. To equip researchers with skills in academic writing, including structuring, presenting, and publishing research output
- 6. To understand and follow the ethical issues in social sciences research

Twenty-three participants registered for this workshop. The workshop had 22 sessions. These sessions were taught by fourteen researchers with national and international experience. The participants were enrolled for Ph.D. (8) and Masters (15) in fields including Psychology, Education, and Social Work. All of them engaged in the practical sessions, demonstrating a keen interest in acquiring hands-on experience. On the final day, feedback from participants was collected in adherence with the ICSSR prescribed format. Participant feedback reflects a high satisfaction with the course. Notable strengths observed by participants were the course content's relevance and practical application to their current roles, the expertise of the resource persons, and effective delivery.

This workshop was partially funded by Indian Council of Social Science Research (ICCSR),

Western Regional Centre, Mumbai.



2) Thursday Lecture Series (TLS)

In the year 2022-23, a seminar series was initiated in JPSS. During 2024-25, twenty lectures were organised. The details are as follows:

Sr. No.	Date	Name	Topic	
1	18/4/2024	Omkar Banait	असर- भारतातील शैक्षणिक परिस्थितीचा अहवाल : एक चिंतन	
2	2/5/2024	Dr. Vanita Patwardhan	Chronically ill patients' family culture project	
3	16/5/2024	Rahul Dharmadhikari	Project Zimadari - Evaluation of Schools in Dist. Kupwara, Kashmir	
4	6/6/2024	Dr. Ajit Kanitkar	"Code Dependent, Living in the shadow of AI" Review of the book	
5	20/6/2024	Shruti Phatak and Anil Kamble	Vikasika Project (implemented in JP, Harali)	
		Aditi Atre	A pilot study of the effectiveness of the innovative Teaching - Learning Practices to develop Foundational Literacy and Numeracy Skills in Children with Hearing Impairment of Standard 3rd and 4th studying in Special Schools from Maharashtra	
6	11/7/2024	1. Prerna Karulkar	1. Insights into the relationship between emotional intelligence and intelligence quotient among Indian gifted and average students: A comparative analysis	
		2. Dr. Dhanashree Sowani	2. Indian Concept of Giftedness and its implications in Education	
		3. Dr. Saugandh Deshmukh	3. Impact Evaluation of a Leadership Development Programme on Undergraduate students: A Qualitative Study	
7	18/7/2024	1. Isha Kanhere	1. Exploring the Relationship between Flourishing and Prosocial Behaviour of High-Ability Youth	
		2. Mrinmayi Vaishampayan	2. Holistic personality assessment: self-rating scales as a tool to assess perceptions of gifted high schoolers	
		3. Dr. Saugandh Deshmukh	3. A Mixed-Methods Evaluation of a Leadership Development Summer Programme for Adolescents with High Intellectual Abilities	
8	1/8/2024	Prasanna Alone	Motivation for Transfer of Learning in Concrete Operational Stage: A Study of Deprived Children at the Secondary Level in PCMC School	
9	22/8/2024	Piyush Ozarde	Conflicts and Development: Role of Democratisation and Social Networks	
10	5/9/2024	Sujata Gokhale and Sandhya Khasnis	Impact of Addiction Abstinence facilitation Programme on awareness of adolescent girl students' in India: Fact check through Parental Lens	
11	19/9/2024	Aparnagouri Phatak	Careers of JPP Alumnae: A Qualitative Analysis of their Career Decision-making	

Sr. No.	Date	Name	Topic
12	10/10/2024	1. Sujata Gokhale, Sandhya Khasnis and Dr. Anagha Lavalekar 2. Meghana Gokhale	Inculcating Addiction Abstinence in Adolescents: Perception difference among the Exclusive and mainstream school classroom Counselling the Gifted: A process of catering the unique characteristics and needs, fostering insightful progress
		3. Kshama Datar, Snehal Godbole, Aditi Keskar and Dr. Aakash Chowkase	3. 'Learning to Learn: A Self-Regulated Learning Programme for High-Ability Students'
		4. Isha Kanhere andDr. Meenakshi Gokhale5. Dr. Anuradha Ohal, Neha	4. Flourishing and Emotion Regulation of High-Ability Youth
		Kshirsagar and Nilima Apte	5 A Comparative Study of Coping Strategies Adopted by Gifted and Non-identified Gifted Adolescents
		6. Dr. Anagha Lavalekar, Dr. Sucharita Gadre and Sonia Virani	6. Aptitude Test for Design Thinking - A Journey from Ideation to Creation
13	17/10/2024	1. Ragini Naik 2. Dr. Mukulika Thatte	Panel Discussion on Classroom Environment for Buddhimaan Students 1) Inclusion of Buddhimaan students in classrooms 2) Teaching Content - Advanced material
14	24/10/2024	Dr. Sanhitta Karmalkar	Exploration into Sri Aurobindo's exposition on 'Vital' (Prana/life force) and its role in psychological processes and spiritual growth
15	14/11/2024	Sonia Virani and Dr. Pranita Jagtap	The Olympic Values Trinity: An Exploratory Study on Integration of Olympic Values in our Daily Lives
16	12/12/2024	Pallavi Paradkar and Medha Kulkarni	Artificial intelligence for Social work Latest study on how to use AI tools effectively. Impact, Collaboration, opportunities for Prabodhini.
17	26/12/2024	I. Jyoti Khare Smita Mane	 Teacher Leadership: Perspectives, Practices and Programmes Importance of Naturalistic Intelligence in NEP
18	23/1/2025	Satyashray Hasabnis	2020 आम्ही बि-घडलो तुम्ही बि-घडाना १९७४ ते १९८० ज्ञान प्रबोधिनी प्रशालेत विद्यार्थी म्हणून आणि २०१० ते २०२५ ज्ञान प्रबोधिनी प्रशालेत विषय अध्यापक (इंग्रजी, विज्ञान, गणित)
			घेतलेले/आलेले अनुभव यांचा एक व्यक्ति सापेक्ष धांडोळा.
19	13/2/2025	1. Kshama Datar	1. Nurturing Creative Self, Creative Thinking, and Ideational Behaviour in Intellectually Gifted Adolescents
		2. Renuka Sarnaik	2. Emerging Trends and Challenges in Adolescent and Preadolescent Mental Health: Post Covid Analysis of the Reported Counseling Cases
20	27/2/2025	Madhura Bapat	Unveiling Mental Health Nuances of Male Indian Classical Dancers



















Workshops and Trainings In Psychology 3)

Sr. No.	Name of Workshop	Dates	Coordinators
1	Mensa Proctor Training	13 April, 2024	Dr. Sujala Watve
2	Gammat Shibir for learning Disabled students comes for Learning Enhancement Programme	1 May, 2024	Yogini Kale, Nutan Ursekar
3	Parents' Workshop for learning disabled students	1 May, 2024	Uma Bapat, Madhavi Patwardhan, Swapneela Sethiya
4	Bal Vikas Shibir	6 May to 1 June 2024	Pallavi Kaslikar
5	Self-study Skills Workshop	14-16 May, 2024 23-25 May, 2024	Swapneela Sethiya, Kshama Datar
6	Kumar Vikas Shibir	27 May to 1 June 2024	Pallavi Kaslikar
7	Sujan Palktva Karyashala	8 June to 29 June 2024	Prasanna Alone
8	Nirantar Bal Vikas Upakram	July 2024 to Feb 2025	Pallavi Kaslikar
9	Prajna Prabodhan Varg	August 2024 to May 2025	Kshama Datar and others
10	Career Advisor Training Programme (CATP) online for Dream Path Foundation, Bengaluru	17, 18, 19, 20, 23 & 24 September, 2024	Nilima Apte, Urmila Dixit, Vivek Velankar
11	Career Advisor Training Programme (CATP) online	26, 27, 28 September, 2024	Nilima Apte, Urmila Dixit
12	Study skills workshop – Trainers' Training	28-29 March, 2025	Swapneela Sethiya, Kshama Datar
13	Telelogue platform 'बाल संवाद कट्टा'	April 2024-March, 2025	Swapneela Sethiya, Madhura Karandikar
14	Sath Tuzi Mazi	4,5 April, 2025	Swapneela Sethiya,

