



JNANA PRABODHINI'S INSTITUTE OF PSYCHOLOGY



Trainer's Training for Study Skills Workshop



10th to 12th April 2026

Time- 10am to 5pm

Opportunity to learn how to facilitate study skills for students.

Topics Covered

- Motivation and Goal setting
- Time Management
- SQ4R Method of Learning
- Types of Notes Taking
- How to study Mathematics effectively?
- Memory Skills
- Exam Preparation
- Stress Management



**For Psychologists, Teachers
and School Counsellors**

Last date of Registration 9th April 2026

Fees: 3000/- (including GST)

(We will provide tea and lunch + study material)

**Venue- Baithak kaksh, 5th floor, Jnana
Prabodhini Bhavan, 510 Sadashiv
Peth, Pune- 30.**



For registration and payment contact:

Yogita Maniyar (Monday to Saturday, 11am to 6pm)

(Ph.020- 24207145/ 9022725820 WhatsApp)

For registration

Payment link will be share personally