In Sanskrit and Indology

Sr. No.	Name of Workshop	Dates	Coordinators
1	Ganesh Pratishthapana	25 August, 2024	Dr. Sujata Bapat,
			Chanda Page, Ruta
			Joglekar, Sandhya
			Kulkarni and others
2	Mahalay Shraddha	2 October, 2024	Surekha Likhite,
			Sandhya Kamat,
			Kalyani Deochake,
			Vidyashree Purandare
3	Deepavali Lakshmipujan	14 October, 2024	Dr. Sujata Bapat, Ruta
			Joglekar and others

Presentation of Research Papers (in conferences/seminars/webinars/workshops)

In Psychology

Sr.No.	Presenter	Topic	Conference	Organised by	Dates
1	D., D.,	The Delection 1	Theme		
1	Dr. Pranita	The Behavioural			
	Jagtap, Isha	Indicators of			
	Kanhere	Giftedness: A			
		Qualitative			
		Enquiry Based on			
		Evolutionary			
		Developmental			
	D	Model			
2	Prerna	Role of IQ &			
	Karulkar,	Gender in			
	Dr. Sucharita	Emotional			
	Gadre,	Intelligence:			
	Dr. Anagha	Comparison			
	Lavalekar	Between Gifted			
		and Average	18th Asia-Pacific		
	T 1 T/ 1	Students	Conference on		
3	Isha Kanhere,	Exploring the	Giftedness (APCG	Asia Pacific	
	Dr. Meenakshi	Relationship	2024):	Federation on	17-20
	Gokhale	between	Educational	Giftedness,	August
		Flourishing and	Environments for	Kagawa	2024
		Prosocial	Transforming	University,	-
		Behaviour of	Gifted Minds,	Takamatsu, Japan	
		High-Ability	Lives and		
	D D1 1	Youth	Communities		
4	Dr.Dhanashree	Indian Concept of			
	Sowani,	Giftedness and its			
	Dr. Anagha	Implications for			
	Lavalekar	Education			
5	Kshama Datar,	A Mixed-			
	Dr. Saugandh	Methods			
	Deshmukh,	Evaluation of a			
	Dr. Aakash	Leadership			
	Chowkase	Development			
		Summer			
		Programme for			
		Adolescents with			
		High Intellectual			
		Abilities			

Sr.No.	Presenter	Topic	Conference Theme	Organised by	Dates
6	Sujata Gokhale, Sandhya Khasnis, Dr. Anagha Lavalekar	Inculcating Addiction Abstinence in Adolescents: Perception difference among the Exclusive and mainstream school classroom			
7	Kshama Datar, Aditi Keskar, Snehal Godbole, Dr. Aakash Chowkase	Learning to Learn: A Self- Regulated Learning Programme for High-Ability Students	International Conference on Gifted Education	Kannada Sangha Pune's Kaveri College of Arts,	
8	Isha Kanhere, Dr. Meenakshi Gokhale	Flourishing and Emotion Regulation of High-Ability Youth	(ICGE-2024) Illuminate India: Creating Connections among Gifted	Science and Commerce in association with Kaveri Gifted Education and	18-19 October, 2024
9	Dr. Anuradha Ohal, Neha Kshirsagar, Nilima Apte	A Comparative Study of Coping Strategies Adopted by Gifted and Non- identified Gifted Adolescents (Poster Presentation)	Education Stakeholders	Research Centre	
10	Sonia Virani, Dr. Sucharita Gadre	Aptitude Test for Design Thinking - A Journey from Ideation to Creation (Poster Presentation)			
11	Sandhya Khasnis, Sujata Gokhale	Impact of Addiction abstinence facilitation programme on adolescent girls in India	5th Global Conference on Addiction Medicine, Behavioural Health and Psychiatry (GAB2024)	Baltimore, Maryland, United States	21-23 October, 2024

Sr.No.	Presenter	Topic	Conference Theme	Organised by	Dates
12	Prasanna Alone	The impact of skill development programme on the transfer of learning in students from deprived section at the concrete operational stage (Best paper award)	Vision for Vikasit Bharat (VIVIBHA) – Yuva Aayam	Bharatiya Shikshan Mandal, New Delhi	15-17 November, 2024
13	Swapneela Sethiya	Sharing of experiences of Jnana Prabodhini Samshodhan Sanstha in pre- marital counselling	National consultation for pre-marital counselling	National Commission of Women, New Delhi	4 February, 2025
14	Dr.Anagha Lavalekar	Self- awareness, Know your core, Dream V/S reality etc.	'Tere Mere Sapne' Premarital Communication Facilitators' training	National Commission of Women, New Delhi	14, 19, 20 February, 2024
15	Renuka Sarnaik	Emerging trends and challenges in adolescent and preadolescent Mental Health: Post Covid Analysis of the Reported Counselling Cases	34th Annual Convention of the National Academy of Psychology	Department of Psychology, Christ University, Delhi NCR	17-20 February, 2025

Participation as a Resource Person (in conferences/seminars/workshops/webinars/training/lectures)

In Psychology

Sr. No.	Name of Resource Person	Topic	Type of session	Organised by	Dates
1	Dr. Deepak Gupte	Communication skills and work ethics	Training	Pramod Gas & General agencies, Latur	4-5 April, 2024
2	Archana Joshi	Aptitude Test and Career Guidance	Lecture	Bosch Company, Talegaon	12 May, 2024
3	Dr. Anagha Lavalekar, Swapneela Sethiya	Orientation to parenting preparations	Lecture	Dr. Koustubh Bondre Hospital, Pune	18 May, 2024
4	Renuka Sarnaik	Self-development and intelligence development of students	Lecture	Jnana Prabodhini Secondary School, Solapur	6-7 June, 2024
5	Prerna Karulkar	Experimental Research Design	Lecture	Renaissance University, Indore	16 June, 2024
6	Dr. Anagha Lavalekar, Dr. Sanjyot Deshpande, Swapneela Sethiya	Introduction of counselling skills, steps in counselling, rapport establishment, observation and interviewing skills	Training	Army Institute of Psychology, Dighi	20-21 June, 2024
7	Sujata Honap	Observation Skills	Workshop	Navonmesh School, Chakan	24 June, 2024
8	Gauri Kulkarni and Dr. Deepak Gupte	Family Relations development programme (for workers and their spouses)	Training	Mahindra & Mahindra Limited, Chakan	June 2024 to February, 2025
9	Gauri Kulkarni, Dr. Deepak Gupte, Urmila Dixit, Yogesh Bhale	Communication skills and work ethics, Attitude building, SWOT	Training	Gudel India Pvt. Ltd., Pirangut	July 2024 to March 2025
10	Urmila Dixit	Importance of Aptitude Test and Career Guidance	Lecture (Online)	Sanskruti School, Bhugaon, Undri, Wagholi	22 August, 2024

Sr. No.	Name of Resource Person	Topic	Type of session	Organised by	Dates
11	Gauri Kulkarni, Dr. Deepak Gupte	Communication skill, Email etiquettes, Decision Making	Training	Metro Lab Engineering Pvt. Ltd., Pune	24 August, 2024
12	Sujata Honap	Anger management and Anxiety management	Workshop	Sharada Math, Pune	25 August,202 4
13	Dr. Anagha Lavalekar, Snehal Apte, Anita Gurjar, Deepali Shende, Samruddhi Deshmukh	Youth Sexuality and correlates	Workshop	Chaitanya Wise trust, Chhattisgarh	1-3 September, 2024
14	Swapneela Sethiya, Renuka Sarnaik, Nikhil Kokate, Akshata Mithari	Self-health, Friendship- love- attraction, Self- esteem, Know your emotions	Workshop	Jnana Prabodhini Secondary School, Solapur	27 September, and 9 October, 2024
15	Swapneela Sethiya	Know your children and their development	Lecture	Jnana Prabodhini Pre-primary School, Solapur	28 September, 2024
16	Sujata Honap	How to understand your child	Parenting Workshop	Mukesh Patel Charitable Trust's Primary and Secondary School, Shirpur	30 September, 2024
17	Sujata Honap, Prasanna Alone	Stress Management	Workshop for youth	Mukesh Patel Charitable Trust's Primary and Secondary School, Shirpur	1 October, 2024
18	Nilima Apte, Radha Deshpande, Shubha Kulkarni, Sonali Pendharkar, Charuta Kelkar, Suraj Kaygude	Career related information, smart goal, SWOT analysis, Stress Management	Workshop for adult orphans	Vaibhav Ashok Goel (VAG) Foundation, Kamshet	13 October, 2024

Sr. No.	Name of Resource Person	Topic	Type of session	Organised by	Dates
19	Gauri Kulkarni	Family Relations development programme (for workers and their spouses)	Training	Mahindra Heavy Engine Limited, Chakan	18 October, 2024
20	Sujata Honap, Prasanna Alone	Facilitation skills and observation	Trainers' training	Nagari Wasti Vibhag, Jnana	18 November,
		techniques	O	Prabodhini	2024
21	Sujata Honap, Prasanna Alone	Facilitation skills and activity conduction training	Trainers' training	Life skills Training project, Nigdi	29 November, 2024
22	Gauri Kulkarni, Dr. Deepak Gupte	Mental Health development programme for PI and PSI	Training	Nanded District Police	27 December, 2024
23	Gauri Kulkarni, Dr. Deepak Gupte	Motivation	Training	Parivar Super Market, Nanded	27 December, 2024
24	Gauri Kulkarni, Dr. Deepak Gupte	Work Ethics and Communication for staff and salesman	Training	Klassic Fashions nx, Nanded	28 December, 2024
25	Gauri Kulkarni, Dr. Deepak Gupte	Gratitude	Training	Bhagyalkshami Mahila Bank, Nanded	28 December, 2024
26	Dr. Dhanashree Sowani	Stress Management to Well-being	Lecture	Poona College of Pharmacy, BVDU, Pune	10 January, 2025
27	Dr. Dhanashree Sowani	Test Administration Practices	Lecture	Flame University, Pune	22 January, 2025
28	Sujata Honap	परस्पर पूरकता	Trainers' session	Umalatya vayashi Gat – Samvadini, Pune	1 February, 2025
29	Isha Kanhere	Teachers Beyond Classrooms	Lecture	DAV, Chennai	10 February, 2025

Sr. No.	Name of Resource Person	Topic	Type of session	Organised by	Dates
30	Swapneela Sethiya, Yogini Kale	What is disability? Types and scopes of disabilities, what is remedial teaching? Theory and practicum of remedial sessions	Workshop	Jnana Prabodhini Primary School, Solapur	15-16 February, 2025
31	Prerna Karulkar	Study skills	Lecture	Prof. Ramkrishna More arts, science, and commerce college, Pune	21 February, 2025
32	Swapneela Sethiya, Kshama Datar	Reading skills, time management, goal setting, notes making and making maths interesting	Workshop	Karmaveer Bhaurav Patil Corporation school, Pune	21-22 February, 2025
33	Sonia Virani	Ability Assessment - It's importance & current development	Lecture	Prof. Ramkrishna More arts, science, and commerce college, Pune	22 February, 2025
34	Isha Kanhere	Psychometric Assessment	Lecture	Symbiosis Nursing College, Pune	28 February, 2025
35	Gauri Kulkarni, Dr. Deepak Gupte, Varsha Huparikar	Work ethics, emotional and mental self- development, Importance of good habits, Posh, Grievances handling, Gratitude	Training	Mahindra & Mahindra Limited, Chakan	28 February to 31 March, 2025
36	Swapneela Sethiya, Kshama Datar	Reading skills, time management, goal setting, notes making and making maths interesting	Workshop	Vanaz Pariwar School, Pune	28 February- 1 March, 2025

Sr. No.	Name of Resource Person	Topic	Type of session	Organised by	Dates
37	Dr. Pranita Jagtap	Methods of data collection Ethics in research	Training	Organised by the National Council of Educational Research and Training (NCERT)	3-7 March, 2025
38	Dr. Pranita Jagtap	Process of test standardisation, Item writing, Test selection criteria	Workshop	School of Education and School of Humanities and Social Sciences, Yashwantrao Chavan Maharashtra Open University, Nashik	17-18 March, 2025
41	Isha Kanhere	Giftedness	Webinar	Yashwant Mahavidyalaya, Wardha	19 March, 2025
42	Kshama Datar, Snehal Godbole, Aditi Keskar	Prajna Prabodhan Varg	Workshop	Kalyani School, Manjri	August, 2024 to May, 2025
43	Kshama Datar, Snehal Godbole, Aditi Keskar	Prajna Prabodhan Varg	Workshop	SSRVM, Bhugaon	August, 2024 to May, 2025

In Sanskrit and Indology

Sr.	Name of Resource	Topic	Type of	Organised by	Dates
No.	Person		session		
1	Dr. Manisha Shete	Introduction to	Lecture	Jyeshth Nagarik	25
		Jnana Prabodhini		Sangh, Talegaon	December,
		and Santrika			2024
		Department			
2	Dr. Sujata Bapat	Samarth Ramdas	Lecture	Geeta Dharm	17
				Mandal, Pune	February,
					2025

Participation (in conferences/seminars/workshops/webinars/training/lectures)

In Psychology

Sr. No.	Name of Participant	Type of Session	Organised by	Dates
1	Dr. Pranita Jagtap	National Workshop on Research Ethics for Social Sciences and Public Health	School of Health Systems Studies, Tata Institute of Social Sciences, Mumbai	17-19 April, 2024
2	Kanchan Pande	Workshop on Qualitative – Analysis with NVivo	Commacad	13-14 July, 2024
3	Dr. Pranita Jagtap	Lumivero Virtual Conference	Lumivero	25-26 September, 2024
4	Prerna Karulkar	Faculty Induction Program	UGC MMTTC, SPPU, Pune	1-28 October, 2024
5	Kanchan Pande	Webinar on Technology in Career Counselling	Edumilestone, Bengaluru	18 October, 2024
6	Kanchan Pande	Workshop on Essential Skills for Practicing Psychologist	Institute of Mental Health and Psychological Science (IMHAPS), Bengaluru	20 October, 2024
7	Kanchan Pande	Webinar on Genz Youth for Building Developed India	Amreen Fatima and Yound LLP, organised by Vedant Talks, Knowledge System Pvt Ltd., Gurgaon	26 October, 2024
8	Kanchan Pande	Workshop on Introduction to Art Therapy	Institute of Mental Health and Psychological Science (IMHAPS), Bengaluru	27 October, 2024
9	Kanchan Pande	Workshop on Dialectical Behaviour Therapy (DBT)	Institute of Mental Health and Psychological Science (IMHAPS), Bengaluru	9 November, 2024
10	Kanchan Pande	Workshop on Behaviour Therapy in School Setting	Institute of Mental Health and Psychological Science (IMHAPS), Bengaluru	10 November, 2024
11	Prasanna Alone	Education for Social Transformation: NEP 2020 Perspectives on School Education	Indian Institute of Education, Pune	18-19 January, 2025
12	Dr. Pranita Jagtap	Navigating Ethical Challenges in Qualitative Research: Leveraging AI Responsibly	Lumivero	21 January, 2025
13	Isha Kanhere	2-Credit course on Research and Publication Ethics	Centre for Publication Ethics, SPPU, Pune	17 February to 22 March, 2025
14	Kanchan Pande	Workshop on Cognitive Behaviour Therapy (CBT)	Institute of Mental Health and Psychological Science (IMHAPS), Bengaluru	23 March, 2025

Publications

Articles

- 1) Alone, P. R. (2024). The Role of Female Mentors in Facilitating Socio-Emotional Learning (SEL) Programs for Middle School Students in Pune. *Itihas Darpan*, Special Issue 1/ English part-III, pp 10-15, ISSN 0974-3065.
- 2) Jagtap, P.R. (2024). Effect of Achievement Motivation Training on Underprivileged Youth. In Ramalingam P. (Ed.), Applying Psychology for Professional Excellence (pp.419-427). Indian School Psychology Association, Puducherry, ISBN:978-93-91690-53-3
- 3) Karulkar, P., Gadre, S., & Lavalekar, A. (2025). Role of IQ and Gender in Emotional Intelligence among Gifted and Average Students. *INSPA Journal of Applied and School Psychology*, Vol. (VI), No.2, 234-244
- 4) Karulkar, P., & Lavalekar, A. (2025). Exploring the Quality of Life of Rural Women Entrepreneurs: A Conceptual Study. *Indian Journal of Positive Psychology*, 16(1)

- 5) Karulkar, P., & Lavalekar, A. (2025). A Gendered Comparison of Work-Life Balance and Social Support among Entrepreneurs and Non-Entrepreneurs. *IOSR Journal of Business and Management*, Volume 27, Issue 5. Ser. 3, PP 13-21
- 6) Lavalekar, A., Karulkar, P., Gokhale, S., & Khasnis, S. (2024). Navigating Adolescence: An Experimental Study on the Intersection of Addiction, Sexuality and Self-Regulation. *HSOA Journal of Addiction and Addictive Disorders*, Vol. 11 (5), ISSN: 2578-7276
- 7) Lavalekar, A., Shende, D., Janrao, S., Pande, K. (2024). Empowering youth to internalise and spread gender parity through sexuality Education. *Journal of Behavioural Science and Psychology*, Vol. 7, Issue 1, ISSN 2642-0856
- 8) Thirthali, D., Jagtap, P.R. (2024).Α Neighbourhood School Program for Marginalised Communities During the Pandemic: Qualitative Enquiry to Assess Efficacy in Rural Osmanabad. International Journal of Research and Analytical Reviews, 11(4), 554-559 ISSN: E-ISSN 2348-1269, P- ISSN 2349-5138

Major Events during the year

The Aptitude Test and Career Guidance (ATCG) department has significantly expanded its reach, forging collaborations with new organisations and extending its services into new regions across the country.

No	Region	Collaborating Organisations	Number of students
1.	PMC Schools in Satara	Rotary 3131	127
2.	Rowing and Tezu in Arunachal Pradesh	Karuna Trust, Seva Bharti, Intaya Public School	150
3.	Belgaum	SFS Group India Private Limited	80

No	In Pune	Collaboration	Number of students
1.	Students from The Druk White Lotus School. Ladakh	Aseem Foundation	10
2.	PMC schools in Pune	Wurth Industrial Services	241
3.	PMC Schools in Pune	Rotary 3131	168

❖ Psychometric Assessment of abilities of tribal children in Melghat- MAITRI, a non-profit organization from Pune is working to improve the lives of the Korku tribes in the Melghat region of Maharashtra. It works in the areas of health, education, and livelihood. They requested JPIP's assistance in assessing the educational potential of the children they work with. Two residential

- camps at Chilati Melghat were organized. 73 students participated in these camps held in November 2024 and February 2025. JPIP team assessed students' potential using ability and personality tests. They guided them towards appropriate educational opportunities, ensuring a more tailored and effective approach to their development. This initiative provided an important learning opportunity for us to revisit our psychological assessment tools and its appropriateness for regions like Melghat. The data will also help in refining the norms.
- ❖ The ATCG department shared a series of 24 YouTube videos (12 Marathi and 12 English)-Disha Darshan a career guidance series, prepared by Jnana Prabodhini's Educational Resource Centre. The series will assist parents and students in identifying suitable careers. (https://youtube.com/playlist?list=PLkgrjSTl_qaHlGOuYuQdTxr9YuO05juQ0&si=hjLEf2O0 AkRgo38W)
- A new Testing and Guidance Centre has opened in Pune's Erandawane area, addressing the increasing demand from parents throughout the city.





Santrika - Some Notable 'Sanskar' Functions

During the year, Santrika Purohits (priests) conducted over 5,500 ceremonies all over Maharashtra and a few in other states too.

Our सार्थ (rituals conducted with fuller understanding of the meaning and spirit of the action) Sanskaras are especially appreciated well by the younger generation of the society.

A senior citizen on her completion of 100th birthday organised a special function. Surekhatai Likhite, one of our senior Purohita performed 'Mrutyunjay Shanti' on this occasion.



Santrika trained purohits are honoured to conduct Vastu Shanti and Matrubhoomi Pujan ceremonies for the construction of the 'Late Lt. Col. Suhas Gogate Leadership Training Center and Late Shri. Lilantai Tambe Women's Educational Complex.' This is Jnana Prabodhini's new centre located in Velhe, about 70 kms form Pune.

Another noteworthy occasion was our priests presiding over the wedding ceremony of eight couples from economically disadvantaged backgrounds, two were visually impaired. The Association of Inner Wheel Clubs India, District 313, hosted a wedding ceremony. Priests of the Santrika were invited to participate. The event was successfully carried out by the priests and the Inner

Wheel Club. With the priests' assistance, they joyfully completed all the rituals. Surekhatai Likhite explained the true significance of the Prabodhini marriage ceremony to the couples and encouraged them to pledge to avoid addictions. The priests performed the necessary rituals for the bride and groom. On behalf of Santrika, the couple



received a Photo of Matrubhoomi (An original map of India before partition) as a gift, and it was expressed in simple terms that while we may worship various deities, our Motherland is our foremost deity. This experience was enriching for everyone involved.

Nayanatai Deshmukh, a representative of Vivekananda Kendra, who has been participating in the online priesthood class, performed Matrubhoomi puja at her project in Pimpald, Nashik. Students from the hostel, their parents some students from the area, and activists of Vivekananda Kendra participated in it. Santrika is spreading the word of national integration by conducting Matrubhumipujan at various places in India and abroad.

Academic Programmes at a Glance

Sr. No.	Name of the Course	Affiliation	Batch No.	Students enrolled (and completed)	Duration	Credits
1.	Advanced Course in School Psychology (ACSP)	Savitribai Phule Pune University	30 th	27(25)	1 year	44
2.	Advanced Course in Psychology and Nurture of Giftedness (N-Gift)	Savitribai Phule Pune University	9th	5(4)	1 year	44
3.	Intensive Training Program for Nurturing Giftedness	Autonomous- JPIP	10 th	2(2)	8 months	40
4.	Child and Adolescent Psychology: Enhancing Potentials (CAPEP)	Autonomous- JPIP	36 th & 37 th	55(40)	6 months	(no credit system as of now)

1) Advanced Course in School Psychology

According to SPPU's revised nomenclature, this year, the Post Graduate Diploma in School Psychology was renamed as the Advanced Course in School Psychology (ACSP). The curriculum of the course was restructured according to the guidelines of SPPU based on NEP 2020.

This one-year-long intensive advanced course prepares students to acquire skills as a professional who can assess, facilitate, and counsel school-going children and who can collaboration enhance among school management, teachers, and parents for children's holistic well-being. In the academic year 2024-25, twenty-seven students were admitted to the course. Few students came from places like Jalna, Karad, Rajgurunagar, etc. The educational background of the students included psychology, education, management, engineering, commerce, home science, law, design, etc.

The academic year started in July 2024 and ended in June 2025. This year, as per the NEP 2020 format, students had to complete On-Job-Training as a course. Students worked in various capacities on different projects.

Individual Testing: Students learnt to administer, score, and interpret various ability and personality tests. They were trained in administering, scoring, and interpreting Bhatiya's Battery of Intelligence Test- a



performance test of intelligence along with other paper-pencil tests like Reading Ability, Culture Fair Intelligence Test (CFIT), High School Personality Questionnaire (HSPQ), and Family Environment Scale (FES).

Group Testing: Students administered the Reading ability test and an Intelligence test to the students of Dnyanada school. Test administration, scoring and report writing were done by the students. The experience of working with children, following test administration norms with adequate class control, was an insightful experience for the students.



Group guidance: Last year, JPIP signed the MoU with Dr. Kalpana Vyavahare Foundation for two years. This year, the work with them continued. Sixteen students conducted twelve activity-based sessions for first-standard students in various schools. The theme was life skills. These sessions were conducted as part of 'Project ASMI' of Kalpana Vyavahare Foundation. The facilitators provided in-depth training to the ACSP students. Students also conducted group guidance sessions where they were made to design and conduct sessions for secondary school children. They conducted six guidance sessions for the children at the Dnyanada school on the topics of study skills and emotional management. Students designed and conducted various games and activities to sensitise children about techniques of emotional management as well as teaching study techniques. The rapport was well-built, and feedback was very encouraging

from the children. The diploma students gained insights into working with children of different ages. Anita Deshpande, Manisha Mirajkar, and Disha Joshi were the supervisors.

Individual guidance-Each student conducted three individual guidance cases supervision, under experts' referred to emotional, academic, or behavioural problems. They used various psychological tools and techniques to work on those problems. Anita Deshpande, Manisha Mirajkar, and Asmita Dalvi worked as supervisors for this.

Other activities- exhibition of Psychological Tests and Books, Film Week, Thursday lecture series, case presentation sessions, etc., helped students to understand their subject matter more deeply.

Additional Community-based work: Apart from these regular activities, students had an opportunity to participate in various activities and action research projects implemented in JPSS. We have reported details of these projects in the earlier part of this report. The projects where students participated were

- 1. Nirdhar Project
- Status of Addiction in Pune City (SAPC) project
- 3. Comprehensive Child Development Programme camps in May 2025
- 4. Bal Samvad Katta
- 5. Learn Eng Project- This project aims to enhance English language skills and a few life skills of students from Velhe. Students of ACSP conducted pre- and post-intervention individual testing with the children. They understood the learning conditions in rural areas and how and to what extent they need to be flexible while testing.

2) Advanced Course in Psychology and Nurture of Giftedness

According to SPPU's revised nomenclature, this year, the Post Graduate Diploma in Psychology and Nurture of Giftedness was renamed as the Advanced Course in Psychology and Nurture of Giftedness (N-Gift). The curriculum of the course was restructured according to the guidelines of SPPU based on NEP 2020.

Students admitted for this batch had diverse backgrounds such as engineering, education, science, and psychology. Most of them had prior work experience in their respective fields including school leadership, teaching, counselling, and business. All of them found the learnings from the course valuable in their respective domains.

In line with the NEP 2020 format, students required to complete On-the-Job Training as part of the curriculum. They conducted various awareness programmes on identifying and nurturing abilities. These sessions were conducted in Akshara International School, Adhira International School, The Ryan School, and Basil Kids Academy. This experience boosted their confidence in spreading awareness about the concept of giftedness. In addition, the students assessed various dimensions of school climate. They visited Paranjape High School and DES Secondary School for that. Some of them interviewed the teachers of high ability students.

Though most of the teaching was online, the environment in the virtual classroom remained engaging. For the batch, two contact sessions were organised. Students interacted with senior faculty. They also observed and interacted with high-ability children and adults. They observed classes at Jnana Prabodhini Prashala, attended sessions of Prajna-Maitra (a support group for parents of

high-ability children), and participated in the Prajna Prabodhan Varg (an out-of-school enrichment program). A separate visit was also arranged to Jnana Prabodhini's Leadership Training Centre at Velhe, where they attended a session of the 10th Grade Study Camp for Prajna-Vikas students. These were part of the Vikas-Mitra project, run by the Educational Activity and Research Centre of Jnana Prabodhini.

Workshops and training programmes arranged for students

	Topic	Resource person
1	Critical Thinking Skills in	Amol Phalke,
	Counselling	Dr. Deepak Gupte
2	Study Steps	Dr. Savita Kulkarni
3	Goal Setting	Amar Paranjpe
4	Information Organisation	Shubhankar Kelkar
5	Planning	Poorva Dixit-
		Dhokte
6	Overview of Qualitative	Dr. Megha
	Research	Deuskar
7	SWOT Analysis	Amol Phalke
8	Basics of counselling	Dr. Mrudula Apte
	skills	
9	Sexuality trainers'	Samvadini
	training	members
10	CCDP trainers' training	Sujata Honap
11	Facilitation skills training	Dr. Ajit Kanitkar
12	Enhancing Psychological	Dr. Pradnya
	well-being in the	Kulkarni
	classroom	
13	REBT training	Dr. Anagha
		Lavalekar, Sagar
		Karande
14	Communication skills	Arushi Deodhar
15	Mindfulness in the	Dr. Shilpa Salve
	classroom	
16	Building Resilience in the	Dr. Shilpa Salve
	Classroom	
17	Mentoring- experience	Aditya Shinde
	sharing	

This year, in addition to the regular curricular and practical work, students contributed to community-based activities. One of the students provided guidance for exam skills to high ability children at Velhe camp, mentioned earlier. Few others helped the Prajna Prabodhan Varg facilitators to conduct Leadership and creativity camps for

Major events during the year:

Varsharambh Samarambh:

Varsharambh upasana was organised at the beginning of the academic year to help students gain insights regarding the true purpose of education. The upasana (prayer) highlights the importance of self-cleansing and the reminder of a larger goal for which they are acquiring the knowledge. After the upasana, students from the graduating batch were felicitated. The chief guest for this occasion was Shri. Ravindra Deo, Chairman, Maharshi Karve Stree Shikshan Sanstha (MKSSS), Pune. He spoke about the current challenges in society and the role of school psychologists.

Webinar on Giftedness:

Alumni and faculty of the Giftedness course organised a webinar to create awareness about the identification and nurturance of high abilities. The webinar covered the following topics:

- 1. Understanding the characteristics and the needs of high-ability learners
- Strategies for teachers to manage highability students
- 3. Counselling high-ability students. More than 300 participants across India participated in the webinar.

Extension Activity

Alumni network (29 batches of School psychology course and 9 batches of Giftedness course) is an important source of learning and motivation for our students. Under the alumni activity, each month, a case-presentation series was started under the name of 'विद्या सरिता- Flow of Knowledge.' In each seminar, some alumni shared a real case or a concern that they had

high ability students. Some of the students from the school psychology and correspondence course (CAPEP) assumed responsibility as co-facilitators in the CCDP camps.

dealt with in their professional life. The presentation was followed by discussion and question-and-answer session.

Following are the details of these **sessions** organised during the year-

Sr.	nised during t	Period	Presenter	Parti
No	the case	Terrou	Tresenter	ci-
				pants
1	Bed-wetting	30.03.2024	Sapna Seth	28
	among			
	children			
2	Anger	27.04.2024	Deepti Oak	39
	Management			
3	Physical	25.05.2024	Dr. Aradhana	34
	fights in the		Srivastav	
	class			
4	Bullying	29.06.2024	Trishula	37
			Salunkhe	
5	Autism	27.07.2024	Sangeeta	40
	Spectrum		Nayak	
	Disorder			
6	Counselling	31.08.2024	Meghana	42
	the Gifted:		Gokhale	
	Self-			
	Commitmen			
	t in Process			
7	Literary	28.09.2024	Sampada	37
	Lift-		Deshpande	
	Bibliotherap			
	y for			
	depression			
8	Use of CBT	24.10.2024	Renuka	62
			Sarnaik	
9	Impact of	05.12.2024	Kishore	67
	tinkering on		Gaikwad	
	students			
10	Role of a	06.03.2025	Mrunmayee	42
	School		Harshe	
	Counsellor			
11	Existential	18.04.2025	Mrunmayi	50
	Crisis and		Adawadkar	
	High-Ability		and Meghana	
	Learners		Gokhale	

In addition to the विद्या सरिता sessions, indepth interviews were conducted with 24 alumni of the School Psychology course who have made an impact on society through their work. The draft interview transcripts are written. The process of editing the stories

based on these transcripts is currently in progress. Two Alumni of the institute - Sapna Seth and Dhanashree Deshmukh, are taking lead in this documentation. Dr. Ajit Kanitkar and Dr. Dhanashree Sowani are guiding the process.

3) Intensive Training Program for Nurturing Giftedness

With the aim to create trained personnel in the field of giftedness, this intensive training program was started in 2015-16.

These 40 credits intensive training program includes in-depth theory as well as various hands-on activities. The duration of the program is 8 months. The training program is

conducted in blended mode- online + offline. Any graduate can do this training program.

Alumni of this training program are working effectively in the institute as well as outside also. This year two students completed this training program.

4) Child and Adolescent Psychology: Enhancing Potentials

This course is designed for graduate-level candidates. In the past, teachers, doctors, counsellors, social workers, parents, and other professionals working with children and adolescents have benefited from it. The course aims to orient participants to the various stages of child and adolescent development, help them identify and enhance potential in young individuals, and address obstacles in their holistic development.

This year, the students also participated in the two days of intensive training. It included designing activities for children and skills of facilitating their thinking. Fourteen students from the course joined as co-facilitators in the Comprehensive Child Development Programme camps in May 2025. This gave them an opportunity to practice what they had learnt in the certificate course.







Overview of Extension Activities

During the year we offered various educational services to students, parents, and educational institutions

Psychometric Assessment	Participants
Individual Assessment	106
Individual Testing	189
(Age group - 4 years and above)	
iA Aptitude Testing (Computerised)	2434
(Age group – 15 to 17 years)	
iA Aptitude Testing (Paper pencil)	1432
(Age group - 15 to 17 years)	
iA Aptitude Testing through	1560
Associates Links	
iTap Testing (Computerised)	135
(Age group - 12 to 14 years)	
iTap Testing (Paper pencil)	763
(Age group - 12 to 14 years)	
iTap Testing through Associates	15
Links	
SWAYAM Testing (Computerised)	128
(Age group - 18 and above years)	
SWAYAM Testing (Paper pencil)	162
(Age group - 18 and above years)	
Tribal Mensa, Pune	460
(Age group: 10 years and above)	
Mensa Testing for its chapters in	704
cities (Mumbai,	
Ahmadabad, Chennai, Delhi,	
Kolkata, Bangalore, Nasik, Pune)	
(Age group: 10 years and above)	

Workshops for Children	Participants
Comprehensive child development	406
program	
Continuous Child Development	142
Program	
Prajna Prabodhan Varg	235



Counselling, training, workshops for parents, teachers and other professionals	Participants
Individual Counselling	292
(Children/Adult)	
iA Test Associates Training	16
Career Advisor Training Program	24
Parenting workshop	15

Our work with corporate and charitable trusts

A team of JPSS's psychologists and facilitators designed and implemented initiatives for psychological assessment used for selection, placement, and development of personnel in renowned corporates and charitable Total training trusts. and assessment done during the year was 1535. The corporates and charitable trusts like -

- Bhagyalakshmi Mahila Sahkari Bank
- Gudel India Pvt. Ltd.
- Hitachi Astemo India Private Limited
- Kelegent Pvt. Ltd.
- Mahindra & Mahindra Ltd
- Metro Lab Engineering Pvt. Ltd.
- Nanded Police District police personnel
- Vivekananda Hospital



Donors List Donations Under Section 35(1)(iii) of the Income Tax Act

Name	Amount in Rs.	
Ramkumar Hiralal Rathi (HUF)	1,25,00,000.00	
Tarachand Ramnath Seva Trust	75,18,308.00	
Shrikrishna Manohar Patwardhan	40,00,000.00	
Prabodh Artha Sanchay Pvt.Ltd.	28,70,000.00	
Ashok Laxman Kukade	25,00,000.00	
Rajendra Ramchandra Vaidya	10,00,000.00	
Gangotree Homes	10,00,000.00	
Narsinha Shrikrishna Mandke	10,00,000.00	
Anantbhushan Ranade	10,00,000.00	
Kalyani N. Mandke	10,00,000.00	
Gireendra B. Kasmalkar	10,00,000.00	
Arvind Shankar Paranjape	10,00,000.00	
Maruti R. Raut	7,50,000.00	
Jayant Govind Athalye	7,50,000.00	
Ajay Phatak	5,00,000.00	
Asha Suhas Gogate	5,00,000.00	
Santosh Jagannath Satam	5,00,000.00	
Sachin Sharad Gandhi	5,00,000.00	
Milind Dattatraya Modak	5,00,000.00	
Milind Shankar Sant	5,00,000.00	
Vasant Gopalrao Pendharkar	5,00,000.00	
Achal Vishwanath Kulkarni	4,00,000.00	
M/s. Prabodh Artha Sanchay	3,60,000.00	
Sanjay Vishwanath Bapat	3,00,000.00	
Prabodh Sampada	2,76,000.00	

Name	Amount in Rs.
Nandkumar Narayan Kanade	2,40,000.00
Sharad Dattatraya Tambe	2,00,002.00
Prabodh Artha Wardhini Pvt.Ltd.	1,80,000.00
Mukund Manohar Sangamnerkar	1,50,000.00
Anand Bhalchandra Rao	1,50,000.00
Anand Madhav Desai	1,25,000.00
Manasee Hemant Rajhans	1,25,000.00
Vrushali Hemant Khire	1,00,001.00
Shivshakti Paints	1,00,000.00
Mukund Gangadhar Sane	1,00,000.00
Vasudha Shripad Tilak	1,00,000.00
Prabodh Nirman	60,000.00
Bharat H. Desai	50,000.00
Vitthal Narayan Gham	50,000.00
Indrani Subhash Sathe	25,000.00
Sanjay Dattatraya Kanhere	25,000.00
Dr. G. A. Kanitkar	25,000.00
Dhanashree Atul Sowani	25,000.00
Swapneela M. Sethiya	22,000.00
Autus Wealth Pvt.Ltd	21,000.00
Rajendra Shankarlal Daga	11,000.00
Dr. P.V. Bokil	10,000.00
Usha Neelkanth Athavale	10,000.00
Neela Dabir	1,000.00
Total	4,46,29,311.00

Donations Under Section 80(G) of the Income Tax Act

Name	Amount in Rs.
ADM Foundation	17,87,440.00
Bajaj Finance Limited	15,00,000.00
Rohan Housing Private Limited	7,03,000.00
Nikhil Mundle	1,00,001.00
Sanjay Madhav Mehendale	1,00,000.00
Saroj Kunte	1,00,000.00
Prakash Watve	50,000.00
Priyamvada Paranjape	50,000.00
Subhash Bapat	50,000.00
Sunetra Pendse	50,000.00
Akanksha Saraf	42,000.00
Pradeep Deo	30,000.00
Amit Harihar Dhere	25,001.00
Dr. Arun Vaman Bapat	25,000.00

Name	Amount in Rs.
Jnana Prabodhini Solapur	22,500.00
Anirudha Kale	21,000.00
Resha Gymnastic & Sanskar Varg	21,000.00
Jyoti Devdhar	20,000.00
Mamata Mohan Kale	20,000.00
Niranjan Vasudeo Joshi	19,608.00
Uma Nikhil Date	16,403.00
Milind Agarkar	16,155.00
Madhuri	16,001.00
Arati Muley	16,000.00
Ravindra Laxman Jadhav	15,345.00
Raveendra Surange	15,000.00
Shivangi Datar	15,000.00
Sumant Joshi	12,500.00

Name	Amount in Rs.
Prerna Karulkar	12,000.00
Isha Kanhere	12,000.00
Krishna Bhojkar	11,300.00
Chitra Madhav Lele	11,101.00
Sucheta Suresh Vaidya	11,001.00
Anil Kelapure	11,000.00
Avinash Phatak	11,000.00
Jai Ashok Manerikar	11,000.00
Kaumudee Anil Teranikar	11,000.00
Pushkarini Shripad Bapat	11,000.00
Sandip Panat	11,000.00
Sanjay S. Jagdale	11,000.00
Satish Sadashiv Sohoni	11,000.00
Snehal Ghodke	11,000.00
Ujwal Anil	11,000.00
Shashikumar Raghunath Kulkarni	10,300.00
Leena Jadhav	10,200.00
Sanjeev Kelkar	10,100.00
Anand Pramod Phadke	10,001.00
Anil Padhye	10,001.00
Mallika Petkar	10,001.00
Rajendra R. Ranade	10,001.00
Sonali Shirsath	10,001.00
Amogh Sahasrabhojanee	10,000.00
Anandi Sharad Khedkar	10,000.00
Aniruddha Baban Chandekar	10,000.00
Arnav Abhay Limaye	10,000.00
Ashwini Paranjape	10,000.00
Deepak Raikar	10,000.00
Dr. Aparna Atre	10,000.00
Gireendra Kasmalkar	10,000.00
Gitanjali Dawra	10,000.00
Jayashri Bajirao Nangare	10,000.00
Lalita Dileep Gupte	10,000.00
Madhukar V. Sahasrabudhe	10,000.00
Mangala P. Barve	10,000.00
Meena Kulkarni	10,000.00
Prashant Kulkarni	10,000.00
Rhythm Sanjay Buaria	10,000.00
Rucha Shirish Tendulkar	10,000.00
Sujata Chandrasekhar Goda	10,000.00
Sunil Yeshwant Sapre	10,000.00
Sunit Paranjpe	10,000.00
Vaishali Kale	10,000.00
Vedvati Khare	10,000.00
Uma Mutalikdesai	
	10,000.00

Name	Amount in Rs.
Wasundhara Joshi	10,000.00
Prasanna Kulkarni	8,500.00
V.A. Kulkarni	8,001.00
Sulekha Chaudhary	8,000.00
Swapneela Mahendra Sethiya	8,000.00
Sandeep Tamhane	7,502.00
Neha Karve	7,500.00
Hema Ashish Shet	7,000.00
Sagarika Vivek Damle	7,000.00
Suhas Marathe	6,700.00
Girish Shrikrishna Kulkarni	6,600.00
Jayant Mujumdar	6,501.00
Meenakshi Pandit	6,500.00
Tejaswin G. Deshmukh	6,100.00
Rajesh Ranabhor	6,000.00
Trupti Yogendra Karve	6,000.00
Pranav Adhyapak	5,900.00
Ila Bhat	5,702.00
Kedar Puranik	5,600.00
Rucha Chetan Ponkshe	5,600.00
Mandar Gyan	5,502.00
Shashank Pendse	5,500.00
Vasantha Sivaramakris	5,500.00
Pawana Kulkarni	5,351.00
Kishore Kumar Bose	5,301.00
Aditi Nivsarkar	5,250.00
Dattatraya Aradhye	5,250.00
Sachin Sunil Yeravadekar	5,101.00
Indeevar Kaul	5,100.00
Sachin Kishore Kalbag	5,100.00
Sheetal Kavade	5,100.00
Uttara Kelkar	5,100.00
Manasi Dwarkanath Shirodkar	5,051.00
Shailendra Bhandare	5,002.00
Abhijit Vasant Pendse	5,001.00
Ameya Dinesh Pujari	5,001.00
Anjali Kulkarni	5,001.00
Avinash Bhalchandra Bhalerao	5,001.00
Dhananjay Khanderao Keskar	5,001.00
Dr. Bhagyashri Kakade	5,001.00
Dr. Manisha Nakhate	5,001.00
Dr. Sanjeev Manohar Dole	5,001.00
Dr. Suhas Pingle	5,001.00
Jaideep Gode	5,001.00
Jayant Prabhakar Vaidya	5,001.00
Jayashri Nandalal Gokhale	5,001.00
jj worder tarteauni Continue	2,001.00

Name	Amount in Rs.
Makarand Karkare	5,001.00
Mallika Pal	5,001.00
Monali Haldipur	5,001.00
Mukta Sarmukadam	5,001.00
Prasanna Sudhakar Puranik	5,001.00
Rahul Padmakar Apte	5,001.00
Sameer Paranjpe	5,001.00
Sathi Aich-Dharap	5,001.00
Saurabh Damle	5,001.00
Uday Vaidya	5,001.00
Usha Deshpande	5,001.00
Vaijayanti Ramesh Chavre	5,001.00
Aatish Pillai	5,000.00
Abhay Anant Bhat	5,000.00
Abhay Pandharinath Nadkarni	5,000.00
Abhaya Bhalekar	5,000.00
Abhijit Chitale	5,000.00
Abhishek Kothari	5,000.00
Aishwarya Sarang Deo	5,000.00
Ajay Hari Karambelkar	5,000.00
Ajay Sagdeo	5,000.00
Amit Dixit	5,000.00
Amol Phansalkar	5,000.00
Anagha Poojari	5,000.00
Anand Nagar Park Society	5,000.00
Anil Sadashiv Dunakhe	5,000.00
Anita Bhadang	5,000.00
Anjali Vyahalkar	5,000.00
Anuja Barve	5,000.00
Archana Ratnaparkhi	5,000.00
Arjun Nadkarni	5,000.00
Aruna Rajapurkar	5,000.00
Ashutosh Barmukh	5,000.00
Ashwini Virji	5,000.00
Bhagyashree Chintamani Bapat	5,000.00
Chandrakant Raghunath Karode	5,000.00
Chetan Patwardhan	5,000.00
Chitra Barve	5,000.00
Chitra Karpe	5,000.00
Deepak Anand Vaidya	5,000.00
Deepak Vishwanath Inamdar	5,000.00
Devadatta Narendra Bhat	5,000.00
Devika Vasant Gokhale	5,000.00
Dhanashree Modak Balan	5,000.00
Diwakar Purohit	5,000.00
Dr. Apporva Kakade	5,000.00
DI. Apporva Nakaue	3,000.00

Name	Amount in Rs.
Gauri Marathe	5,000.00
Girish Suhas Joshi	5,000.00
Heramb Dilip Ranade	5,000.00
Jyotsna Bhate	5,000.00
Kalpana N. Godse	5,000.00
Kamalnayan Phute	5,000.00
Kanchangauri Joshi	5,000.00
Kaustubh Deshpande	5,000.00
Ketan Chaphekar	5,000.00
Ketki Tilak	5,000.00
Kiran Khankhoje	5,000.00
Kushal Desai	5,000.00
Kushal Prakash Karkhanis	5,000.00
Lalit Shah	5,000.00
Maanasa Ravikumar	5,000.00
Madhavi Mujumdar	5,000.00
Madhur Vidwans	5,000.00
Mahesh Manohar Khandkar	5,000.00
Mamata Jayaprakash Wagh	5,000.00
Mandar Deshapande	5,000.00
Mandar Peshave	5,000.00
Mandar V. Deshmukh	5,000.00
Maneesha Joshi	5,000.00
Manik Sharad Phatak	5,000.00
Manish Pradhan	5,000.00
Manjiri Nargunde	5,000.00
Manohar Marutirao Sawant	5,000.00
Medha Joshi	5,000.00
Meera K. Asarkar	5,000.00
Meera Vir Singh	5,000.00
Milind Madhav Mirashi	5,000.00
Milind Shrikrishna Bedekar	5,000.00
Mohan Mhasakar	5,000.00
Mrinalini Arun Palkar	5,000.00
Nagarajan Ravi	5,000.00
Ninad Vinayak Joshi	5,000.00
Nitin Khangaonkar	5,000.00
Nitin Kolte	5,000.00
Omkar Shende	5,000.00
Pallavi Shinde	5,000.00
Pallavi Subhash Rathi	5,000.00
Parth Lanke	5,000.00
Prakash Bhalchandra Honap	5,000.00
Pramod Pardhy	5,000.00
Prashant Premchand Mahajan	5,000.00
Radha Shirish Alurkar	5,000.00

Name	Amount in Rs.
Ragini Ashutosh Diwan	5,000.00
Rahul Nagesh Karanjikar	5,000.00
Rajashree Ugrankar	5,000.00
Rajeev Ketkad	5,000.00
Rajendraprasad Prabhakar Tipre	5,000.00
Rajesh Vaidya	5,000.00
Ramesh V. Datar	5,000.00
Raseeka Gokhale	5,000.00
Rhishikesh Anant Gadre	5,000.00
Ritwij Kulkarni	5,000.00
Rohan Shivadekar	5,000.00
Ruta Pandit	5,000.00
Ruta Pandit	5,000.00
S.M. Medhekar	5,000.00
Salil Inamdar	5,000.00
Sangeeta Kulkarni	5,000.00
Sanjay Shitut	5,000.00
Sanjeev Vadeyar	5,000.00
Sanjeeva Jorapur	5,000.00
Sarah Joshi	5,000.00
Sasidharan Nair	5,000.00
Savita Edoliya	5,000.00
Shailaja Agharkar	5,000.00
Shalaka Gundi	5,000.00
Sharad Sahasrabudhe	5,000.00
Shilpa Shinde	5,000.00
Shriram Karandikar	5,000.00
Shubhada Rede	5,000.00
Smita Gautam Sathe	5,000.00
Sridhar Srikantiah	5,000.00
Subhash Joshi	5,000.00
Subodh Kulkarni	5,000.00
Sudhir Balwant Deshpande	5,000.00
Sudhir Vithal Mulay	5,000.00
Suhas Raghuvir Otiv	5,000.00
Sujata Sanjay Patankar	5,000.00
Sulakshana Dilip Nadkarni	5,000.00
Sunil Mone	5,000.00
Sunita Desai	5,000.00
Sunita Shrikant Ravan	5,000.00
Surendra G. Rahalkar	5,000.00
Sushama Lawate	5,000.00
Swapnil Kulkarni	5,000.00
Swati Madhav Sathe	5,000.00
Swsti Padhye	5,000.00
Tejal Aniruddha Sherikar	5,000.00
1-jai 1 iiii aaaita Oikiiikai	5,000.00

Name	Amount in Rs.
Tejas Kanitkar	5,000.00
Tuffplast Pune Pvt Ltd	5,000.00
Tushar Wakankar	5,000.00
Uday Arun Tol	5,000.00
Vaijayanti Prakash Kale	5,000.00
Vandana Rajesh Bhogale	5,000.00
Veena Joshi	5,000.00
Vidula Patil	5,000.00
Vikas Dilipchandra Phadnis	5,000.00
Vikram Sathe	5,000.00
Vipula Nadkarni	5,000.00
Ravindra Adavadkar	4,850.00
Neha Kiran Tarte	4,800.00
Prakash Bhalchandra Vaidya	4,800.00
Smita Joshi	4,800.00
Anita Joshi	4,500.00
Bhavana Anil Turuk	4,500.00
Chitra yogesh velankar	4,500.00
Dhananjay Gajanan Joshi	4,500.00
Dr. Jaanhavi Mahadik	4,500.00
Garvit Arora	4,500.00
Girish Balwant Chaskar	4,500.00
Hemngi Deepak Joshi	4,500.00
Janhavi Vikrant Apandkar	4,500.00
Jyoti Pawar	4,500.00
Ketaki Joshi	4,500.00
Kiran H. Barve	4,500.00
Manasi Ratanjankar	4,500.00
Milind Bhogale	4,500.00
Mrunmayee Pandit	4,500.00
Nayana	4,500.00
Nilesh Kulkarni	4,500.00
Paresh Vijay Deolankar	4,500.00
Pramila Bansode	4,500.00
Priti Vinod Chavan	4,500.00
Rucha Joshi	4,500.00
Sarika Chaudhari	4,500.00
Saurabh Atre	4,500.00
Shetall Kapshikarr	4,500.00
Supriya Jayant Kkulkarni	4,500.00
Suraj Balasaheb Kaygude	4,500.00
Yash Dixit	4,500.00
Sayali Kulkarni	4,001.00
Upamanyu Bhattacharya	4,001.00
Aakanksha Joshi	4,000.00
Aakash Arvind Chowkase	4,000.00

Name	Amount in Rs.
Ankita Suhas Kudtarkar	4,000.00
Gopal Hadge	4,000.00
Chandrashekhar Hari Karmarkar	4,000.00
Kasturi Kshirsagar	4,000.00
Madhuri Kelkar	4,000.00
Maithilee Tambolkar Kamat	4,000.00
Medha Uday Limaye	4,000.00
Rohan Aher	4,000.00
Rohan Panse	4,000.00
Sayali Apte	4,000.00
Shraddha Bhosale	4,000.00
Sushant Satpute	4,000.00
Vivek Narayan Biwalkar	4,000.00
Rajesh Sharad Bhide	3,850.00
Mahalaxmi Heramb Pandey	3,801.00
Om Charity Trust Garware Balbhawan	3,800.00
Siddhesh Inamdar	3,800.00
Mandar Suhas Shrikhande	3,750.00
Neelima Shashank Risbud	3,750.00
Nanda Sambrani	3,601.00
Pranita R. Jagtap	3,600.00
Shekhar Dinkar Gadgil	3,600.00
Pradeep Ramdas Garge	3,501.00
Renuka Panwalkar	3,501.00
Vandana Tendolkar	3,501.00
Jayashree Vaze	3,500.00
Kalyani Gowariker Paranjape	3,500.00
Medhavinee Watve	3,500.00
Pallavi Zende	3,500.00
Parag Bhosale	3,500.00
Poonam Sherh	3,500.00
Rohan Godse	3,500.00
Varsha Sbarve	3,500.00
Yogesh Somalwar	3,500.00
Amod Vaman Gadgil	3,300.00
Madhuwanti Sabnis	3,300.00
Manisha Kulkarni	3,300.00
Meera Dangare	3,300.00
Milind Lele	3,300.00
Sudhir Subhedar	3,300.00
Swapnil Pore	3,300.00
Vijay Rajendra Nene	3,300.00
Vedant Kulkarni	3,200.00
Amit Pendse	3,100.00
Jagdish Bhanage	3,100.00
Jitendra Mhalgi	3,100.00

Name	Amount in Rs.
Madhav Ramchandra Namjoshi	3,100.00
Malvika Kulkarni	3,100.00
Mandar Raravikar	3,100.00
Moonish Ghuge	3,100.00
Sandhya Gadre	3,100.00
Sameer Bhave	3,002.00
Amol Dattatraya Erande	3,001.00
Dhruva Satish Deshpande	3,001.00
Manjiri Deshpande	3,001.00
Nuppurr Bagawade	3,001.00
Abhimanyu Narkar	3,000.00
Aishwarya Bargal	3,000.00
Ajinkya Gokhale	3,000.00
Akshay Broota	3,000.00
Ameya Charankar	3,000.00
Amod Paranjape	3,000.00
Amol Shrikant Patki	3,000.00
Anil Kaprekar	3,000.00
Anita Nagle	3,000.00
Anjali Vinod Sawant	3,000.00
Ankita Joshi	3,000.00
Apurv Inamdar	3,000.00
Arjun Kashiram Sawant	3,000.00
Arun Idgunji	3,000.00
Ashish Waman Gole	3,000.00
Ashwini Patil	3,000.00
Atul Phadke	3,000.00
Bageshree Deo	3,000.00
Bhavana J. Deo	3,000.00
Chitra Dalvi	3,000.00
Deepa Joshi	3,000.00
Dr. Sandhya Velankar	3,000.00
Gandhali Shetye	3,000.00
Hrishikesh Joshi	3,000.00
Ishita Parikh	3,000.00
Jathavedan Nampoothiri	3,000.00
Jay Sudrik	3,000.00
Kashyap Ravindra Deshpande	3,000.00
Ketaki Karve	3,000.00
Kiran More	3,000.00
Madhavi Bhedasgaonkar	3,000.00
Madhura Dnyanesh Amonkar	3,000.00
Madhuri Behere	3,000.00
Madhuri Joshi	3,000.00
Mandar Madhav Joshi	3,000.00
Manish Ayachit	3,000.00

Name	Amount in Rs.
Manjiri Agashe	3,000.00
Manjiri Marathe	3,000.00
Manorama Dhamdhere	3,000.00
Meera Tekawade	3,000.00
Milind Anant Palkar	3,000.00
Milind Mainkar	3,000.00
Mrinalini Deshpande	3,000.00
Mrudula Debendra Dewasthale	3,000.00
Mrudula Tambe	3,000.00
Mrunmai Girish Godbole	3,000.00
Nivedita Thatte	3,000.00
Niyati Shah	3,000.00
Ojaswini Sapatnekar	3,000.00
Onkar Joshi	3,000.00
P.V. Sahasrabuddhe	3,000.00
Parag Awale	3,000.00
Parag Kumar Natu	3,000.00
Pinakin Kamboj	3,000.00
Poonam Akshay Shah	3,000.00
Prachi Kiran Gole	3,000.00
Pranil Chaudhari	3,000.00
Prasad Kamlakar Naik	3,000.00
Prashant Deosthali	3,000.00
Pratibha Walavalkar	3,000.00
Praveen Rao	3,000.00
Rachana Sheth	3,000.00
Rajashree Umarani	3,000.00
Rajesh Utekar	3,000.00
Ranjana Bhanagay	3,000.00
Rohit S. Vishe	3,000.00
Ruta Dharmadhikari	3,000.00
Sachin Madhav Fokhale	3,000.00
Saee Jondhale	3,000.00
Sandeep Diwan	3,000.00
Sanjay Vidyadhar Deshpande	3,000.00
Sanjivani Joshi	3,000.00
Sanket Pansare	3,000.00
Satish Tungare	3,000.00
Sayali Abhijit Shaha	3,000.00

Name	Amount in Rs.
Seema Jadhav	3,000.00
Shamika Shirish Ghate	3,000.00
Shantanu Datye	3,000.00
Sharmila Kulthe	3,000.00
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Shirish Borkar	3,000.00
Shivani Gore	3,000.00
Shreedhar Pathak	3,000.00
Shrihari Rohini Joshi	3,000.00
Shrirang Khare	3,000.00
Shruti Joshi	3,000.00
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Sourav Mukherjee	3,000.00
Stushti	3,000.00
Sudha Rajguru	3,000.00
Sujata Khadilkar	3,000.00
Sujata Mane	3,000.00
Sujata Surendra Hatkar	3,000.00
Sumedha Jalgaonkar	3,000.00
Sunanda Karmarkar	3,000.00
Sunetra Gajanan Jog	3,000.00
Suvina Chaturvedi	3,000.00
Swapna Gade	3,000.00
Swati Patil	3,000.00
Tanvi Pasilkar	3,000.00
Uday Anant Prabhudesai	3,000.00
Uday Deshpande	3,000.00
Urmila Shrivastava	3,000.00
Usha Bhise	3,000.00
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Vedangi Narendra Kulkarni	3,000.00
Vijaya Puranik	3,000.00
Vinayak Nanasaheb Desurkar	3,000.00
Vishwas Narahar Limaye	3,000.00
Vrushali Vinay Mokashi	3,000.00
Below Rs.3,000/-*	40,17,021.00
Total	1,10,60,633.00

Donations under Foreign Contributions (FCRA)

Name	Amount in Rs.
Wurth Information Technology India Pvt.Ltd	6,97,500.00
Lalita Wakde	32,799.00
Hemangi Bhide	16,214.55

 $^{^{*}}$ There are many donors whose individual contribution is below Rs.3,000/-. We thank each one of them for their donation to JPSS.





























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Donations to JPSS are exempted under section 35(1)(iii) for 100% and under section 80(G) for 50% of the Income Tax Act